



CERTIFICATE COURSE IN



Vedic Psychology

Introduction

To understand our true nature and existence, we must gain true knowledge about them. In this process, the mind is a very important tool and medium. We need to acquire true knowledge about the mind and psychology to lead a divine-human life and understand the secrets and mysteries of existence at both internal and external levels universally. For this, we must unlock our **‘True Self’** through a proper understanding of the philosophical and scientific approach to the mind and psychology.

As we know, the Rigveda is the oldest text in the world’s library. This course provides insight into the concepts of the mind, psychology, therapies, counseling, etc., according to Indian Vedic Knowledge Systems and schools, in a scientific way. According to *Dr. George Moore and David Thoreau*, “The Indian Rishis were the philosophers of all dimensions of human psychology and the perfect scientists of human psyche, heart, and consciousness.”

We are grateful to learn the core aspects of Vedic-Indian psychology in a true manner. In the present time, the world and humanity are suffering in many ways. This course aims to provide a true path and solution for these sufferings. Let us join this divine journey, explore new dimensions of psychology, and motivate others to do the same.

Organizer

DIVYA KARUNA ORGANIZATION, BHARAT (INDIA) is a non-profit organization registered under The Registration Act -1908,

With the motive of promoting ancient universal wisdom for the welfare of existence, the organization follows the motto:- "**आत्मवत् सर्वभूतेषु**"

This means to see and feel oneness in all creatures and existence and to behave accordingly.

Our primary focus is to adopt divine compassion (**KARUNA**) as the solution for all problems at both personal and universal levels. We conduct webinars, seminars, and conferences globally on various issues affecting humanity and provide solutions based on Indian Knowledge Systems. We also offer free counseling services.

Our future project aims to provide a scientific research pathway to explore ancient indigenous therapies for universal wellness. The **International Council of Vedic Psychology (ICVP)** is an integral and legal initiative under the organization, working at various levels globally.

The organization is registered with **NITI Aayog**, the Ministry of **AYUSH**, and the Ministry of Social Justice & Empowerment (**MSJE**), Government of India.

Course Relevance , Objectives & Outcomes

- As per the **New Education Policy (NEP) 2020**, this course aligns with the demands of the Indian Knowledge System (IKS) as a unique offering.
- According to the **UGC 2025 Draft for Higher Education**, this course will address the teaching and research needs in the Indian Knowledge System under nine areas of faculty recruitment demands.
- It will help participants develop proper interpersonal relationships with patients, families, and professional colleagues in a scientific way. The course introduces Indian/Vedic techniques for counseling, therapies, and treatments.
- It offers research opportunities in this field for the welfare of humanity.
- Participants will gain a deeper understanding of the true nature of the self, mind, thoughts, consciousness, etc.
- It will create awareness about mental pollution and provide solutions.
- The course helps develop the ability to live and deal with oneself and existence in the right way.

- It enhances skills for psychology students and professionals.
- Participants will learn the true nature of psychotherapies and their applications in addressing present mental health problems.
- The course emphasizes Indian/Vedic approaches to psychiatric disorders and treatment.
- Upon completion of this course, participants will:
- Adopt true ethical principles in all aspects of their practice.
- Develop true human values and become psychologists and mental health professionals with genuine compassion.

Course Content

The course includes:

- The concept of the mind in indigenous/Indian/Vedic knowledge systems.
- The approach to psychology in different Indian/Vedic philosophical schools (**Vedas, Upanishads, Srimad Bhagavad Gita, Yog-Vasistha, Samkhya, Nyaya, Vaisheshika, Yoga, Ayurveda, Jainism, Buddhism, Integral Psychology, Sikhism, etc.**).
- A comparison and integration of Eastern and Western approaches to psychology and psychotherapies.
- An introduction to the science and art of Vedic counseling.
- Vedic psychology and its relation to artificial intelligence (AI) and other modern technologies.
- Research and experiments in Vedic psychology, its relevance, and scope.
- Techniques for mental health care in the Vedic/Indian context.
- Applied aspects of Vedic psychology.
- Vedic/Indian classifications of mental health problems aligned with DSM and ICD.
- The Vedic approach to personality.
- The relationship between Vedic psychology and other branches of psychology.

Schedule

Mode of Delivery: Online classes via Zoom or Google Meet.

Frequency: Two classes per week on Saturdays and Sundays.

Duration: Each class will be approximately 1 hour.

Timing: Classes are scheduled between 6 PM and 8 PM IST .

Recording: Required recordings of the classes will be made available.

Teaching Style: Interactive, face-to-face teaching with appropriate audiovisual aids and related activities.

Languages: English / Hindi / Sanskrit.

Lecturers: Live lectures will be delivered by various experts in related fields and specializations.

**A Certificate will be Provided to each Participant after Successful completion of the Course.*

Note:- Changes in the schedule may occur depending on urgency or necessity

***Course Fee :- ₹1999/- (This amount is solely for charity purposes.)**

Upi Id :- karunaorganization@sbi

Registration link:- <https://forms.gle/Ug3Ub8ogJ3CitKrQ9>



About Us



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