

Floral Treats: Not a Damsel in Distress
Artist: Kimberly Bell Schols @kimberlybellart
Medium: Acrylic • **Year:** 2026
Gallery Depth Canvas 12x12
Price: $ 300.00

"As any change must begin somewhere, it is the single individual who will experience it and carry it through."." — C.G. Jung

- **The Hidden Layer**: This canvas was originally painted as a sweet, simple piece titled *Floral Treats*.
- **The Metamorphosis**: Rather than erasing that history, the new design was layered directly over the exact same structural "bones," changing a passive treat into a symbol of independence.
- **The Integrated Self**: Look closely into the bouquet to find a small, subtly integrated damselfly. In Jungian psychology, she represents the quiet emergence of the true Self—whole, self-contained, and completely free.



Through a Glass Lightly
Artist: Kimberly Bell Schols @kimberlybellart
Medium: Acrylic **Year**: 2026
Framed 12x12
Price: $300.00

"*Until you make the unconscious conscious, it will direct your life and you will call it fate***." — C.G. Jung**

- **The Hidden Image:** This painting began as a vase of flowers. Later, a swan emerged behind the bouquet, becoming an integral part of the composition rather than replacing what was already there.
- **The Veil of Perception:** Jung believed that the psyche shapes the way we perceive the world. Partially concealed by glass and bloom, the swan invites us to look beyond appearances and consider that what we see is never the whole.
- **The Symbol:** In Jungian psychology, the swan is a symbol of transformation. The sunflower's centre subtly echoes the Earth, suggesting the quiet dialogue between the inner and outer worlds.



Through the Mist
Artist: Kimberly Bell Schols @kimberlybellart
Medium: Acrylic **Year**: 2026
Matted 11x14
Price: $75.00

"*One does not become enlightened by imagining figures of light, but making the darkness conscious."* **— C.G. Jung**

- **The Hidden Journey:** The soft gaze of a horse has always held something for me. I painted the horse first with its finely detailed halter. Layers of translucent mist were added afterward, softening rather than obscuring its presence.
- **The Veil:** In Jungian psychology, the path toward greater self-awareness is seldom clear. The mist becomes a metaphor for the uncertainty that often accompanies transformation, inviting us to trust what is sensed before it is fully seen.
- **The Emerging Self:** The horse remains quietly and steadfastly present within the haze, suggesting that the authentic Self is not created but gradually revealed as we move through life's uncertainty.



Not Just One of the Herd
Artist: Kimberly Bell Schols @kimberlybellart
Medium: Acrylic **Year**: 2026
Framed 12x12
Price: $300.00

"The privilege of a lifetime is to become who you truly are." — C.G. Jung

- **The Encounter:** During a sheep-herding demonstration, one old ewe stopped and looked directly at me. Her greying muzzle, worn ear tags, and trimmed horns spoke of a long life shaped by experience rather than innocence.
- **The Recognition:** In that steady gaze, she no longer belonged to the anonymous flock. She seemed to say, *"I know the game. I have learned what is needed to survive."* She had become unmistakably herself.
- **The Individuated Self:** Jung wrote that individuation is not about separating from the world, but about becoming a unique individual while remaining part of it. Surrounded by the herd, this ewe reminded me that every life carries its own history, wisdom, and quiet dignity.



Allium Grove
Artist: Kimberly Bell Schols @kimberlybellart
Medium: Acrylic **Year**: 2025
Framed 16x20
Price: $400.00

"In all chaos there is a cosmos, in all confusion a secret order." — C.G. Jung

- **The Encounter:** This painting was created outdoors over two days, where shifting sunlight continually transformed the grove. Instead of chasing certainty, I learned to work with change. It was painted in a “en plein air” competition and received an award of merit.
- **The Living Psyche:** Jung saw nature as a mirror of the psyche—not static, but alive, interconnected, and self-organizing. This grove became a reminder that beneath life's constant movement, there is a deeper order waiting to be perceived, a rhythm and a balance that I experienced and tried to capture.



Conjunctio
Artist: Kimberly Bell Schols @kimberlybellart
Medium: Acrylic **Year**: 2026
Framed 16x20
Price: $400.00

"The meeting of two personalities is like the contact of two chemical substances: if there is any reaction, both are transformed." — C.G. Jung

- **The Encounter:** This summer I encountered a Cecropia moth, the largest moth in North America. A creature of the night, its intricate markings unexpectedly echoed the warm pinks, mauves, and browns of the peonies.
- **The Union:** Rather than treating the moth as an intruder, I placed it gently on the vase. Beauty and mystery, daylight and darkness, flower and moth exist together, each revealing something the other cannot.
- **The Conjunctio:** In Jungian psychology, the *conjunctio* is the creative union of apparent opposites. This painting suggests that wholeness is not found by excluding what feels unfamiliar or unsettling, but by allowing opposing realities to coexist in a living harmony.



The Anima is Active
Artist: Kimberly Bell Schols @kimberlybellart
Medium: Acrylic **Year**: 2026
Framed 16x20
Price: $400.00

"Everything that is unconscious seeks outward manifestation." — C.G. Jung

- **The Hidden Presence:** Snakes have always held a fascinating energy for me. A green snake quietly coils around the vase, almost disappearing among the stems and leaves. It is not immediately seen, but once discovered, it changes the way the entire bouquet is perceived. A ladybug and dragonfly complete the living scene, but it is the snake that quietly commands the painting.
- **The Living Ground:** Painted over an activated ground, vibrant layers remain visible beneath the surface, suggesting that unseen forces continue to animate what we consciously experience.
- **The Anima at Work:** In Jungian psychology, the snake is an ancient symbol of instinct, transformation, and the life of the unconscious. Hidden in plain sight, it reminds us that the anima does not announce herself with force. She emerges subtly, inviting us beyond appearances toward a deeper relationship with our own inner life.



The Frog Prince
Artist: Kimberly Bell Schols @kimberlybellart
Medium: Acrylic **Year**: 2026
Framed on wood panel 12x12
Price: $200.00

"The privilege of a lifetime is to become who you truly are." — C.G. Jung

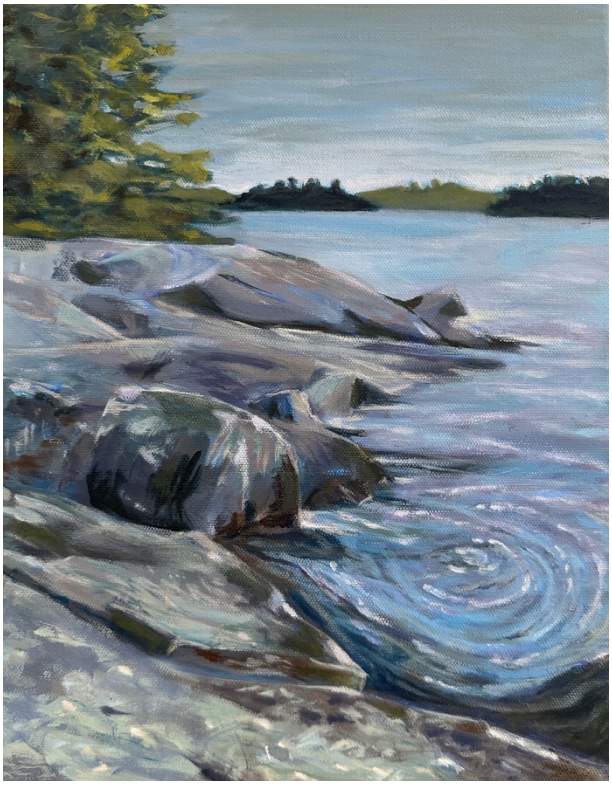
- **The Hidden Guest:** Nestled quietly within the vase is a small green frog, easily overlooked among the flowers. Rather than disturbing the arrangement, he belongs there. The frog invites the viewer to look beyond first impressions and reconsider what beauty includes.
- **The Archetype:** The Frog Prince is an ancient symbol of transformation. Jung understood fairy tales as expressions of the psyche, where neglected or humble figures often carry the greatest potential for renewal. Hidden within the bouquet, the frog reminds us that the parts of ourselves we overlook may be the very ones capable of becoming something extraordinary.



Why did Jung Talk So Much About Butterflies?
Artist: Kimberly Bell Schols @kimberlybellart
Medium: Oil **Year**: 2026
40x40
Price: $800.00

"The butterfly is a symbol and allegory for the psyche." — C.G. Jung

- **The Second Life:** This bouquet was not painted from a blank canvas. It was rediscovered. By returning to an earlier work and allowing monarch butterflies to enter the composition, the painting found a new identity.
- **The Messenger:** For Jung, butterflies were symbols of the psyche's capacity for transformation. They remind us that change is not the abandonment of what came before, but its unfolding into something more complete.
- **The Mystery:** Like the butterfly itself, the psyche is always becoming. This painting celebrates the courage to revisit, renew, and trust that what appears finished may still be evolving.



Canadian Coastal
Artist: Kimberly Bell Schols @kimberlybellart
Medium: Acrylic **Year**: 2026
Framed 11x14
Price: $300.00

"The confrontation between the two generates a tension charged with energy and creates a living third essence." — C.G. Jung

- **The Landscape:** The Canadian shoreline – carved granite, quiet islands, and rippling water create a scene of simplicity. Yet nothing here is truly still. The water is always moving, light is always changing, and each moment reveals a different relationship between land and sky. From the banks of the Ottawa River to Lake Muskoka to Lake Huron to Lake Ontario, shorelines run through my life.
- **The Threshold:** The shoreline is a meeting place where permanence encounters change. Neither dominates; together they create the landscape.
- **The Living Psyche:** Jung understood water as a symbol of the unconscious—the place from which new awareness continually emerges. The enduring rock reminds us that beneath life's changing currents there is an inner centre capable of holding both movement and stillness.



Horses on the Run
Artist: Kimberly Bell Schols @kimberlybellart
Medium: Mixed media **Year**: 2024
Framed 14x11
Price: $400.00

"The creation of something new is not accomplished by the intellect but by the play instinct." — C.G. Jung

- **The Process:** Created with paper layered onto board before painting, this mixed-media work allowed texture and chance to become active participants in the image. The horses emerged through the soft surface and became part of it.
- **The Movement:** Their forms are only partially defined, as though caught between appearance and disappearance. They exist in the threshold between memory, imagination, and landscape.
- **The Living Image:** Jung believed that authentic images arise from a dialogue with the unconscious rather than from conscious control alone. These running horses became an expression of that dialogue—symbols of instinct, freedom, and the psyche in motion.



Fired Lily
Artist: Kimberly Bell Schols @kimberlybellart
Medium: Acrylic **Year**: 2025
Framed 12x12
Price: $300.00

"The most intense conflicts, if overcome, leave behind a sense of security and calm that is not easily disturbed." — C.G. Jung

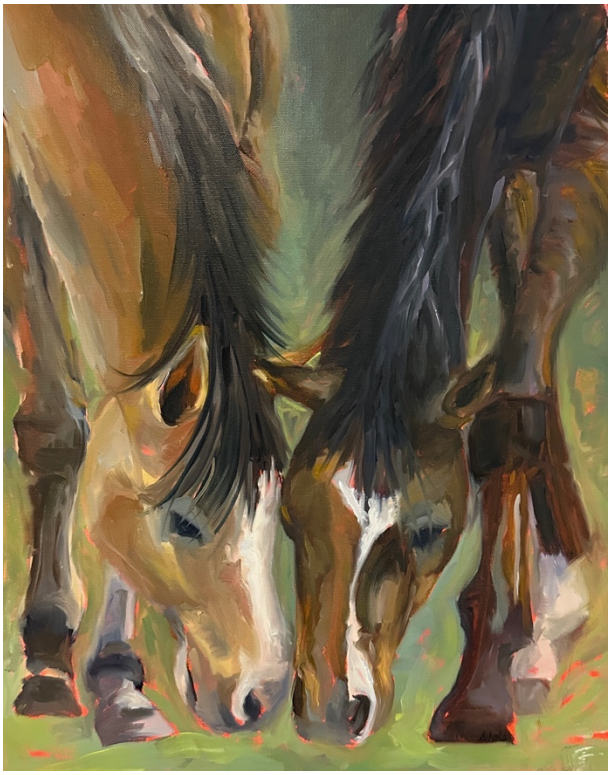
- **The Tension:** This painting is built on the dynamic relationship of complementary colours. Fiery oranges ignite against cool blue-greens, creating a visual energy that animates the lilies.
- **The Contrast:** The title plays on the phrase *"to gild the lily."* Rather than adding unnecessary ornament, the contrasting colours reveal a vitality already present within the flower.
- **The Creative Opposites:** Jung believed that transformation arises through the tension of opposites. Here, opposing colours do not compete—they intensify one another, suggesting that wholeness often emerges from embracing contrast rather than avoiding it.



Hidden in the Trees
Artist: Kimberly Bell Schols @kimberlybellart
Medium: Acrylic **Year**: 2026
Framed 12x12
Price: $300.00

"Until you make the unconscious conscious, it will direct your life and you will call it fate." — C.G. Jung

- **The First Glance:** At first, only the rhythm of white birch trunks and autumn leaves fills the canvas. Then, quietly, a deer appears among the trees.
- **The Discovery:** The deer is not concealed to deceive but to invite a second look. What seemed to be only a forest becomes a place of encounter.
- **The Inner Forest:** Jung understood the forest as a timeless symbol of the unconscious—a place where what is hidden waits to be discovered. The deer represents quiet awareness, reminding us that life's deepest insights often reveal themselves only after we have learned to truly see.



Friends
Artist: Kimberly Bell Schols @kimberlybellart
Medium: Acrylic **Year**: 2023
Framed 16x20
Price: $400.00

"Where love rules, there is no will to power." — C.G. Jung

- **The Moment:** Two horses graze together, unconcerned with the viewer. Their lowered heads and relaxed posture suggest comfort, trust, and a life shared without competition.
- **The Gesture:** Painted closely, the composition draws us into their quiet world, where companionship is revealed through ordinary moments rather than grand gestures.
- **The Quiet Relationship:** Jung believed that our deepest relationships are founded not on control, but on mutual respect and presence. These companions remind us that friendship is often expressed most profoundly in the simple act of standing peacefully beside another.



There She Glows
Artist: Kimberly Bell Schols @kimberlybellart
Medium: Oil **Year**: 2023
Framed 12x16
Price: $350.00

"The least of things with a meaning is worth more in life than the greatest of things without it." — C.G. Jung

- **The Encounter:** Painted en plein air in a quiet church garden, this iris seemed to gather and reflect the changing light around it. Its luminous white petals appeared to glow from within.
- **The Presence:** Rather than demanding attention, the flower reveals its beauty through stillness, inviting the viewer into a moment of quiet contemplation.
- **The Inner Light:** Jung believed that the deepest aspects of the psyche reveal themselves gently, often through symbols found in nature. Like this iris, the Self does not seek to impress; it quietly illuminates what has always been present.



The Chymical Wedding
Artist: Kimberly Bell Schols @kimberlybellart
Medium: Acrylic **Year**: 2023
Framed 20x24
Price: $600.00

"The union of opposites on a higher level is not a matter of logic but of psychological development." — C.G. Jung

- **The Encounter:** Two swans glide toward one another, their graceful forms creating a circle or mandala that suggests both intimacy and completeness. Swans on Lake Ontario are a common but favourite encounter for me.
- **The Reflection:** The water mirrors their meeting, reminding us that every outer relationship also reflects an inner one. The moon suggests the mystery and forces of alchemy.
- **The Sacred Marriage:** Jung understood the *Chymical Wedding* as the alchemical union of opposites within the psyche. This painting is not simply about two swans; it is about the lifelong work of bringing together the divided parts of ourselves until they form a more complete whole.