CV Kimberly Bell Schols

Kimberly Bell Schols is an emerging artist working with acrylic, oil and mixed media. Growing up in northern Canada, she developed a deep appreciation for the beauty of nature and its creations. In her work, Kimberly explores the interconnection between light, colour, mood and energetic impression with her favourite subjects.

Kimberly studied art at the Neilson Park Creative Centre, Haliburton School of the Arts, Sheridan College and the Oakville Art Society. Kimberly's work is in private collections and she has exhibited in juried entry shows with the Federation of Canadian Artists, Oakville Art Society, Joshua Creek Heritage Art Centre, Square Treats, and the Hamilton Art Circuit. She is an Exhibiting Member with the Federation of Canadian Artists. She has exhibited online as a featured artist with the Society for Shamanic Practice and has been in online shows at the American Art Therapy Annual Conference. Kimberly was awarded an Award of Merit at the Hamilton Plein Air Festival Juried Show 2025. She participates in several yearly shows to bring art to the community such as Art in My Garden and the Verdes Art Show.

Art shows (in Oakville, Ontario unless noted, juried is indicated by *):

2026 Art in the Park*
Hamilton Art Circuit, Hamilton, Ontario*
Solo Show "What Can Be Seen Can Be Felt", Art on the Bluffs, Sovereign House
Square Treats Art Show*
Federation of Canadian Artists "Spotlight" online show*
Verdes Art Show, Rio Verde, Arizona
Oakville Art Society Irish Trip Art Show
Oakville Art Society 60th Anniversary Show "Connections"*
Art in My Garden and boosted artist in The Witch's Fix
The Art of Giving Art Show
Bronte Noel Artisan Market

2025 Verdes Art Show, Rio Verde, Arizona
Square Treats Art Show*
Waterside Art Group, "Imagine", Summer & Grace Gallery
Hamilton Art Circuit, Hamilton, Ontario*
Oakville Art Society "Impressions" Show*
Back Alley Gallery Show, "Surcee", Hamilton, Ontario*
Hamilton Plein Air Festival, Hamilton, Ontario*
Joshua Creek Heritage Art Centre*
Federation of Canadian Artists, "Limitless" online show*
Federation of Canadian Artists, "2025 Artist's Choice" online show*
Art in My Garden and boosted artist in Andrews

2024 Square Treats Art Show*
Waterside Art Group, Summer & Grace Gallery
Verdes Art Show, Rio Verdes, Arizona
Art in My Garden and boosted artist in Sway

Previously, of note she was in a group show at Neilson Park Creative Centre in Mississauga and the McMichael Art Gallery in Kleinburg, Ontario.

Artist Statement

Nature is an endless source of inspiration, renewal and hope. I strive to communicate the numinous connection between nature and spirit. Nature-based spirituality and shamanism are part of my life and my art is an extension of this. I like a form of Impressionism because it hints at the energy vibrating within nature. Acrylic is well suited to my work because it enables fast work, layering and very vibrant colours. I work in a semi-abstract form to capture the essence of the image.

I am committed to the exploration of art as a vital personal expression, and after completing a Master of Arts in Counselling Psychology, I completed a graduate level study of Art Therapy. I have recently created my own personal Red Book sourced from dreamwork and Jungian studies. I write poetry to also access the numinous and the unconscious. I spent many years in the northern woods in a place called "Deep River," and my early contact with nature informs my work. I have studied Celtic Shamanism with Sli an Chroi in Ireland and this supports the integration of my nature-based spirituality into my art. It is important to me to communicate my connection to other life forms, after an encounter with the natural world. I believe these encounters offer a glimpse into the symbolic and the numinous, and my art offers an expression of this. I hope that my expression of an encounter can connect with other people.

The purpose of my recent solo show was to offer an experience to the attendees. “What Can Be Seen Can Be Felt” was intentionally designed to provide layers of information that could be processed with personal responses and personal symbolism. Art provides a way to make the invisible visible. And I also wanted the experience to be beautiful but slightly challenging to the viewer. I created a visually engaging environment within a lakeside historic home, Sovereign House, with woodland views, and used nature as my messenger. I had many positive comments and can provide them. People genuinely appreciated the experience.