

Hey beautiful stranger,

If you're reading this, it's because I gave you a card, and now you're curious to know what this is all about. Let me explain.

I gave you the card because I find you attractive, and I wonder if you'd like to get together in the near future? Perhaps coffee? Maybe a drink? Even a walk if it's not too cold out?

Of course, I realize this is an unusual way to extend an invitation – but I mainly work from home and don't often go to bars and so, besides the dating apps, it's tough to meet new people. And the dating apps have never been appealing to me, so I thought I'd get creative and try something else.

I also understand there's a million reasons why you might be unavailable. If that's the case, then no worries at all, it was nice to meet you! But! If you're single and curious, here's a bit more about me:

I guess you could say I'm an idealist, perhaps even a bit of a dreamer. From a young age, I've been fascinated by humans and what makes us tick. I've studied philosophy and psychology, health and wellness, romance and relationships. I love to explore life and what it means to live well. I have a master's degree in counselling psychology. I love it!

Throughout all I've learned, I think it's safe to say that, besides basic health, deep romantic love and companionship is perhaps the most important ingredient for a good life. And so, that's what I'm in search of now. The real thing.

What kind of person am I?

I love a good conversation. Not necessarily to find out who's right or wrong or to argue, but instead to explore whatever topic it might be – to see if we can make sense of something complex.

In my late 20s (I'm 39 now), I got the travel itch and went on a huge adventure around the world. It was such an incredible time. I'm grateful to have had the experience. It taught me so much about myself and life in general. To start, I hitchhiked through New Zealand and then explored some South Pacific Islands. Next, I went through Australia and then Asia. Thai food is the best, Japan is incredible, and China is like a different universe! Lol. India blew my mind and Nepal was like something out of a dream. But perhaps my favorite part was Europe.

After that grand adventure I decided to switch careers from accounting to psychology. I also love to read and write and listen to music. I recently published my first book. I'm super excited about it!

When I'm not working, I'm equal parts active and chill. I guess you could call me a homebody. I love the coziness and freedom of a comfortable home. I also walk a lot, and fitness has been a hobby for a long time.

On the more active side, I like to ski and climb and swim and dance and just be outside.

That's a little bit about me and my story. Who are you?

If it seems like we might have chemistry, send me a text and let's go out!

Thanks for reading, and perhaps, see you soon,

-H