

- Lessens risk of Hypertension
- Reduces blood clotting
- Rich in Vitamin C, and fights lots of diseases
- Boost Immunity
- Maintains good eye health
- Cures constipation
- Prevents plaque and keeps teeth healthy
- Manages Arthritis
- Prevents coughs and colds
- Good for Digestion and fights digestive disorders
- Enhances blood circulation
- Relieves Sinusitis
- Accelerates Wound Healing
- Strengthens Bones

