# Lent and Holy Week Guide 2024

# Parishes of Blessed Sacrament, St. Elizabeth Ann Seton, St. Mary and St. Joseph

#### **Fasting and Abstinence from Meat**

Ash Wednesday and Good Friday (March 29) are obligatory days of fasting for Catholics age 18 to 59. When fasting, a person is permitted to eat one full meal, as well as two small meals that do not equal one full meal.

Ash Wednesday, the Fridays of Lent, and Good Friday are obligatory days of abstinence from meat for Catholics from age 14 and above.

# **Almsgiving**

Rice Bowls, Diocesan Annual Appeal, St. Vincent DePaul Society, Caritas Collections, Good Friday Collection for the Holy Land, Help a Friend or Relative, Volunteer.

### **Prayer**

Increase the quality or quantity of daily prayer: Rosary, silent reflection, Adoration, daily Mass, reflect on daily readings, etc..

#### Ash Wednesday, February 14

7:00 AM, Liturgy of the Word & Ashes, SMJ 8:30 AM, Mass, BSP/JFK Lower Campus 12:05 PM, Mass, SMJ 12:05 PM, Mass, BSP 6:00 PM, Mass, Seton

#### **Stations of the Cross, Fridays**

February, 16 - Mar 22, 3:00 PM, SMJ February, 16 - Mar 1, 7:00 PM, BSP March, 8 - Mar 22, 7:00 PM, Seton

#### **Adoration of the Blessed Sacrament**

Tuesdays: 9-10:00 AM, BSP Wednesdays: 9-10:00 AM, Seton Fridays: 12:30-1:30 PM, SMJ

#### Sacrament of Penance and Reconciliation

Thursdays: 5:15-5:45 PM, BSP

Saturdays: 3:15-3:45 PM, BSP & SMJ

1st Sundays: 11:00 AM, Seton

Wednesday, Feb, 28, 6:30-8:00 PM, BSP (The Light is On for You)

Tuesday, March 26, 5-6:00 PM, BSP (Holy Week)

#### Holy Week: March 24-30

Palm Sunday: Usual Weekend Mass Schedule
Palm Sunday Tenebrae Service: 7:00 PM, Seton
Holy Thursday: 7:00 PM, Mass of the Lord's Supper, SMJ
Good Friday: 3:00 PM, Celebration of the Lord's Passion, SMJ
Good Friday: 7:00 PM, Living Stations of the Cross, Seton
Holy Saturday: 8:30 PM, Easter Vigil in the Holy Night, BSP

#### **Blessing of Easter Food**

Saturday, March 30, 12:00 PM, Seton

# **Easter Sunday Mass: March 31**

8:30 AM, BSP 8:30 AM, SMJ 10:00 AM, Seton 11:30 AM, BSP 11:30 AM, SMJ

# (more information on back)

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#### Pirohy, Kolachi, Easter Bread:

February 16: Pirohy

March 1: Pirohy (Easter Sale)

March 15: Kolachi

March 22: Easter Bread

Pirohy: potato/cheese, sweet cabbage, sauerkraut, lekvar:

\$8/dozen.

Haluski with or without cabbage: \$5/quart bag.

Kolachi: nut, apricot, poppyseed and lekvar: \$12/each

Easter Bread: plain or raisin: \$10/each

To order call 330-393-0781 through Tuesday of sale week. Pick-up Noon-4:00 PM on sale day at St. James White Hall. Checks and credit/debit only.

# **The Easter Story Egg Hunt**

Saturday, March 23, 10:00 AM, BSP Covelli Gym Family Life Apostolate activity for children and families.

# **The Rescue Project**

Wednesdays, February 21-April 10, 6:00-8:30 PM: BSP Reagan Hall Saturday, April 6, 9:30 AM -3:30 PM: BSP Reagan Hall Featuring: Fr. John Riccardo, Meal, Video, Discussion, Prayer To register or volunteer to cook/bake contact Sr. Debra Marie dmarie@warrencatholic.org.

