



# July Clinics

**All levels – Ages 4 to 12**

**Fit Your Schedule**

All discount packages can be used for any session at both rinks.

## **Palisades Center Ice Rink**

**Sundays, July 3 to 31 at 10:30-11:30am**

**Thursdays, July 7 at 6:40-7:40pm**

**Thursdays, July 14, 21, 28 at 5:15-6:15pm**

## **Fritz Dietl Ice Rink**

**Tuesdays, July 5 to 26 at 6:00 – 7:00pm**

### **More time on the ice, more improvement**

- Edging, stopping, transitions, backwards
- Hockey Drills – shooting, stick handling, passing
- Cross-Ice Scrimmaging, positional play

**Purchase and reserve spots at [www.buds4hockey.com](http://www.buds4hockey.com)**

Walk-on and discount pricing is available.

**Full equipment required. 2022 waiver must be signed.**

**Please refer to website for cancellations & pricing.**

**[BruceFowler@Optonline.net](mailto:BruceFowler@Optonline.net)**