

AKWAABA



As low as \$370
per month
for 14 mos.



Back to Ghana 2024 Tour!

September 11-22, 2024

10 nights & 11 days!

Cost per person: \$5,433 Double Occupancy
(Single Occupancy \$6653)

Nonrefundable/Nontransferable Deposit of \$500 is due at booking to secure your space
Second Deposit of \$1,500.00 pp is due Nov. 11/2023 / FINAL Payment is due: Jun. 05, 2024!

Cancel Terms: \$500 initial deposit is nonrefundable/nontransferable – \$2000 Penalty starts Jan. 10/2024 and under full penalty Jul 09/2024

Optional monthly payment plan available: \$370. Per person per month, double occ., (\$460 single occ.) May 2023 thru June 2024

For information on Ghana entry requirements, please visit, <https://ghanaembassydc.org/entryrequirements/>

PACKAGE INCLUDES: R/T Air from Dulles International (IAD) to Accra Ghana, R/T Transfers, SFC & DLX Hotel accommodations, Breakfast & Dinner Daily, Air Conditioned Motor Coaches * Listed Escorted Tours w/ English speaking tour guides. Highlights at a glance: * Ghana's historical sites to include, Cape Coast & Elmina Slave Castles * The Last Bath * W.E.B Dubois Center * Ancestral home of Louis Armstrong * Visit OSU Orphanage & Attend the Akwasidae Festival * Naming Ceremony * African Market Places and lots more! **Not Included:** Ghana Visa-\$100, apply online thru the Ghana Embassy, Travel Protection Insurance, and any 2024 Airline fuel or tax increases (We will notify you in advance if this happens), Transportation to/from Dulles Airport, Passport, Tipping (suggested amount \$12 per person, per day = \$132 and will be collected upon arrival in Ghana), things of personal nature and meals not mentioned. **"Yellow Fever" Immunization Is Required!** Recommended Immunizations... see immunization chart provided below.

(Prices, Schedules & Itinerary are subject to change without notice)

Trip Code: BGCST/24

Travel arrangements by:  **Champion Services Travel**

P O Box 44140, Fort Washington, MD. 20749 (301) 686-0970 office (301) 686-9000 fax www.all4champion.com



Ghana Tour Itinerary

Day 1 Wednesday Sept. 11 – US Departure

Depart the US FOR AN OVERNIGHT FLIGHT TO ACCRA GHANA on SAA (Flight Schedules for 2020 will be presented at a later date)

Day 2 Thursday Sept. 12 - ARRIVE IN ACCRA

Upon arrival at Kotoka International Airport, proceed through immigration, claim luggage and clear Custom procedures, exit and meet our expert Cultural Tour guide. We will enjoy an introductory tour of Accra before transfer to our hotel. We will stop at the Accra mall briefly to change money/have lunch (on your own account), drive past the Flagstaff House, Ghana's White House on our way to where Ghana hosts most of her national ceremonies and you will also see the enclosed flame of African liberation, which was lit by Dr. Kwame Nkrumah in 1961. Transfer to your hotel; check in, unpack, refresh and prepare for a heartwarming welcome dinner. **Labadi Beach Hotel- Meal Included: Welcome Dinner**

Day 3 Friday Sept. 13 - ACCRA AND VICINITY

After a refreshing night sleep and a sumptuous breakfast at the hotel; our first full day in Accra will be spent immersing ourselves in the history and day to day life of the people of Accra. **Labadi Beach Hotel**

Highlights today include:

- **Independence Square**, see the enclosed flame of African liberation, which was lit by Dr. Kwame Nkrumah in 1961.
- We will drive past the US Embassy to visit the **W.E.B DuBois Centre** honoring the life of the prominent Pan-Africanist who chose to live and work in Ghana
- **The Kwame Nkrumah Memorial Park**, final resting place of Ghana's first president. Set in attractive gardens, there is an adjoining museum, which contains photos, artifacts and an insight into Dr. Nkrumah's life. Adjoining the park is the National Cultural Center, which is Ghana's largest outdoor arts and crafts market selling traditional crafts from all over West Africa.
- **James Town**—one of Accra's most historic neighborhoods, where history resides on every corner. Best known for its lighthouses (the first of which was constructed in 1875 by the British) as a navigational aid for trading vessels sailing through the Gulf of Guinea. The original structure was ruined but a larger and more improved lighthouse completed in 1921 is still functioning today.
- Visit **Christie Brown**, an exciting Fashion Boutique in OSU. This high design store is a sophisticated shopping avenue for people with an eye for the stylish things in life and you can browse premium clothing and accessories. Christie Brown specializes in incorporating African prints into wearable high-street trends

We may decide to have a sumptuous dinner at a local restaurant outside the hotel. Breakfast & Dinner

Day 4 Saturday Sept. 14 – ACCRA / KUMASI

After breakfast, drive through the forest zone to Kumasi, the seat of the Ashanti Empire to explore the legends of the famous Ashanti's, whose legacies are still evident today with a stop at the following craft villages...

- The Woodcarving village of Ahwiaa, known for the talented craftsmen who fashion Royal Stools, walking sticks and Fertility Dolls from wood; with the opportunity to purchase hand carved items of all kinds.
- The village of Ntonso where the Artisans hand-stamp patterns on Cotton cloth to make Adinkra textiles. Black-on-Black and Black-on-Red Adinkra cloth is worn for funerals and other solemn occasions; learn how the Black Dye is made in the village from the bark of trees and creates your own Adinkra sash to take home. You may purchase large pieces of the Adinkra Cloth handmade in the village.
- Our final village will be Adanwomase, where the Famous Kente Cloth is handmade on looms in a time-honored tradition passed down through generations. See the Kente Weavers in the process of creating Kente Cloth in various styles and have the opportunity of making purchases

Arrive Kumasi, will surprise you, being the most dynamic marketplace in West Africa and the second largest city in Ghana with a population of almost three million. It is a vibrant commercial center, visited by traders from all over. Kumasi has quite a collection of British colonial buildings and it is the heart of the Ashanti culture. Enjoy a drive through the city with monuments dedicated to the memory of the great Ashanti people. **Lancaster Kumasi City Hotel Meal(s) Included: Breakfast & Dinner**



Day 5 Sunday Sept. 15 - KUMASI & ITS VICINITY (AKWASIDAE FESTIVAL)

In the company of your experienced tour guide, you will join the celebration of Akwasidae Festival; the pomp and pageantry of the Ashanti Kingdom. The King riding in a palanquin and adorned with all his gold ornaments comes out to receive the homage of his sub-chiefs and people, it is a spectacular sight to watch the colorful canopies and umbrellas, the skillful drummers, dancers, horn-blowers and praise-singers at these regular festivals, held in honor of their ancestral spirits. Later we spend time in and around Kumasi, first visiting the Manhyia Palace Museum to obtain firsthand information on the legacies of the Ashanti kingdom, a regal history that dates back to 1700 and is told with relics and artifacts.

Our day ends at the National Cultural Center which features the Prempeh II Jubilee Museum and various studios of brass makers, potters and batik makers. At the cultural center, we will see exquisite wood carvings, traditional arts and crafts.

Lancaster Kumasi City Hotel - Breakfast & Dinner



Day 6 Monday Sept. 16 - KUMASI – CAPE COAST & ELMINA

Today we depart for the Cape Coast; enroute, you will stop at Assin Manso, the burial site of two former slaves from the U.S and Jamaica whose remains were re-interred here. Visit the "Slave River" where captured Africans were washed before being confined in the Slave Castles to await shipment to the Americas and Caribbean.



Upon arrival we embark on a tour of the infamous Forts, Castles and Slave Dungeons of Ghana. History will unfold the story of the slave trade which the impact is still felt beyond the shores of Africa today.

The castle is a thought-provoking monument to a harrowing period in the region's history. You will take an emotional journey through the castle

which held more enslaved Africans than any other in the region, viewing the dungeons and the infamous "Door of no return". There is a significant historical museum inside, which explains the history of the castle and of Cape Coast itself. You can purchase literature on Ghana's forts and castles, as well as the cultural history and traditions of Ghana.



Transfer to your hotel in Elmina; rest of the evening is free. **Ridge Royal Hotel Meal(s) Included: Breakfast & Dinner**

Day 7 Tuesday Sept. 17 – ELMINA

After breakfast and at a leisure pace, we visit the Elmina Castle built by the Portuguese in 1482 and is also known as St. George's Castle. This castle was the first European structure built in Sub-Saharan Africa. The colorful harbor nestled below the Elmina Castle, full of pirogues preparing to go to sea offers one of West Africa's greatest photo opportunities. Transfer to your hotel; dinner and leisure time.

This evening there is a "Fihankra" ceremony which seeks to reconnect people of African descent, who have been lost due to the transatlantic slave trade, to the motherland. This ceremony reconnects returnees with the cultural and spiritual ties that had been denied them for centuries. The final part of Fihankra includes a naming ceremony. Dinner tonight is at your hotel.

Ridge Royal Hotel- Meal(s) Included: Breakfast & Dinner



Day 8 Wednesday Sept. 18 - ELMINA-KAKUM-ELMINA

Early morning departure for a drive through the historic Denkyira Kingdom to Kakum National Park, one of West Africa's surviving tropical rain forests. Extending over 360sq km, Kakum is the home to over 40 large mammals and 400 bird species as well as many species of butterflies, flora and fauna. The most popular attraction is the canopy walkway, which is made up of seven bridges extending 330m, hanging 30m above the forest floor. Choose between a 2 km nature walk through this forest to discover the wide variety of exotic floral species and the medicinal values they offer or take a walk on the canopy walkway.



After lunch (on your own account), embark on a guided walking tour of Elmina, which was the first point of European contact in Sub-Saharan Africa. It was once the most cosmopolitan city in Tropical Africa. Climb the Jago Hill to Fort Saint Jargo, which was used by the Dutch as a post to snatch the Elmina Castle from the Portuguese. You will be thrilled by the various Colonial Dutch Cemeteries as well as the colorful Safo (Fante Traditional Soldiers) posts with their philosophical symbols. At the harbor view the colorful fishing canoes getting ready to go to sea for another night's task of fishing. This is a picture-perfect opportunity for photographers. **Royal Senchi Hotel - Meal(s) Included: Breakfast & Dinner**

Day 9 Thursday Sept. 19 - AKOSOMBO | TORGORME | AKOSOMBO

Following a leisure breakfast, depart for scenic drive to **Torgorme**, a beautiful village located on the course of the splendid Volta River. We will have the opportunity to pay a courtesy call on the paramount chief and elders amidst traditional drumming and dancing by the villagers. Here you will participate in a traditional celebration and a demonstration of pottery making which is the main occupation of the women in the village and you can try your hand at the craft.

We continue on a scenic drive to Krobo Odumase to observe the intriguing bead making process at the **Cedi Bead Factory**. Watch the centuries old process of bead making from start to finish. Return to your hotel and relax. Enjoy the calm of the lake and bask in the beauty of the mountain scenery and surrounding. There are variety of leisure activities at this resort to enjoy.

Meal(s) Included: Breakfast & Dinner [Royal Senchi Hotel](#)

Day 10 Friday Sept. 20 – AKOSOMBO / ACCRA

After a leisure morning at the hotel, you will depart Akosombo to Accra. Upon arrival in Accra, visit the Arts and Crafts market, Ghana's largest outdoor arts and crafts market selling traditional crafts from all over West Africa. Here, you could test your bargaining and trading skills against the vendors or visit one of Ghana's best-known fabric stores where there is a wide selection of African fabrics. After returning to your hotel with the great bargains you have secured, refresh and relax before this evening's farewell dinner. **Meal(s) Included: Breakfast & Farewell Dinner -** [Labadi Beach Hotel](#)

Day 11 Saturday Sept. 21 - ACCRA

Today is at leisure but with the assistance of your driver and guide; decide on your excursions and activities. Visit the sites in Accra and vicinity that you have not yet seen or just relax for the day if you wish. Late transfer to the airport in time to catch your departure flight home. **Meal(s) Included: Breakfast**



DAY 12 MONDAY SEPT. 22, 2024

ARRIVE HOME EARLY MORNING WITH GREAT MEMORIES TO SHARE- Arrival time, estimated 6am

TAKE A PEEK AT OUR HOTELS ON-LINE

LABADI BEACH HOTEL - <https://www.legacyhotels.co.za/hotels/labadi-beach-hotel>

LANCASTER KUMASI HOTEL – <https://lanasterkumasicity.com/>

RIDGE ROYAL HOTEL – <https://ridgeroyalhotel.com.gh/>

ROYAL SENCHI HOTEL - <https://www.theroyalsenchi.com/>



LABADI BEACH HOTEL



LANCASTER CITY HOTEL



RIDGE ROYAL HOTEL



ROYAL SENCHI HOTEL

BACK TO GHANA 2022 TOUR

Payment Schedule: Not adhering to the payment schedule can result in late payment penalties, cancellation without notice and/or rate increases.

- \$500 per person non-refundable deposit - Due at the time of booking to reserve your space
- \$1500 second deposit balance after initial deposit – Due by November 11, 2023 (if booking for the first time at this date a total payment of \$2000 is due at the time of booking)
- Full and final payment is due by June 05, 2024
- ALL PAYMENTS ARE MADE PAYABLE TO CHAMPION SERVICES TRAVEL OR CST. Mailing address; PO Box 44140, FT. Washington, MD. 20749 (No faxed Registration & Passport Copies Please) WALK-INS ARE NOT ALLOWED
- **Optional monthly payment plan available: \$370. Per person per month, double occ., (\$460 single occ.) May 2023 thru June 2024**

Cancellation:

- \$500 Initial Deposit is Nonrefundable and Nontransferable
- 100% of the (\$2000) deposit is nonrefundable if canceled - on or before January 10, 2024
- 100% of the total package price is non-refundable if canceled - on or after July 09, 2024 including No-Show

We must receive your cancellation notice with your signature in writing by mail, email or overnight courier, and your cancellation date will be the date we receive your notice. Your decision not to participate on the Tour due to State Department warnings, fear of travel, or the like will be deemed a cancellation. If a flight you organized or other delay for any reason prevents you from joining the Tour on the Tour start date, you will be considered a no-show, and we cannot provide a full or partial refund or credit toward a future Tour, but you may join the Tour late if you wish. **We would like to inform you that any changes or interruptions to your scheduled events or tours due to weather conditions may not automatically entitle you to a refund. Refunds in such cases are subject to the discretion of the destination operator.**

Price Details:

\$5433 per person based on double occupancy / \$6653 based on a single room (*Upgrades for Air and or Hotel, please contact agency. Based on availability*) Payments made payable to: CHAMPION SERVICES TRAVEL OR CST. Mail to: PO Box 44140, Fort Washington, MD. 20749

Description: Include number of nights, Package inclusions, Departure city, Dates of travel

Round Trip International Air (Coach) from Dulles Intl. to Accra, Ghana, hotel/resort accommodations, 11 days in Ghana, breakfast & diner daily and other meals indicated in itinerary, airport transfers, selected tours per itinerary. **Not Included:** Ghana Visa (\$100), Vaccines, Tour Guide & Driver Gratuity, Meals not mentioned, Travel Protection Insurance and things of a personal nature. Tipping will be collected upon entry in Ghana at first hotel by a CST Rep. (Suggested amount \$12 pp-pd = \$132), 2022 Airline taxes and fees are subject to change per industry; you will be notified when CST is notified. Please note with group bookings preferred air seating selections are not guaranteed. *Business Class Air upgrade starts at \$4,000 pp in addition to this tour package price; see agent for details.*

☐ **By checking this box, and submitting your tour registration, you acknowledge that you have read and agree to our Terms and Conditions of booking, which are located at: www.all4champion.com - I AGREE TO PAY THE ABOVE TOTAL AMOUNT ACCORDING TO THE PARTICIPANT AGREEMENT. For information on Ghana entry requirements, please visit, <https://ghanaembassydc.org/entryrequirements/>**

Name: _____ (EXACTLY as is on your Passport) Male ___ Female ___ Trip Code: **BGCST/24**

Address: _____ City: _____ ST: _____ Zip: _____

Home Ph: _____ Cell: _____ Air Seat Prefer: _____

Email: _____ Passport #1: _____

Rooming with: _____ M ___ F ___ Sharing same invoice: yes ___ / no ___
(Passport # for 2nd person only if sharing the same invoice)

Traveler 1 DOB: ____/____/____ Traveler 2 DOB: ____/____/____ Passport #2 _____

Seeking a roommate: Yes ___ No ___ (CST is not responsible for providing a roommate) Form of Payment: CC ___ CK ___ MO ___ CCK ___ Zelle ___

Contact our office for Zell Payments - Credit Card payments will be charged a 3.3% processing fee.

Special Medical or Dietary Needs: _____ (Some needs may not be accommodated)

In case of an emergency, please contact: Name: _____ Phone: _____

FF# _____ TSA Priority Check-In # _____ Global #: _____ Charge my credit card:

\$ _____ per request CC#: _____ Name on CC: _____

Exp. Date: ____/____/____ SC _____ Please Print Signatory Name: _____

X _____ Signature Please. Date: _____ CC Mailing address if different from above: _____

EACH REGISTERED GUEST MUST SUBMIT 1 PASSPORT COPY TO Champion Services Travel (NO FAXED COPY PLEASE!)

CST (301) 686-0970 – all4champion.com
cchamp154@comcast.net

COST: \$5,225 per person, double occupancy plus any 2024 Airline Fuel/Tax increase (Single Supplement \$6445)
Triple & Quad accommodations are not accepted. Pricing, Schedules & Itinerary may change without notice per the industry!
 Optional monthly payment plan available: \$370. Per person per month, double occ., (\$460 single occ.) May 2023 thru June 2024 *14/Payments

Included

- Coach class roundtrip airfare from IAD to Accra
- Meeting and assistance upon arrival and departure
- Roundtrip airport/hotel private transfers
- Hotel accommodation in the indicated properties
- Transportation in private A/C vehicles
- Experienced English Speaking Tour Guide
- Admission to listed sites and events
- Breakfast & Dinner Daily (some beverages may not be included with meals)
 - Bottled water on tour days

Not included

- Cost for Passport, Visa, (Ghana Visa \$100) and Vaccines
- Meals not listed and beverages (extra bottled water can be purchased at a min fee; our guide will make provisions)
- Gratuity/Tipping to driver, guide and hotel staff (estimated \$132 per person and will be collected upon arrival)
- Electrical International Adaptor -- you can purchase an international adaptor which works for most countries
 - Travel Protection Insurance

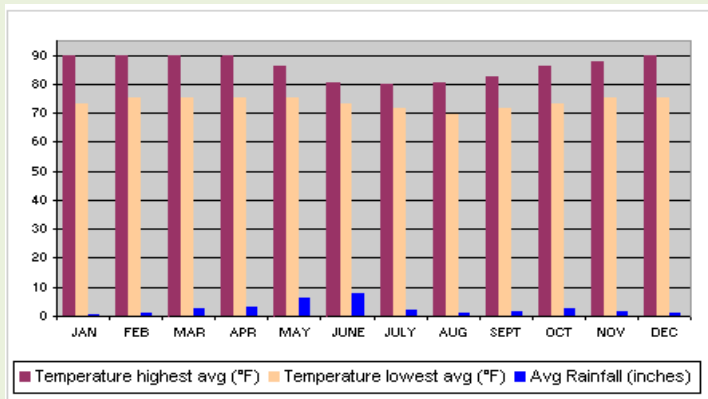
Travel Protection Insurance is MANDATORY You have the option to visit our website for a FREE Quote and to purchase - www.all4champion.com OR shop the internet to compare costs and benefits.

Immunization Summary of requirements & recommendations:

All travelers should visit either their personal physician or a [travel health clinic](#) at least 3mos. before departure. **Malaria:** Â Prophylaxis with Lariam (mefloquine), Malarone (atovaquone/proguanil), or doxycycline is recommended for all areas. CST can recommend a travel health clinic.

Hepatitis A	Recommended for all travelers
Typhoid	Recommended for all travelers
Yellow Fever	Required for all travelers
Meningococcus	Recommended during the dry season (November through June)
Polio	One-time booster recommended for any adult traveler who completed the childhood series but never had polio vaccine as an adult
Hepatitis B	Recommended for all travelers
Rabies	For travelers spending a lot of time outdoors, or at high risk for animal bites, or involved in any activities that might bring them into direct contact with bats
Measles, mumps, rubella (MMR)	Two doses recommended for all travelers born after 1956, if not previously given
Tetanus-diphtheria	Revaccination recommended every 10 years
Malaria	Recommended to take prescription medicine before, during, and after your trip to prevent malaria. Your doctor can help you decide which medicine is right for you, and also talk to you about other steps you can take to prevent malaria

Weather Chart Ghana



Document distribution & orientation: Meeting approximately 2 weeks prior to departure.

Pricing, schedules and itinerary are subject to change without notice!

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cchamp154@comcast.net

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Visa purchase: Visa purchase must be submitted to the Ghana Embassy 1-2 months prior to departure; Cost for Ghana Visa is \$100. CST will provide information and updates as needed.

Luggage: You may be allowed 2 checked bags weighing no more than 50lbs each and 1 carry-on per the Airlines, and a purse or backpack; however, because Ghana Motor Coaches have limited storage; we encourage you to check only 1 piece of luggage so pack lightly and leave room for shopping. We will discuss a more detailed packing instruction during our orientation.

Packing: Warm to hot weather; pack lightly with Spring & Summer interchangeable outfits. Remember to take along personal items needed daily, e.g., camera, sun/reading glasses, comfortable walking shoes, socks, hat, and medicines. Pack a couple of washcloths, some hotels may not supply them, or may be limited. Pack all liquid items more than 3oz in your checked bags

Country Time Zone: Ghana -- 5 hours ahead of US-Eastern Standard Time

Carrying Money: It is the personal choice of each traveler to carry the amount of money you wish for meals not mentioned in itinerary, shopping, etc.; recommendation- minimum \$50 per person per day should be sufficient, only a suggestion; you may wish to spend more or less. *Most major credit cards are accepted in establishments.*

Money Exchange: The Currency in Ghana is the Cedi. It is best to change your US Dollars in-country, i.e., US\$ to Cedi (Ghana). This is easy to arrange in Ghana. You can visit CST website to follow the exchange rates that change frequently. When exchanging money upon arrival, make sure that you have clean, crisp bills no younger than 2010 year/may change Exchanging traveler's checks **can** be difficult in W. Africa.

Using your Credit Card: When it's possible to pay for goods and services by credit card, MasterCard and Visa are accepted. Rarely is the **American Express & Discover Card accepted. It is highly recommended to use CASH.**

Eating food & Drinking water in Ghana: Most foods in Ghana are safe to eat, especially the cooked foods, peeled fruits & vegetables. Uncooked foods, like salads, are not recommended because the leaves are washed in local tap water. Drink only bottled water. We will provide bottled water during touring time. Bottled water is also widely available throughout the county. You can brush your teeth with tap water; however, we suggest using bottled water.

Extra Spending Money:

- Meals not included in itinerary, average \$15 & up depending on selection and location, however, the breakfast & dinner buffets are so full and plentiful, rarely will you need to spend monies on lunch. We will brief you before travel on how to save.
- Shopping & personal purchases are at your own discretion
- Extra pieces of luggage outside of the allowed can be costly.

Phone Adapters & Power Converters: Do I need Power Adapters (USA to Ghana)? Yes, Electrical Power Specifications in Ghana; the power sockets are of type D and G. 230V supply voltage and 50Hz.

Make sure to invest in a Universal Adaptor; can be purchased at most Walmart, Staples and or most electronic stores. The cost is minimal.

Socket Type:



International Adaptor Samples:



How do I dial an International Phone Number from the USA? *(This information is best left for your family at home)*

Ghana Country Code: +233, then the number provided –

Your Cell Phone: You may be able to use your own cell phone. Check with you cell phone provided for information on international plans, activation, and per minute rates. FYI: there is an “AP” that is also FREE, called WhatsApp Messenger. It allows to you message and call friends and family. Cell phone to cell phone... you and your loved ones will have to download this app to your cell phone to communicate. Check it out. Facebook also allows you to communicate for free, and even do face-time!

NOTE: For information on Ghana entry requirements, please visit, <https://ghanaembassydc.org/entryrequirements/>

KNOW-B-4-U-GO Updates & Notices will continue to updated as changes occur.