

**2026 VAO/VAOF
JOINT ANNUAL MEETING**

***Beyond Straight Teeth:
Comprehensive Aesthetic
Guidelines for the Perfect
Orthodontic Smile***

Presented by
DR. TREVOR NICHOLS
Queen Creek, AZ

and

***Jaw Surgery Revolutionized:
Technology, Innovation, and the
New Era of Orthognathics***

Presented by
DR. DAVID ALFI
Houston, TX

and

***Optimizing Your Orthodontic
Practice: Technology for Clinical,
Operational, and Patient-Centered
Success***

Presented by
DR. LISA ALVETRO
Sidney, OH

FEBRUARY 27 – 28, 2026

***Richmond Marriott
Short Pump Hotel***

ABOUT THE SPEAKERS



TREVOR NICHOLS, DMD, MS

Dr. Trevor Nichols, an Arizona native and board-certified orthodontist, is celebrated globally for his transformative work and attention to aesthetic details. Following his undergraduate studies as valedictorian at Arizona State University, he excelled at the Arizona School for Dentistry and Oral Health where he earned his Doctorate in Dental Medicine and served as class president. Dr. Nichols then completed a residency and specialty training in Orthodontics and Dentofacial Orthopedics while obtaining a Master's in Orthodontics with a groundbreaking thesis on TMD. Since 2016, he has treated thousands of his own patients while simultaneously teaching his dynamic lectures on fixed orthodontics and clear aligners to orthodontists worldwide. Dr. Nichols has developed an innovative approach to objective, personalized orthodontic treatment with the creation of the Nichols Smile Score. He strongly believes his mission is about more than teeth it's about the people.

Beyond his impressive career, he cherishes his roles as a husband to Alyssa and father to their four boys. Rooted in faith and family, and with a strong passion for fitness, he inspires others with his philosophy that "the way you do anything is the way you do everything."

**Beyond Straight Teeth: Comprehensive
Aesthetic Guidelines for the Perfect
Orthodontic Smile**

A beautiful smile is more than straight teeth—it is harmony, proportion, and precision. This 2.5-hour session introduces the Nichols Smile Score (NSS), a comprehensive 10-point aesthetic system designed to evaluate and elevate orthodontic outcomes.

Dr. Trevor Nichols will walk participants through each element of the NSS, demonstrating how to recognize, measure, and refine the key components that define an extraordinary smile. While all 10 elements will be addressed, special emphasis will be placed on smile arc, smile width, and both hard and soft tissue contouring, highlighting practical finishing techniques that can transform good results into exceptional ones. With clinical protocols, before-and-after case studies, and practical assessment tools, this lecture will equip orthodontists with an objective framework to consistently deliver smiles that inspire confidence and embody aesthetic excellence..

Objectives:

-Master the 10 Elements of the Nichols Smile Score, and Understand and Apply the Complete NSS Framework:

1. Facial Profile + Lip Volume
2. Alignment + Contact
3. Smile Width
4. Smile Arc
5. Upper Tooth Position
6. Midlines
7. Occlusion
8. Tooth Shape + Proportion
9. Gum Display + Shape
10. Tooth Color
11. Bonus: Airway

-Prioritize the Key Drivers of Smile Aesthetics
-Apply Practical Finishing Techniques
-Develop a Consistent Evaluation Process
-Elevate Patient Outcomes and Satisfaction

ABOUT THE SPEAKERS



DAVID ALFI, DDS, MD, FACS

Dr. Alfi, a native of Los Angeles, discovered his passion for oral surgery at Columbia University, where he immersed himself in its multifaceted specialties. Following his residency, he joined Houston Methodist and Texas Children's Hospital, where he honed his skills as a full-scope surgeon and associate professor. Driven by a commitment to research and innovation, he established his private practice, introducing an airway-centric approach to surgical care. Pioneering the custom jaw surgery protocol, known as the Alfi Method, he emphasizes personalized treatment to optimize outcomes. With a focus on excellence and utilizing cutting-edge techniques, Dr. Alfi ensures comfort and confidence for every patient. Grateful for the opportunity to enhance lives through better health, he approaches each case with dedication and empathy.

**Jaw Surgery Revolutionized: Technology,
Innovation, and the New Era of Orthognathics**

The Jaw Surgery Revolution is transforming the treatment of sleep apnea with custom double jaw surgery, designed to precisely correct airway obstructions. By utilizing advanced technology, surgeons can perform a fully customized procedure in about an hour, significantly improving breathing function and overall health. This innovative approach not only enhances airway space but also provides long-term relief for sleep apnea patients, ensuring a safer, more efficient, and predictable outcome.

Objectives:

-Understand how custom double jaw surgery improves airway function and alleviates sleep apnea.
-Explore the role of advanced customization in making jaw surgery more precise and efficient.
-Learn about the benefits of a shorter, approximately one-hour surgical procedure.
-Examine real-world patient outcomes and success stories from this cutting-edge approach.

Program Schedule

Friday, February 27, 2026

7:00 am	Breakfast and Registration/Check-In
8:00 am	Introductions & Opening Remarks
8:15 am	Resident Presentations
8:45 am	Lecture – Dr. Trevor Nichols
10:00 am	Break
10:30 am	Lecture continued – Dr. Nichols
12:00 pm	VAO Lunch/VAOF Membership Mtg
12:45 pm	VAOF Lunch/VAO Membership Mtg
1:30 pm	Lecture – Dr. David Alfi
3:00 pm	Break
3:30 pm	Lecture continued – Dr. Alfi
4:45 pm	Q & A/Concluding Discussion
5:00 pm	Adjourn
6:45 pm	Reception

Saturday, February 28, 2026

7:00 am	Breakfast
8:00 am	Resident Presentations
8:30 am	Lecture – Dr. Lisa Alvetro
10:00 am	Break
10:30 am	Lecture continued – Dr. Alvetro
11:45 am	Q & A/Concluding Discussion
12:00 pm	VAOF Membership Meeting
12:30 pm	Adjourn (VAOF Board Meeting)

10.00 CE Hours



Virginia Orthodontic Education and Research Foundation
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3/1/2025 to 2/28/2029.
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ABOUT THE SPEAKERS



LISA A. ALVETRO, DDS, MSD

Dr. Lisa Alvetro has been a solo orthodontic practitioner in Sidney, Ohio for over 30 years. She received her D.D.S. summa cum laude from Ohio State University in 1991 and completed her orthodontic residency at Case Western Reserve University in 1993. She continues to be involved with the orthodontic department at CWRU as an associate clinical professor teaching both management strategies and digital orthodontic workflow and technologies. Considered an early adopter of technology, she and her team established the Alvetro 3D Lab in 2017. In her practice she utilizes the latest technological advances, including robotic wire bending for lingual bonded retainers, 3D printing, digital indirect bonding, automated aligner fabrication and digital workflows to provide her patients with the most effective care possible. She enjoys sharing her digital experience with colleagues and is often consulted as an industry expert.

Her dedication to the orthodontic profession has led her to lecture extensively throughout the United States and abroad since 2007. She currently works with various software and 3D printer companies as an advisor and evaluator.

A firm believer in the importance of giving back, Dr. Alvetro is viewed as a community resource supporting various local groups and agencies. She has also founded Smiles of Hope operating in the village of Nkende, Tanzania. She and her team also donate their resources and talents through the St. Jude Dental cooperative foundation in St. Lucia.

Optimizing Your Orthodontic Practice: Technology for Clinical, Operational, and Patient-Centered Success

Technology in orthodontics is more than just 3D printing and scanning. This course explores a wide range of tools—both industry-specific and general-purpose—that can enhance clinical efficiency, streamline operations, and improve the patient experience.

Topics include indirect bonding, practical workflows for direct-printed vs. thermoformed aligners, and efficient applications of 3D printing beyond models. Attendees will also discover time-saving apps, software, and systems that can transform communication, scheduling, and practice management. Special focus will be given to optimizing AI tools to enhance efficiency and accuracy in clinical and administrative tasks. Whether you're tech-savvy or just getting started, this course offers practical strategies to build a more innovative and efficient orthodontic practice.

Objectives:

- Identify and evaluate a variety of technologies—including indirect bonding systems, 3D printing workflows, and aligner fabrication methods—that can improve clinical efficiency.
- Explore AI tools that can enhance efficiency in documentation, scheduling, communication, and decision-making within the orthodontic practice.
- Discover non-orthodontic apps and software that can streamline practice operations and elevate the patient experience.

This course explores how orthodontic practices can leverage clinical technologies, AI tools, and general-purpose software to enhance efficiency, accuracy, and the overall patient experience.

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AND
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& ORTHODONTIC PARTNERS

VAO & VAOF

recommend lodging at

**Richmond Marriott
Short Pump Hotel**

4240 Dominion Blvd.
Glen Allen, VA 23060
(804) 965-9500 or (800) 228-9290

Virginia Orthodontic Foundation rates:

\$149 per night single or double
Other options are available.

DEADLINE 02/05/26