

Quick note: I've been having some issues lately getting Yahoo and Outlook to coordinate with each other for our newsletter send outs. I have switched over to Google/Gmail hoping it will make for a smoother transmission. Stay tuned! 😊

August 29, 2026

JUST THE FACTS for Baby Boomers

by Skip Parker

***a free weekly newsletter for Baby Boomers featuring news, health,
personal finance, nostalgia, music memories, and uplifting stories.***

Click:

<https://babyboomernewsletter.com>

to access the newsletter online



The United States is the only country to have all five major climate zones; tropical, dry, temperate, continental, and polar. Additionally, the U.S. has the highest rate of tornadoes than any other country in the world. The area of the nation that experiences tornadoes the most is referred to as “Tornado Alley.”
[**Tornado Alley Map - See How Tornado Alley is Shifting.**](#) *On an average, the country deals with more than 1000 tornadoes every year.*



*How would you like to live in a city of over 14 Million? [**Tokyo Population 2026 — 14,264,798 People | Growth & Area**](#)*

[**Pros And Cons Of Living In Tokyo: What It's Really Like In 2026**](#)



HEALTH / WELLNESS

Almost all of us have retired or will eventually retire. For Kathy and me and our wonderful Senior Account Manager, Karen, retirement is at hand effective September 1st.

I started my career with State Farm agency in 1981. My retirement date reflects my 45th anniversary year with the company.

Eight years prior I was a band director and I still love music. Most every day I play my trumpet and practice my bass guitar with play-along backing tracks. Kathy gave her blessings to me building a music studio (yes! It's air-conditioned) in our backyard 6 years ago.

For me, life has been good, is good, and will continue to be good. But I would be remiss if I didn't recognize the challenges that retirement can bring. I thought this piece on emotional health dealing with retirement might be appropriate at this time.

Thanks to all of you, my readers, and whom most are our family and friends, for allowing me to come into your reading time each Saturday. 😊

Retirement can bring a mix of joy, relief, anxiety, and identity challenges, making emotional adjustment a key part of the transition from work to post-career life.

[The Psychology of Retirement: Why Letting Go Is Harder Than You Think and What It Does to Your Mind](#)



FINANCES

[Matthew 6:24](#)

“No one can serve two masters, for either he will hate the one and love the other, or he will be devoted to the one and despise the other. You cannot serve God and money.

[Ecclesiastes 5:10](#)

He who loves money will not be satisfied with money, nor he who loves wealth with his income; this also is vanity.

[Proverbs 22:7](#)

The rich rules over the poor, and the borrower is the slave of the lender.

“But having enough dollars to meet the budget is probably okay!” 😊

 MUSIC

Dolly Parton, a beloved icon, humble and true to her roots. You might enjoy this article about where and how it all started: [Inside Dolly Parton's Childhood, from Growing Up in Poverty to Seeing Her 'Dreams Come True'](#)

This is the song that Dolly asked to be sung at her funeral: [Dolly Parton - Rockin' Years \(Official Video\) ft. Ricky Van Shelton](#)

 BACK THEN . . .

Do you remember August 1969? [Woodstock 1969 | Woodstock](#)

PEARLS OF WISDOM

Teachers open the door, you must enter by yourself.

If you think education is expensive, try ignorance

CORNY JOKES

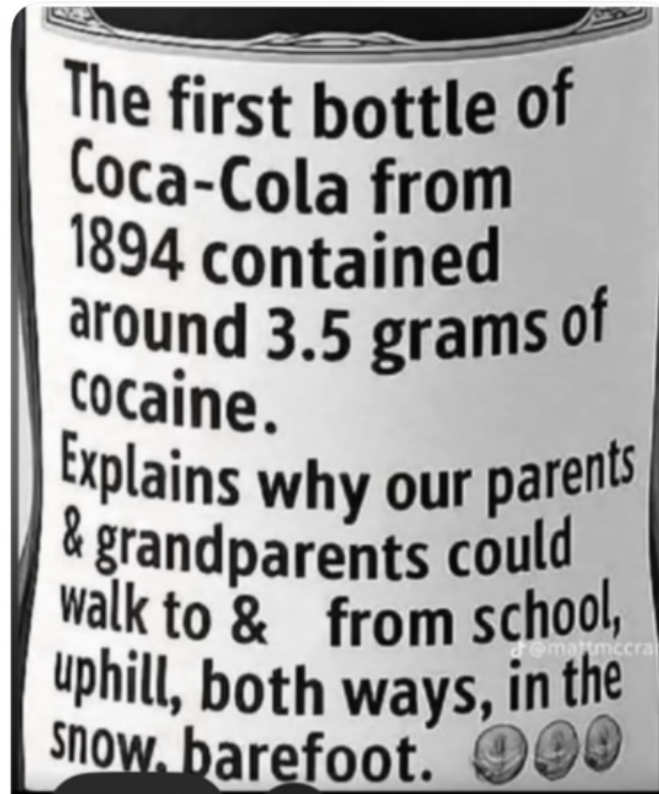


*Why was the math lecture so long?
The professor kept going off on a tangent.*

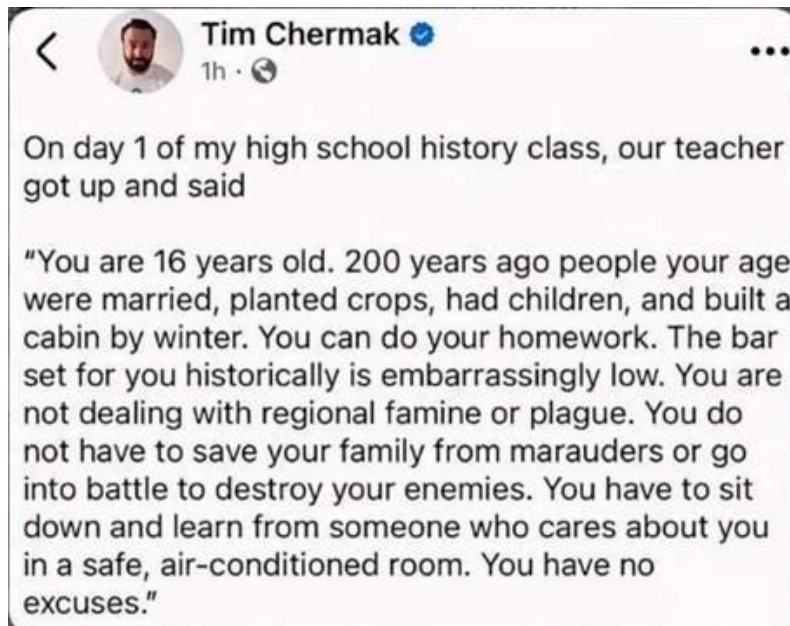
*I asked the dog what's two minus two.
He said nothing.*

SMILING





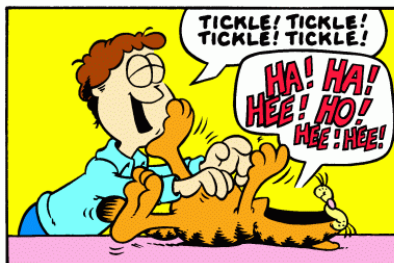
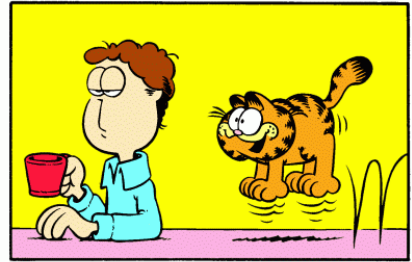
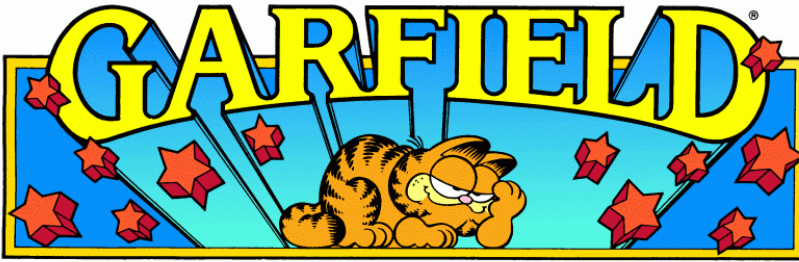
THINK ABOUT IT



Contributed by Josh P

OCTOBER 8, 1961





Hello 😊 hope I made you smile



NEWSLETTER FOR BABY BOOMERS

This is for Baby Boomers (and anyone else who wants to join us!). "Baby Boomers" normally refers to folks born 1946 to 1964.

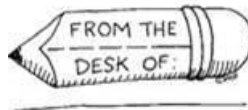
The intent of this newsletter is to be connotatively neutral, fact informative, with some attempt at amusement.

Any personal notes/responses are welcome!

If you know someone who might like our BABY BOOMER newsletter, please give them my email address: opaskipper@yahoo.com.

WHY I DO THIS NEWSLETTER

I miss Walter Cronkite, Huntley & Brinkley and those years of plain and simple factual news reporting. This is for the approximate 70 million BABY BOOMERS of the USA . . . JUST THE FACTS and FUN THINGS, the best we can muster.



Skip Parker News

Giving me something to do in retirement! 😊

Assistance from ChatGPT and CoPilot AI



THE STOIC
MIND MASTERY

**The World Owes You Nothing.
Nature provides opportunities,
not guarantees. Entitlement is
the death of growth. Take what
comes and make it better.**

VINTAGE PRUDENCE | STOIC WISDOM