

JUNE 27, 2026

JUST THE FACTS for Baby Boomers

by Skip Parker

**a free weekly newsletter for Baby Boomers featuring news, health, personal finance,
nostalgia, music memories, and uplifting stories.**

Click:

<https://babyboomernewsletter.com>

to access the newsletter online



Possible shakeup with Paramount taking in CBS, CNN, and others. The acquisition seems to have some traction and may finalize this Fall. [Justice Dept. approves Paramount's acquisition of Warner Bros.](#)



Some of the world's most beautiful sights are in South America. [Vacationing in South America.docx](#)

[Places to visit in Chile Default Theme | Audley Travel US](#) – click and check it out



HEALTH / WELLNESS

This may be “the” most important exercise as we age. [Squats for Longevity: Add Years to Your Life | Science-Backed](#) Read in the article: **Goblet squats**



FINANCES

[Coins May Not Be Around Much Longer.docx](#)



FEEL GOOD STORIES

Feeding the needy: [Depression-era Soup Kitchens](#)

Soup kitchens have evolved and are now called Food Banks, Food Pantries, and/or Community Kitchens. When run right there is a sincere effort to move the homeless to a more stable life experience: [Soup Kitchens of the Modern Era: Understanding Their Evolution and Current State - Organize for Living](#)



MUSIC

I pulled the backing track and sang this song at one of my Senior Community gigs a few days ago. Put it in perspective. When you're in your 20s, age 64 seems like it's way into the future. I blew past 64 a long time ago! 😊 [The Beatles - When I'm Sixty Four \(Official Video\)](#)



BACK THEN . . .

[Today's Taillights: The Forgotten Trend Of Hiding Gas Fillers Behind Taillights - The Autopian](#)

PEARLS OF WISDOM



A batch of credit cards fattens a wallet before it thins it.

Practice makes perfect, so be careful what you practice.

Compiled by Martin E Parker

CORNY JOKES



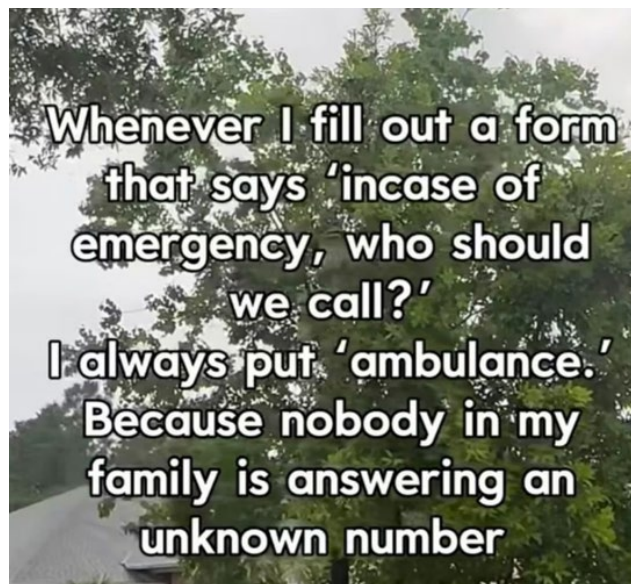
I couldn't figure out why the baseball kept getting bigger.

Then it hit me.

Why can't you trust atoms?

They make up everything.

SMILING







1960 April

Hello 😊 hope I made you smile
😊



NEWSLETTER FOR BABY BOOMERS

This is for Baby Boomers (and anyone else who wants to join us!). “Baby Boomers” normally refers to folks born 1946 to 1964.

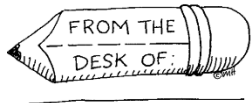
The intent of this newsletter is to be connotatively neutral, fact informative, with some attempt at amusement.

Any personal notes/responses are welcome!

If you know someone who might like our BABY BOOMER newsletter, please give them my email address: opaskipper@yahoo.com.

WHY I DO THIS NEWSLETTER

I miss Walter Cronkite, Huntley & Brinkley and those years of plain and simple factual news reporting. This is for the approximate 70 million BABY BOOMERS of the USA . . . JUST THE FACTS and FUN THINGS, the best we can muster.



Skip Parker News

Giving me something to do in retirement! 😊
Assistance from ChatGPT and CoPilot AI

