



August Clinics

Ages 4-14

Palisades Center Ice Rink

August 1st thru August 30th

Fridays 5:00 to 6:00 pm

Saturdays 10:15 to 11:15 am

More time on the ice, more improvement

- Edging, stopping, transitions, backwards
- Hockey Drills – shooting, stick handling, passing
- Cross-ice scrimmaging, positional play

Go online www.Buds4Hockey.com to purchase packages and reserve your spot.

Buds4HockeyNY@gmail.com 845-406-5235

Full equipment required. 2025 waiver must be signed.

Neck guards are recommended.

Refer to website for any cancellations.