

Nutrients in Sea Moss

www.uniquely-blended.com



UNIQUELY BLENDED SEA MOSS

SEA MOSS SHOULD BE USED IN YOUR DAILY LIFESTYLE

Carbohydrate

Sugar fiber

Fat

Magnesium

Iron

Selenium

Potassium

Vitamin B2

Vitamin B9

Vitamin D

Vitamin E

Vitamin K

Benefits of Sea Moss for your skin

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- ✓ Sea moss is a great supplier of collagen which is good to keep our skin firm and supple.
- ✓ The content of collagen in sea moss enables this natural ingredient to quickly recover wounds.
- ✓ Use of sea moss for the skin can also prevent some skin problems such psoriasis, eczema, sunburn, and rashes.
- ✓ Sea moss gel leaves the skin very moisturized, gently exfoliated, and clarified.
- ✓ Sea Moss contains essential minerals and vitamins that do wonders when applied on the skin.
- ✓ Being a source of zinc and organified silver, Sea moss has also been the source of some great properties for helping to reduce the presence of acne.

Benefits of Sea Moss

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SEA MOSS SHOULD BE USED IN YOUR DAILY LIFESTYLE

- ✓ Treat anemia
- ✓ Detoxifying property
- ✓ Boost energy
- ✓ Treat thyroid disorder
- ✓ Relieve flu
- ✓ Relieve asthma
- ✓ Improve mental health
- ✓ Effectively treat wound
- ✓ Natural pain killer
- ✓ Good for cancer treatment
- ✓ Good for Skin