

BUDS 4 HOCKEY

Basic Understanding & Development Skills for Hockey

June Clinics

FRITZ DIETL ICE RINK - Mites & Squirts

Wednesdays, June 2nd – 30th 6-7pm

Saturdays, June 5th – 26th 10 – 11am

Go online to purchase & reserve your spot.

- ✓ **Power skating drills**
- ✓ **Increasing speed with puck**
- ✓ **Puck movement drills**
- ✓ **Stick-handling and shooting**
- ✓ **Cross-Ice Scrimmaging**

Goalie training is available through our partner *Active Goalies*.

Please contact activegoalies@gmail.com.

All packages can be used at Palisades Center Rink.

Full equipment required

2021 waiver must be signed for both arenas

PRIVATE LESSONS AVAILABLE

BruceFowler@Optonline.net 845-406-5235