

ELDERBERRY BENEFITS

- Helps with Weight Loss
- Boost Immune System
- Reduces appearance of age spots and wrinkles
- Eliminates Constipation
- Boost Gatrointestinal System
- Alleviates Respiratory conditions
- Promotes Bone strength
- Help relieve Nasal Congestion
- High in Vitamin A, B, C and Potassium
- Natural support for Arthritis
- Potent Anti-cancer
- Provides Dietary Fiber
- Increase white blood cells
- Provides Iron