



# Position Description

Position Title:	Youth Mental Health Clinician
Reports To:	Director – <b>Get Psych'd</b>
Award:	Health Professionals and Support Services Award 2020 (MA000027)
Classification:	Health Professional Employee – Level 2 <i>(dependent upon qualifications and experience)</i>
Profession:	Psychologist, Mental Health Occupational Therapist, Accredited Mental Health Social Worker
Employment Type:	Part-time (.6 FTE)

**Get Psych'd** is a youth psychology practice for young people aged 12 to 25 years. At **Get Psych'd** we aim to reach and enrich the lives of young people. We involve young people in all decision making and adapt our approach to meet the needs of each young person. We create a safe and confidential space for young people while involving parents, carers and other key stakeholders to support the young person.

**Get Psych'd** is an in-person and telehealth Bendigo-based service, which aims to reach and engage young people to access mental health support. We focus on reaching young people who may be disadvantaged and/or vulnerable and unable to afford mental health support by increasing accessibility and partnering with third party organisations to make this possible. We have 2 streams or pathways to accessing our services; Medicare/private funded stream and third-party funded stream.

## The Position

The Youth Mental Health Clinician is responsible for providing assessment, psychological intervention and support to young people with mild to complex mental health conditions. The Youth Mental Health Clinician provides services that are effective, high quality, responsive to the young persons needs and outcome focused. The Youth Mental Health Clinician works independently and is responsible to the Director – **Get Psych'd** for the provision of safe, evidence based clinical care to young people and to ensure the highest professional standards are maintained and outcomes of care are achieved.

## Key Responsibilities, Activities and Duties

### Clinical

- Complete initial psychosocial assessment and with the young person's input develop a care plan
- Provide psychological interventions that are evidence based for the young person's diagnosis and presentation
- Perform risk assessments, safety planning and identify when young people need to be stepped up to tertiary services and actively facilitate this



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- Provide family inclusive practice and identify support needs for family and friends of young people and plan how to address these
- Participate in the implementation of therapeutic group work that addresses issues young people are presenting with (as directed)
- Provide supportive psychoeducation to family and friends to assist them in supporting the young people they care for
- Uphold and protect consumer rights and maintain strict confidentiality

## Administrative

- Maintain accurate and current clinical records ensuring documentation meets professional and legal standards
- Maintain the young person's Electronic Medical Record
- Administer the **Get Psych'd** Survey (GPS) and other measures to young people
- Maintain accurate and current documentation and reporting to ensure compliance with relevant funding schemes, including the guidelines for the Medicare Better Access Initiative.
- Actively manage case load and scheduling of client appointments
- Undertake general administration duties, including answering phone calls, responding to queries, undertaking screening and intake

## Engagement

- Promote a youth friendly culture that welcomes all young people, family and friends accessing **Get Psych'd**
- Engage young people by adapting styles of relating, reflective of the qualities of the young person and their current presentation and context
- Provide high quality service to young people that reflect best practice and promotes the aim and values at **Get Psych'd**
- Collaborate and communicate with members of the **Get Psych'd** team and external service providers to achieve desired outcomes

## Continuing Professional Development

- Maintain and demonstrate clinical skills and competencies by undertaking professional development and clinical supervision
- Continue to building knowledge and skills in psychological interventions in youth mental health

Perform other duties as assigned by management and within relevant scope of practice.

## **Mandatory Requirements**

- Current Australian Health Practitioner Regulation Agency (AHPRA) registration or be an Accredited Mental Health Social Worker with the Australian Association of Social Workers
- Hold a Medicare Provider Number or eligibility to obtain
- Hold a current full Victorian Drivers Licence
- Hold current Professional Indemnity and Public Liability Insurance
- Satisfactory National History Criminal Check prior to commencement of employment
- Satisfactory Working with Children Check prior to commencement of employment

