

## Walking the Wolds – Breakfast Bimble 25.07.25

| What are the hazards?  | Who might be harmed and how?  | What are you already doing to control the risks?   | What further action do you need to take to control the risks?  | Who needs to carry out the action? | When is the action needed by?                    |
|--|---|--|--|------------------------------------|--|
| <b>Any potential risks that result in walkers being unable to carry on and / or needing hospital treatment</b> | All   | Devise emergency plan with access routes for vehicles, what3words locations, share emergency plan with all volunteer helpers                               | Ensure that there is a qualified first aider with the party. Remain in contact with helpers via walkie-talkies at all times. Keep group together | SM & volunteer helpers             | Emergency plan completed in advance of the walk. |
| <b>First aid requirements</b>  | Caused by walking in the countryside  | SM to carry first aid kit/. Walkers to carry own first aid kits. Advice given along the way if paths uneven or new hazard identified. Steady walking pace. | None   | SM                                 | On the day                                       |
| <b>Emergency Contacts</b>  | May be required if accidents occur  | SM to gather emergency contacts before setting off   | None   | SM                                 | On the day                                       |
| <b>Toilets</b>   | No toilets on route unless pub open in North Dalton   | Use facilities at Field House coffee Barn before setting off   | Advise on day  | SM                                 | On the day                                       |
| <b>Other dogs</b>  | Dogs may react to other dogs arriving to take part. Dog may also get excited, run and trip people up. | Dogs kept on leads and under supervised control by owners. People to remain aware of dogs in the vicinity  | Owners to read risk assessment posted on WTW web site  | Dog Owners                         | On the day                                       |
| <b>Uneven ground, slippery and wet underfoot</b>   | People may slip, trip and fall  | Advise to wear suitable footwear and bring walking poles before hand   | Advise to take care on the day and lead the group slowly if ground becomes slippery  | Walkers / SM                       | Prior to the walk and on the day                 |
| <b>Biting Insects if hot etc</b>   | People might react badly or be uncomfortable  | Advise to carry bug-repellent  | SM to carry bug repellent  | Walkers / SM                       | Prior to the walk and on the day                 |

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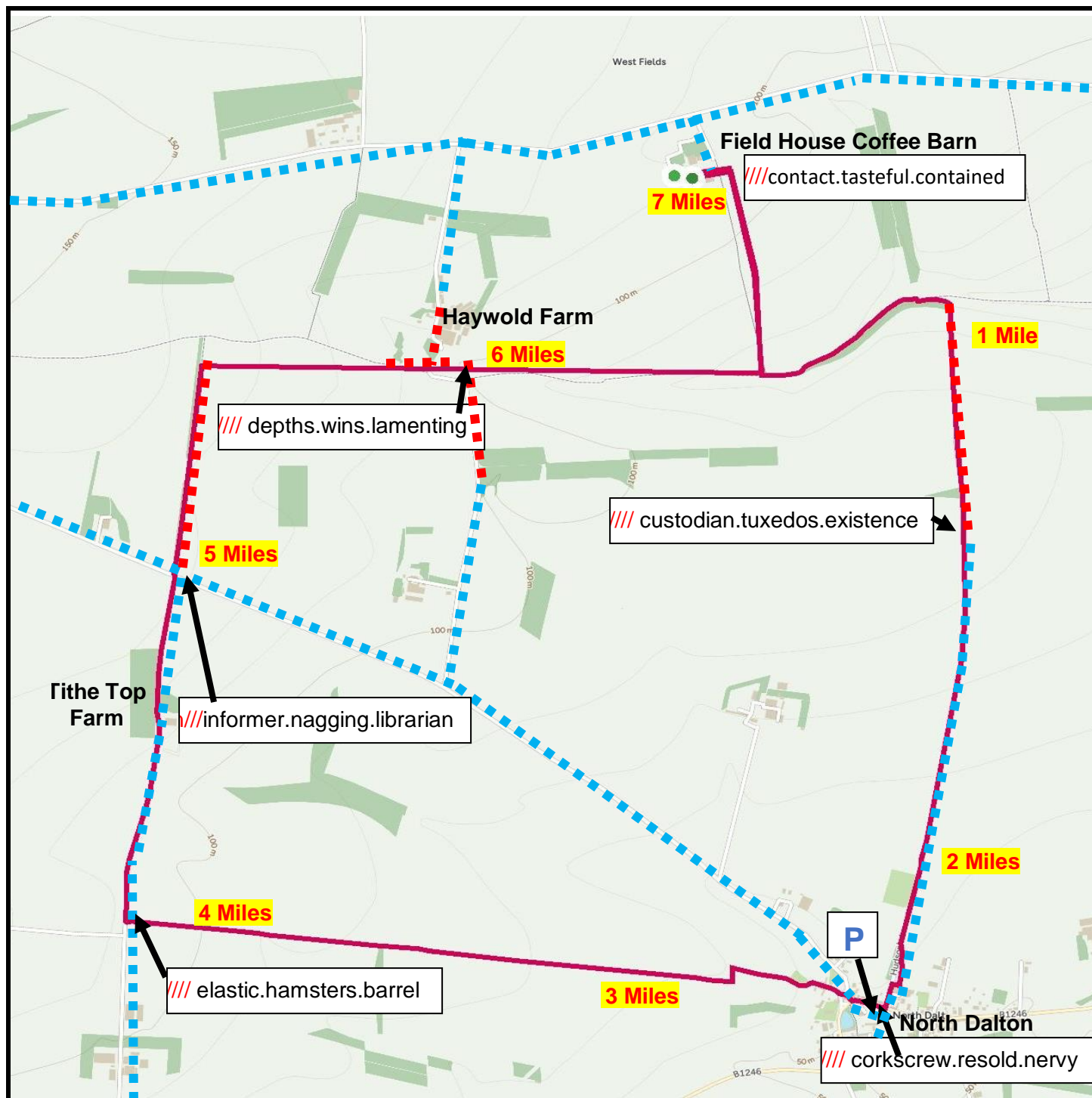
|  |   |  |  |                      |                                   |
|--|---|--|--|----------------------|-----------------------------------|
| <b>Heat / Sun</b>  | People / Dogs get over heated / suffer from sunstroke               | Advise to wear high factor sun screen and to carry sufficient water for them and their dogs. People also advised to wear protective clothing and hats. | Take regular walking breaks and allow dogs time to cool off in the streams along the route     | Walkers / SM         | Prior to the walk and on the day  |
| <b>Newly sown crops – dogs running into them</b>               | Crops / Farmers   | Advise on responsible dog ownership before setting off   | Owners to read risk assessment on web site   | Walkers / SM         | On the day                        |
| <b>Dog mess created along the route</b>                        | Wild animals and crops  | Advise on responsible dog ownership prior to setting off   | SM to carry spare doggy bags   | Walkers / SM         | On the day                        |
| <b>Horses or cyclists on bridleways</b>                        | People may be hit, dogs may be frightened, horses may be frightened | Advise to keep a watch out for other users and keep dogs on leads if horses / cyclists seen  | Owners to read risk assessment posted on WTW web site  | Dog Owners / Walkers | On the day                        |
| <b>Footpaths with nettles</b>                                  | People may get nettled. People may have extreme adverse reactions   | Prior warn walkers to wear long trousers / shirts and to be careful. Emergency numbers to be taken on the morning before setting off                   | Restate on the day as we approach footpaths to take care                                       | Walkers and SM       | Prior to the walk and on the day  |
| <b>Farm machinery on fields</b>                                | Dogs, if not on leads may get injured                               | Advise to keep a watch out for other users and keep dogs on leads if farm machinery seen   | Owners to read risk assessment posted on WTW web site  | Dog Owners / Walkers | On the day                        |
| <b>Cut grass on footpaths obscuring holes and trip hazards</b> | People may trip and fall. Sprained ankles or similar                | Advise to wear suitable footwear and bring walking poles   | Advise to take care on the day and lead the group slowly                                       | Walkers / SM         | Prior to the walk and on the day  |
| <b>Walkers / Dogs become unwell</b>                            | People fall ill and cannot continue or fall behind                  | Advise on difficulty of walk, for people to decide if they are able to undertake it (and   | Post a back-marker & midpoint marker walker (with high vis-vest) to ensure no one is left. Use | SM / Back marker     | Prior to the walk and on the day. |

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|  |  |   |  |             |            |
|--|--|---|--|-------------|------------|
|  |  | if their dogs can do the same)  | walkie-talkies and walk at a pace that all walkers can do. |             |            |
| <b>Car Park at Field House Farm – cars moving around – people &amp; dogs</b> | Dogs may run in front of or behind cars if not controlled and hit / be hit by cars | Dogs kept on leads and under supervised control by owners.  | Owners to read risk assessment posted on WTW web site      | Dog Owners  | On the day |
| <b>Vehicles on roads</b>   | Dogs / people may get hit by vehicles  | Dogs kept on leads, walk lead at the front and the back by radio holders – use radios or shout to inform walkers of approaching vehicles and move safely onto the grass verge | Owners to read risk assessment posted on WTW web site      | All walkers | On the day |
| <b>Dogs may run off if not kept under control</b>                            | May unexpectedly come across livestock or ground nesting birds                     | Keep dogs under close supervision   | Owners to read risk assessment posted on WTW web site      | Dog owners  | On the day |

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## EMERGENCY PLAN



Route – 7 miles

Total Ascent – 534 feet

Vehicle Access Route:

- Un-Made Track
- Road, Lane or Farm Track
- Route

Start / Finish – YO25 9JZ ///contact.tasteful.contained

Nearest A & E – 17.4 miles away - York Hospital, Wigginton Road, York, North Yorkshire, YO31 8HE. 01904 631 313

Nearest Vet – 7.5 miles away - Wicstun Veterinary Group 45 George Street, York, Pocklington YO42 2DH. 01759 304977 -

Walk Leaders:

Sarah Maltby - 07541482608

Alison Botten - 07913079625