



UNIQUELY BLENDED SEA MOSS

SEA MOSS SHOULD BE USED IN YOUR DAILY LIFESTYLE

## HONEY BENEFITS

- Honey is a natural antibacterial and antimicrobial agent
- Antioxidants in It Can Help Lower Blood Pressure
- Honey Also Helps Improve Cholesterol
- Honey Can Lower Triglycerides
- Antioxidants in It Are Linked to Other Beneficial Effects on Heart Health
- Soothe coughs and sore throats
- Prevent cancer and heart disease
- Increase athletic performance
- Wound-healing effects
- Helping with symptoms of diarrhea
- Contains Nutrients

