

JUST THE FACTS - 2026.10.3

for Baby Boomers

*If you know someone who might like our BABY BOOMER newsletter, please
give them my email address: opaskipper@yahoo.com*

*I include a lot of links in order to keep the newsletter a bit easier on the eye.
The links are ones I've pulled and already reviewed.*

JUST THE FACTS for Baby Boomers

by Skip Parker

*a free weekly newsletter for Baby Boomers featuring news, health,
personal finance, nostalgia, music memories, and uplifting stories.*

Click:

<https://babyboomernewsletter.com>

to access the newsletter online



USA

Hmmm.

As of 30 September 2026, WTI crude oil is trading between about \$90.65 and \$91.04 per barrel, while Brent crude is between about \$97.82 and \$103.30 per barrel.

Latest Benchmark Prices

Based on multiple live market sources:

WTI Crude (U.S. benchmark)

- \$90.65 per barrel (PriceOfOil.com, 14:11 UTC)
priceofoil.com
- \$91.04 per barrel (World Oil Monitor, market close)
worldoilmonitor.com

- \$90.72 per barrel (Valor)
onevalor.com

Brent Crude (**International benchmark**)

- \$103.30 per barrel (PriceOfOil.com)
priceofoil.com
- \$98.61 per barrel (World Oil Monitor)
worldoilmonitor.com
- \$97.82 per barrel (Valor)
onevalor.com

Why Prices Differ

- **Different benchmarks:** WTI reflects U.S. inland supply; Brent reflects global seaborne supply.
- **Market timing:** Sources update at different times (live vs. market close).
- **Volatility:** Prices shift throughout the trading day based on supply, demand, inventories, and geopolitical factors.

These figures represent the most recent publicly available spot and near-real-time prices for major crude benchmarks. (as of September 30th)



GLOBAL WEATHER

For you weather-forecasting aficionados, here's an interesting drill-down on some of the forces that influence weather around the world—including El Niño/La Niña, solar activity and atmospheric CO₂.

What Is Happening in the Atmosphere
Right Now?

SCIENCEINSIGHTS

From fading La Niña to record CO2 levels,
here's a clear look at what's actually
happening in Earth's atmosphere right now.

ScienceInsights



HEALTH / WELLNESS

How many of you take statins for cholesterol control?

Click: [Statins and Body Aches.docx](#) SUMMARY PAGE

[additional links . . .](#)

[What to Know About Statin-Induced Myopathy \(Muscle Pain\)](#)

[Statin side effects: Weigh the benefits and risks - Mayo Clinic](#)

[Do Statins Cause Joint Pain?](#)

[Why Statins Cause Muscle Pain](#)

FINANCES



An Easy Way to Start Budgeting

If you've never kept an ongoing household budget, Quicken Simplifi may be worth a look. It connects to your bank and credit-card accounts and automatically helps organize your spending into categories such as groceries, utilities, dining, insurance and subscriptions.

The idea is simple: see what's coming in, see where it's going, and know what's left.

You don't have to become an accountant or spend hours entering receipts. And sometimes simply seeing all your recurring expenses in one place can uncover subscriptions or charges you no longer need.

Disclaimer: I'm not a financial advisor. I'm simply sharing an idea that may help fellow Baby Boomers better understand and manage their household spending.



MUSIC

George and Tammy: [We're Gonna Hold On](#)

George Jones and Tammy Wynette were two of country music's greatest voices—and for several turbulent years, husband and wife. Jones, born in

Texas in 1931, became famous for his unmistakable, emotionally expressive voice and classics such as *She Thinks I Still Care*, *The Grand Tour* and *He Stopped Loving Her Today*. Wynette, born in Mississippi in 1942, became known as the “First Lady of Country Music,” with hits including *D-I-V-O-R-C-E*, *I Don't Wanna Play House* and her signature song, *Stand by Your Man*.

The two married in 1969 and soon became one of country music's most famous singing couples. Their voices blended beautifully, even while their marriage was becoming increasingly difficult. They divorced in 1975 but continued recording together afterward, producing memorable duets including *Golden Ring* and *Near You*.

The Story Behind “We're Gonna Hold On”

Released in 1973, *We're Gonna Hold On* was written by George Jones and Earl “Peanutt” Montgomery and produced by legendary Nashville producer Billy Sherrill. It became George and Tammy's first No. 1 country duet.

What makes the song especially poignant is that it closely reflected what was happening in their real lives. Their marriage was already troubled, and Wynette had filed for divorce in August 1973 before the couple reconciled. Jones later acknowledged that his drinking was causing considerable pain for both of them.

Songwriter Earl Montgomery later recalled that the idea actually grew out of hearing George and Tammy arguing while traveling together. During one disagreement, the thought of having to “hold on” caught Montgomery's attention as a possible song idea. He began working on it that night, and George helped finish the song.

That gave the record an authenticity listeners could feel. Here were two people singing about staying together through hard times while struggling to do exactly that in their own marriage.

In the fall of 1973, "We're Gonna Hold On" reached No. 1 on the country chart, giving George and Tammy one of the defining recordings of their partnership.

Baby Boomer Memory: For those who remember country radio in the early 1970s, George and Tammy weren't simply singing a love song. In many ways, they were singing their own story.



BACK THEN . . . AND LATER

Can you recognize these well-known people from when they were younger?

Click and check out this link: [Real High School Photos of Celebrities | How Many Can You Recognize?! \(Yearbook, Youth & Now\)](#)

PEARLS OF WISDOM



The best way to kill time is to work it to death.
Compassion is what makes a person feel pain when somebody else hurts.

THINK ABOUT IT



CORNY JOKES



What happens when you cross a snowman and a vampire?

Frostbite.

What's a skeleton's least favorite room?

The living room.

MEMES



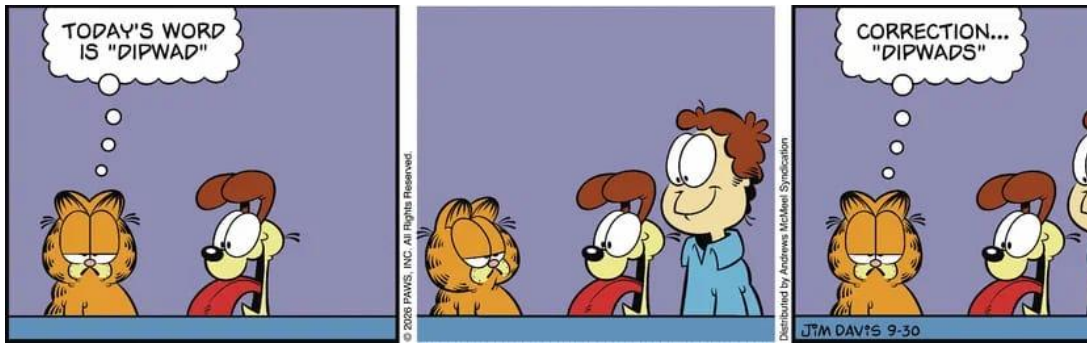
**Getting old is hard.
I blacked out for
twenty minutes this
morning, then I
realized I'd put my
hoodie on backwards.**

**I went shopping for
cherries and a
microphone stand today.**

Bought a Bing...

Bought a boom.

COMICS



Anti-Cats: Mighty Mouse Saves the Day in a Battle for Shelter | Mighty Mouse Cartoons Full Episodes

Hello 😊 hope I made you smile
😊



NEWSLETTER FOR BABY BOOMERS

This is for Baby Boomers (and anyone else who wants to join us!).

"Baby Boomers" normally refer to folks born 1946 to 1964.

The intent of this newsletter is to be connotatively neutral, fact informative, with some attempt at humor.

Personal notes and responses are welcome: opaskipper@yahoo.com

WHY I DO THIS NEWSLETTER

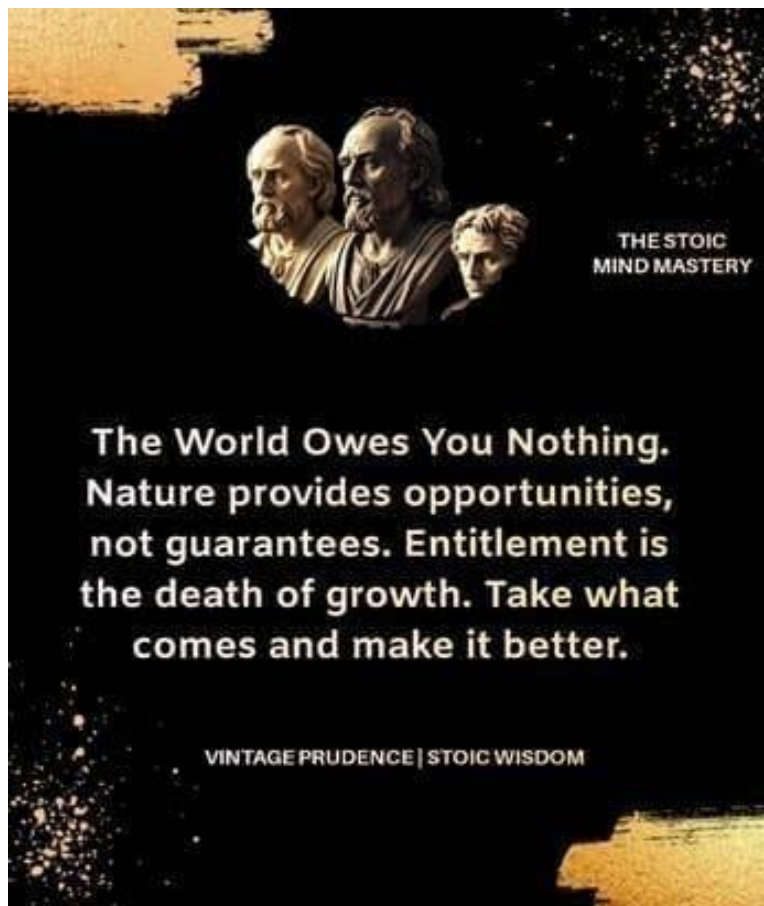
I miss Walter Cronkite, Huntley & Brinkley, and those years of plain and simple news reporting. This is for the approximate 70 million Baby Boomers in the USA. Just the facts and fun things . . . the best we can muster!





Skip Parker News

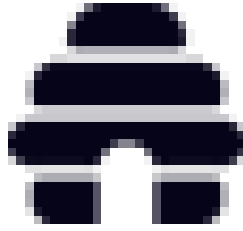
Giving me something to do in retirement!



Just the Facts for Baby Boomers

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