

# BUDS 4 HOCKEY

**Palisades Center Ice Rink**

Basic Understanding & Development Skills for Hockey

“There’s more to hockey than just skating”

## XMAS WEEK CLINIC

### All Levels are Welcome!

**Dec. 26 Mites & Squirts 8:00am to 9:00am**

**Dec. 27 Mites & Squirts 8:00am to 9:00am**

**Dec. 28 Mites & Squirts 8:00am to 9:00am**

**PeeWees & up 9:15am to 10:15am**

**Dec. 29 Mites & Squirts 8:45am to 9:45am**

**PeeWees & up 10:00am to 11:00am**

**Dec. 30 Mites & squirts 8:45am to 9:45am**

- ✓ Power Skating Drills
- ✓ Stick Handling – Shooting
- ✓ Cross Ice Scrimmage

**Please note days and times**

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**Discount packages found on [Buds4hockey.com](http://Buds4hockey.com)**

**All discount packages must be used by end of 2019**

**All participants must sign a 2019 waiver. Full equipment required.**

**PRIVATE LESSONS AVAILABLE**

**Contact [BruceFowler@Optonline.net](mailto:BruceFowler@Optonline.net) 845-406-5235**