



Spring Clinics

Ages 4-12

Palisades Center Ice Rink

May 1 thru June 26

9 weeks

Fridays 5:45 to 6:45 pm

I FREE session with discount package

More time on the ice, more improvement

- Edging, stopping, transitions, backwards
- Hockey Drills – shooting, stick handling, passing
- Cross-ice scrimmaging, positional play

Go online www.Buds4Hockey.com to purchase packages and reserve your spot.

Buds4HockeyNY@gmail.com 845-406-5235

Full equipment required. 2026 waiver must be signed.

Neck guards are recommended.

Refer to website for any cancellations.