

BUDS4HOCKEY

Winter Program

FRITZ DIETL ICE RINK – 10 WEEKS

Players will be separated into groups by age and level of play.

Tuesdays thru to March 15th 6 to 7pm

All levels – Ages 4 to 12

Sundays thru to March 20th

Ages 4 to 7 (plus beginners up to 12) noon to 1pm

Ages 8 to 12 – 1:30 to 2:30 pm

More time on the ice, more improvement

- ✓ **Edging, stopping, transitions, backwards**
- ✓ **Hockey Drills – shooting, stick handling, passing**
- ✓ **Cross-Ice Scrimmaging, positional play**

Purchase and reserve spots at www.buds4hockey.com

- **All discount packages can be used for any of the sessions.**
- **Walk-on pricing is available**
- **Ask about Coaches Corner**

Goalie training is available thru our partner *Active Goalies*.

Please contact activegoalies@gmail.com.

Full equipment required. 2022 waiver must be signed.

Please refer to website for cancellations.

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