



OCTOBER 10, 2026 | WEEKLY EDITION

USA NEWS

Remember when gasoline was \$1 a gallon?

It certainly sounds wonderful today. But was it really as cheap as we remember after adjusting for inflation?

And with all we're hearing about oil supplies and refineries, does America actually have an oil shortage?

For this week's JUST THE FACTS, let's leave politics at the door and see what the numbers tell us.

Read more → [Remembering Price of Gasoline Years Ago](#)

Here, too . . . [Knowing the Facts with Perspective](#)

INTERNATIONAL NEWS

You may have seen the recent images from France of students taking to the streets over conditions in their schools. But what is really behind the unrest?

Let's drill down . . . [What's Behind the Education Unrest in France](#)

HEALTH & WELLNESS

😊 Emotional Wellness: The Quiet Corner of Health We Forget to Nurture

Physical health keeps the body moving – but emotional health keeps the spirit steady. This week, we're taking a gentle look at happiness, resilience, and the small daily habits that lift your mood and help you feel more grounded. A simple reminder: caring for your emotional well-being isn't indulgent... it's essential.

Emotional Health & Happiness – Why Your Mood Matters More Than You Think.

Please read on: [Why Your Mood Matters More Than You Think](#)

MONEY & RETIREMENT

Last week I mentioned Quicken Simplifi, [Quicken Simplifi App: Reach money goals the smart & easy way | Quicken](#), as a possible recommendation for budgeting.

Although I've been using Quicken Classic for quite some time, I had recently decided to use this slightly different Quicken program concurrently. I'm glad I did. They both have strengths when it comes to household money management.

However, I have to say, the learning curve on Quicken Simplifi was more than I had anticipated. The good news is that it's now set up and I'm truly enjoying it.

I suppose the bottom line is basic in all this. A structured budget program is a good idea most of the time.

Press on . . . [Budgeting HHs in America](#)

NOSTALGIA - Looking Back in our Rearview Mirror

Do you remember the Beehive hairdos of the 60s especially prepared for proms, homecoming and special events? 😊

Check out the rest of the story! [Remembering Aqua Net](#)



MUSIC MEMORIES 🎵

🎤 Frankie Avalon — A Teen Idol Who Never Lost His Shine

From chart-topping hits like *Venus* to his iconic beach-party films with Annette Funicello, Frankie Avalon became one of the defining faces of late-1950s pop culture. His smooth voice, boy-next-door charm, and decades-long career still make him a favorite for anyone who remembers the golden era of American music.

Listen and enjoy! [Frankie Avalon - Venus HQ](#)



PEARLS OF WISDOM



**Train up a child in the way he should go and tread there yourself once in a while.
Memory is the thing you forget with.**

THINK ABOUT IT



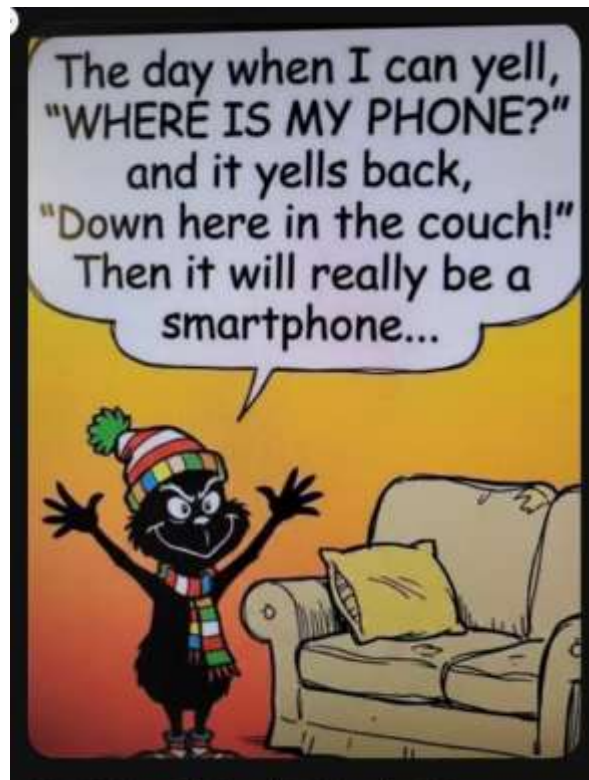
Whenever you feel like
you're drowning in life,
remember that your
lifeguard walks on
water.

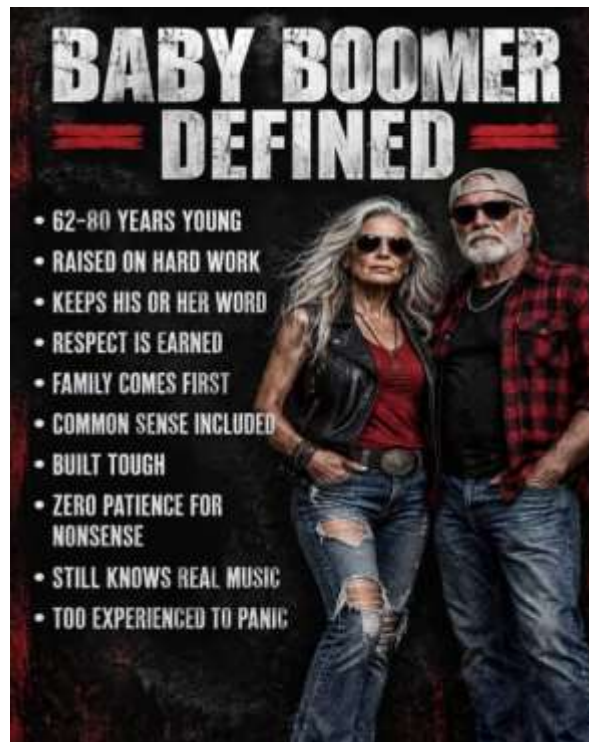
CORNY JOKES 🤪

Why do ghosts love elevators?
They lift their spirits.

Why don't skeletons fight each other?
They don't have the guts.
"skeletons" contributed by Randy G

MEMES 😄





contributed by Marty D

COMICS & CARTOONS





The Little Whirlwind | A Classic Mickey Short | Have A Laugh | @disneykids

Hello 😊 hope I made you smile



“Baby Boomers” normally refer to folks born 1946 to 1964. But folks of all ages are welcome!

My aim is to share facts fairly, offer useful information, and bring you a little humor along the way.

Personal notes and responses are welcome: opaskipper@yahoo.com.

And I would love your help building my subscriber list. Please forward this newsletter to others. Thanks!

WHY I DO THIS NEWSLETTER

I miss Walter Cronkite, Huntley & Brinkley, and those years of plain and simple news reporting. Just the facts and fun things . . . the best we can muster!



Skip Parker News

Giving me something to do in retirement!

For past issues go to my website: www.babyboomernewsletter.com

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