

BUDS 4 HOCKEY

Palisades Center Ice Rink

Basic Understanding & Development Skills for Hockey

“There’s more to hockey than just skating”

SPRING CLINIC 2020

Saturdays Starting March 7th

Prepare for tryouts!

Bruce brings many years of experience in developing all aspects of the game through his Buds4Hockey clinics and the New York Rangers Rookie Series ‘Learn to Play’ program.

- ✓ Power Skating Drills
- ✓ Stick Handling – Shooting
- ✓ Puck movement
- ✓ Cross Ice Scrimmage

First Session

8:15am to 9:15am

7 weeks

PeeWees, Modified, Adults

Second Session

9:30am to 10:30am

8 weeks

Mites and Squirts

Please note March 28th one session only

Mites and Squirts 8:30am to 9:30am

Discount packages found on Buds4hockey.com

All participants must sign a 2020 waiver. Full equipment required.

REGISTER ONLINE TODAY

Contact BruceFowler@Optonline.net 845-406-5235