



Autism and ADHD Assessments Adolescents and Adults

Prior to First Meeting:

Consent and Intake forms are emailed to you, providing an opportunity to tell us about yourself, at your pace, in written form.

A few initial questionnaires will also be sent by email, to allow us to best tailor the assessment to you

You have the option for intake forms and initial questionnaires to be sent to someone who knows you well now, and/or knew you well as a child (parent, partner, friend etc.)

It is also useful to provide school reports or videos from childhood where possible.

These additional perspectives assist to build a richer understanding of you, but are not crucial for assessment.

Clinical Interview 1 of 2

About 1 hour

This is an opportunity for your Psychologist to get to know you, to discuss your background and history, your strengths and challenges, what you hope to get out of the assessment process, and what resonates for you when thinking about autism and/or ADHD

At this stage your Psychologist will be able to provide a more personalised quote range for assessment.

A quote range is provided to ensure your assessment is tailored to yourself and your goals, and is based on expected time required to complete.

Parent/Caregiver Meeting:

About 1 hour

Where appropriate, an interview may be required with the parent/s or caregiver/s of the individual being assessed, to obtain more information on their history and presenting difficulties.

Prior to Your 2nd Clinical Interview:

Additional self-guided questionnaires will be sent by email to complete prior to the second interview.

These are used to understand your experiences more broadly, and to build a comprehensive evidence-based assessment.



Clinical Interview 2:

Around 1.5-4 hours

Using validated, evidence-based diagnostic assessment tools such as the MIGDAS-2 and DIVA-5, your Psychologist will guide you through a structured assessment interview to hone in on the diagnostic criteria for autism and/or ADHD.

Time will be included to ensure you have breaks throughout!



Feedback Session:

1 Hour

Your Psychologist will present the outcome of your assessment, explain their findings, rationale and recommendations.

You will have the opportunity to ask any questions, to ensure you feel confident in the result.

Psychologist Report Writing:

Your Psychologist will integrate all the information gathered from your intake forms, questionnaires and interviews into a diagnostic report.

This data will be used to assess if criteria has been met to diagnose autism and/or ADHD.

Post Assessment:

It's important you walk away from this process feeling empowered – so relevant options for next steps, such as possible supports or resources to engage with, will be discussed.



Fee Structure

Autism Assessment

\$250 – initial assessment interview

\$250 – parent/carer interview if required

\$400-600 – dx interview depending on time required (1-1.5hr)

\$400-600 depending on time required: Interpreting and report writing

\$250 – feedback interview

ADHD Assessment:

\$250 – initial assessment interview

\$250 – parent/carer interview if required

\$400-600 – dx interview depending on time required (1-1.5hr)

\$400-600 - Interpreting results and report writing

\$250 – feedback interview

Combined ADHD and Autism Assessment:

\$250 – initial ax

\$700-900– dx interview for ADHD and Autism - depending on time required (2-5hrs)

\$700-900 Interpreting results and report writing

\$250 – Feedback interview



Reporting Options:

Brief Diagnostic Letter - Single/Combined Assessment:

+ 100/300 - Summary letter with a diagnostic outcome and brief recommendations and resources, best for those who want formal clarification of diagnosis but are not seeking formal supports

Comprehensive Reports – Single/Combined Assessment:

+400/600 - Detailed, formal report including background summary, details of how you met diagnostic criteria, details of all results and interpretations, as well as brief recommendations and resources. This is best for those seeking formal supports,

Optional - Functional Assessment

World Health Organisation Disability Assessment Schedule - \$50

*Please note we cannot guarantee any report provided will be sufficient for NDIS funding as this is based on individual's 'level of functioning' among other factors beyond our control as Psychologists (e.g. they may require Psychiatrist, OT, etc.). If accessing NDIS funding is a key goal of assessment, please consider the best service for your situation.

Assessment Price Range:

Singular Assessment: \$1400-\$1700

Combined: \$2200-\$2500