



2025 Holiday Clinics

Ages 4 - 14
Palisades Center Ice Rink

Thanksgiving
Nov. 28, 29, 30, Dec. 1

8:00 - 9:00 AM

Xmas week Dec. 26 to 31

8:00 - 9:00 AM

More time on ice, more improvement!

- Edging, stopping, transitions, backwards
- Hockey Drills - shooting, stick handling, passing
- Cross-ice scrimmaging, positional play



Go to Buds4Hockey.com to purchase packages and reserve your spot.

Full equipment required.

Neck guards are recommended.

2025 waiver must be signed.

Refer to website for cancellations.