



Basic Understanding & Development Skills 4 Hockey

UPCOMING SPRING CLINIC

Palisades Center Ice Rink

Players will be separated into groups by age and level of play.

More time on the ice, more improvement

- ✓ Edging, stopping, transitions, backwards
- ✓ Hockey Drills – shooting, stick handling, passing
- ✓ Cross-Ice Scrimmaging, positional play

Purchase and reserve spots at www.buds4hockey.com

- All discount packages can be used for any of the sessions.
- Walk-on pricing is available
- Ask about Coaches Corner

Goalie training is available thru our partner *Active Goalies*.

Please contact activegoalies@gmail.com.

Full equipment required. 2022 waiver must be signed.

Please refer to website for cancellations.

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