## ELEMENTAL HEALTH **& WELLNESS** DIRECT PRIMARY CARE

# **Helpful Tips**

AFFORDABLE ~ ACCESSIBLE ~ INDIVIDUAL



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### **Office Hours**

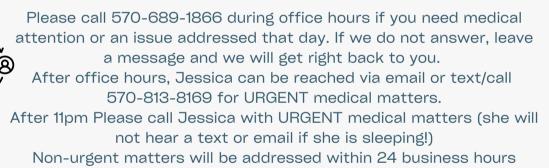
Monday 10-6 |Tuesday 10-4 | Wednesday 10-6 | Thursday: 10-6 | Friday: 10-3 Evening and weekend appointments are available upon request

#### Important Phone Numbers and Email



Office Hours: call/text 570-689-1866 After Hours: Call/text 570-813-8169 (this number is only for DPC patients) Email: jessicawashenko@gmailcom

#### **Communicating with Jessica and our** office staff



#### Appointments

~30 minutes for sick or routine follow up ~60 minutes for complete physicals, complex medical issues \*Because we offer 30-60 minute appointments, and we keep appointments available for members who need same day appointments, we appreciate your willingness to work with us to find an appointment time that works for all of us

#### Misc

~Results from testing will always be communicated to patients, whether normal or abnormal. If you do not hear from us within 1 week, please reach out to the office. ~All monthly membership fees are billed on the first of every month.

