



Ghana Tour Itinerary

Day 1 Wednesday Sept. 16 – US Departure

Depart the US FOR AN OVERNIGHT FLIGHT TO ACCRA GHANA from Washington Dulles International Airport (IAD) Schedules TBA

Day 2 Thursday Sept. 17 - ARRIVE IN ACCRA

Upon arrival at Kotoka International Airport, proceed through immigration, claim luggage and clear Custom procedures, exit and meet our expert Cultural Tour guide. We will enjoy an introductory tour of Accra before transfer to our hotel. We may stop at the Accra mall briefly to change money/have lunch (on your own account), drive past the Flagstaff House, Ghana's White House on our way to where Ghana hosts most of her national ceremonies and you will also see the enclosed flame of African liberation, which was lit by Dr. Kwame Nkrumah in 1961. Transfer to your hotel; check in, unpack, refresh and prepare for a heartwarming welcome dinner. Today we will arrange to have seamstress visit us at the hotel to take measurements for custom made African Clothing. ***Labadi Beach Hotel- Meal Included: Welcome Dinner***

Day 3 Friday Sept. 18 - ACCRA AND VICINITY

After a refreshing night sleep and a sumptuous breakfast at the hotel; our first full day in Accra will be spent immersing ourselves in the history and day to day life of the people of Accra. ***Labadi Beach Hotel***

Highlights today include:

Following a leisure breakfast, we step out for an introductory tour of Accra, a bustling city which has a blend of modern and colonial times structures and come alive with the daily activities of the local people.

We have exciting activities and visits lined up for the day as follows:

- Visit the **W.E.B Du Bois Centre** honoring the life of the prominent Pan-Africanist who chose to live and work in Ghana.
- We will visit the newly renovated **Kwame Nkrumah Memorial Park** for the first President of Ghana - Dr. Osagyefo Kwame Nkrumah. The 5.4-acre facility – which was built in 1992 to honor, promote and preserve the legacies of Dr. Kwame Nkrumah.
- Adjoining the memorial park is the **Accra Arts & Crafts Centre**. How about trying out your bargaining skills at the largest open market in Accra whiles you shop for locally produced unique traditional handicrafts such as woven Kente cloths, sculptures, carvings, leather bags, jewelry, beads, African attire, and woven basket.
- Enjoy a guided tour at the **Independence Square** where Ghana hosts most of her national ceremonies as well as take monumental photos at the **Black Star Square**.

While you savor your meal and sway to the music, our professional tailors and seamstresses will be available to take your measurements for custom-made outfits. Breakfast & Dinner

Day 4 Saturday Sept. 19 – ACCRA / KUMASI

After breakfast, drive through the forest zone to Kumasi, the seat of the Ashanti Empire to explore the legends of the famous Ashantis, whose legacies are still evident today.

Arrive in Kumasi late afternoon and visit **Manhyia Palace**, the official residence of Ashanti Kings (Asantehene) until 1974, now a museum relating to the Ashanti Region. Time permitting, we shall visit the nearby Okomfo Anokye Sword site, an important symbol of Ashanti Unity that marks the spot when the Golden Stool “descended from the sky” and has been in place for 300 years.

Legend says the Ashanti Kingdom would collapse should the sword ever be revoked. Transfer to the hotel for overnight'; the rest of the evening at leisure. **Breakfast, Dinner *Lancaster Kumasi City Hotel***

Day 5 Sunday Sept. 20 - KUMASI | CRAFTS VILLAGES

Following breakfast, we make our way to the Ashanti Craft villages in the lush countryside. We visit **Adanwomase Kente Village** will be our first craft village where we'll see how the famous Kente Cloth is handmade on looms in a time-honored tradition passed down through generations. See the Kente styles and the opportunity to make purchases. We may pay a courtesy call to the paramount chief of this community.

We will continue to the **village of Ntonso** where Artisans hand-stamp patterns on Cotton cloth to make Adinkra Textiles. Black-on-Black and Black-on-Red Adinkra Cloth is worn for funerals and other solemn occasions; learn how the Black Dye is made in the village from the bark of trees and create your own Adinkra sash to take home. You may also purchase large pieces of the Adinkra Cloth handmade in the village. Transfer to your hotel for your check in; evening at leisure. ***Lancaster Kumasi City Hotel - Breakfast & Dinner***

Day 6 Monday Sept. 21 - KUMASI | ASSIN MANSO | CAPE COAST | ELMINA

After breakfast, drive to Cape Coast, which has played a very significant role in the Transatlantic Slave trade. We make a stop on the way to visit **Assin Manso Slave River or "Donkor Nsuo"**, the burial site of two former slaves from the U.S. and Jamaica whose remains were re-interred in August 1998 during Ghana's first Emancipation Day celebration. You will see the 'Slave River' where captured Africans were washed before being confined in the Slave castles to await shipment to the Americas and the Caribbean.



Arrive Cape Coast in time for lunch; we visit **Cape Coast castle**, a UNESCO world heritage site. The castle is a thought-provoking monument to a harrowing period in the region's history. You will take an emotional journey through the castle which held more enslaved Africans than any other in the region, viewing the dungeons and the infamous "Door of no



return". There is a significant historical museum inside, which explains the history of the castle and of Cape Coast itself. You can purchase literature on Ghana's forts and castles, as well as the cultural history and traditions of Ghana.

Ridge Royal Hotel - Breakfast & Dinner

Day 7 Tuesday Sept. 22 – ELMINA | KAKUM | ELMINA (Optional Swing Bridge Walk - \$35)

After breakfast check-out and return to Accra. You will decide on your departure time with the assistance of your tour guide. You can collaborate with your tour guide to arrange an optional visit to **Kakum National Park (at your own expense)**, one of Ghana's premier wildlife reserves. Begin with a guided walk along the forest floor, offering opportunities to observe diverse bird species, vibrant butterflies, and possibly spot some of the park's over 40 mammal species, including monkeys and the rare forest elephant. Experience the iconic Kakum Canopy Walkway, the only treetop walkway in Africa. This 1,000-foot-long structure, suspended across seven bridges, provides breathtaking views from platforms over 150 feet above the forest floor—a must-see for nature enthusiasts.



In the afternoon, we will visit the Elmina Castle built by the Portuguese in 1482 and is also known as St. George's Castle. This castle was the first European structure built in Sub-Saharan Africa. The colorful harbor nestled below the Elmina Castle, full of pirogues preparing to go to sea offers one of West Africa's greatest photo opportunities. We continue with a **"Fihankra" ceremony** which seeks to reconnect people of African descent, who have been lost due to the transatlantic slave trade, to the motherland. This ceremony reconnects returnees with the cultural and spiritual ties that had been denied them for centuries. The final part of Fihankra includes a **naming ceremony**. This is a beautiful ceremony with a durbar of chiefs, traditional drumming and dancing and you receive a traditional African Name. Recommended attire for today's ceremonies is **All WHITE**. ***Ridge Royal Hotel-***

Breakfast & Dinner

Day 8 Wednesday Sept. 23 - ELMINA | AKOSOMBO

Following breakfast, we depart further east to Akosombo. Arrive Akosombo later afternoon. Check-in and prepare for dinner. The rest of the evening is at leisure. ***Royal Senchi Hotel - Breakfast & Dinner***

Day 9 Thursday Sept. 24 - AKOSOMBO | AKOSOMBO

A full day at leisure. You can relax by the hotel's beautiful pool and enjoy their warm guest services or take in the stunning views of Volta Lake while cruising. A professional captain will guide you on an unforgettable boat trip along the Volta River. ***Breakfast & Dinner Royal Senchi Hotel***



Day 10 Friday Sept. 25 – AKOSOMBO / ACCRA

After breakfast you will check out and make your way back to Accra. Enroute, you will make a brief stop at Krobo Odumase to witness the firsthand experience of beads made from specially crafted glasses - **Cedi Beads Factory**. We will have the opportunity to design our own beads using the traditional Krobo technique. The bead-making craft has a long history in Ghana. Beads



have been used in ceremonies of birth, coming of age, marriage, or death for the past 400 years. You will watch and participate in the whole bead-making process from beginning to end.

After the demonstration, you can purchase a wide selection of beads that have been made here onsite. From here, you will continue to Accra. Tonight, enjoy a specially arranged farewell dinner with entertainment. Wear your newly tailored African clothing. ***Breakfast & Farewell Dinner - Labadi Beach Hotel***



Day 11 Saturday Sept. 26 - ACCRA

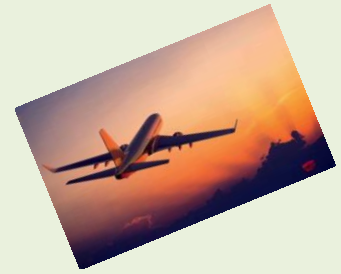
Today is at leisure but with the assistance of your driver and guide; decide on your excursions and activities. Visit the sites in Accra and vicinity that you have not yet seen.

Transfer to the airport in time to catch your departure flight home. **Breakfast**

DAY 12 SUNDAY SEPT. 27, 2026

ARRIVE HOME EARLY MORNING WITH GREAT MEMORIES TO SHARE- Arrival time, estimated 6 am.

Meals in-flight



TAKE A PEEK AT OUR HOTELS ON-LINE

LABADI BEACH HOTEL - [HTTPS://WWW.LEGACYHOTELS.CO.ZA/HOTELS/LABADI-BEACH-HOTEL](https://www.legacyhotels.co.za/hotels/labadi-beach-hotel)

LANCASTER KUMASI HOTEL – [HTTPS://LANCASTERKUMASICITY.COM/](https://lanasterkumasicity.com/)

RIDGE ROYAL HOTEL – [HTTPS://RIDGEROYALHOTEL.COM.GH/](https://ridgeroyalhotel.com.gh/)

ROYAL SENCHI HOTEL - [Https://Www.Theroyalsenchi.Com/](https://www.theroyalsenchi.com/)



LABADI BEACH HOTEL



LANCASTER CITY HOTEL

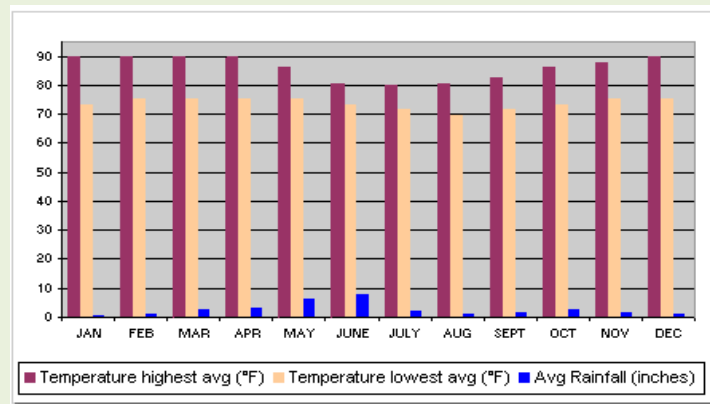


RIDGE ROYAL HOTEL



ROYAL SENCHI HOTEL

Weather Chart Ghana



COST: \$5,975 per person, double occupancy plus any 2026 Airline Fuel/Tax increase (Single Supplement \$7205)

Triple & Quad accommodations are not accepted. Pricing, Schedules & Itinerary may change without notice per the industry!

Optional monthly payment plan available: \$370. Per person per month, double occ., (\$460 single occ.) April 2025 thru June 2026 "15 Payments"

Included

- Coach class roundtrip airfare from IAD to Accra
- Meeting and assistance upon arrival and departure
- Roundtrip airport/hotel private transfers
- Hotel accommodation in the indicated properties
- Transportation in private A/C vehicles
- Experienced English Speaking Tour Guide
- Admission to listed sites and events
- Breakfast & Dinner Daily (some beverages may not be included with meals)
 - Bottled water on tour days

Not included

- Cost for Passport, Visa, (Ghana Visa \$100) and Vaccines
- Meals not listed and beverages (extra bottled water can be purchased at a min fee; our guide will make provisions)
- Gratuity/Tipping to driver, guide and hotel staff (estimated \$150 per person and will be collected upon arrival)
- Electrical International Adaptor -- you can purchase an international adaptor which works for most countries
 - Travel Protection Insurance

Travel Protection Insurance is MANDATORY You have the option to visit our website for a FREE Quote and to purchase - www.all4champion.com OR shop the internet to compare costs and benefits.

Immunization Summary of requirements & recommendations:

All travelers should visit either their personal physician or a [travel health clinic](#) at least 3mos. before departure. *Malaria*: Â Prophylaxis with Lariam (mefloquine), Malarone (atovaquone/proguanil), or doxycycline is recommended for all areas. CST can recommend a travel health clinic.

Hepatitis A	Recommended for all travelers
Typhoid	Recommended for all travelers
Yellow Fever	Required for all travelers
Meningococcus	Recommended during the dry season (November through June)
Polio	One-time booster recommended for any adult traveler who completed the childhood series but never had polio vaccine as an adult
Hepatitis B	Recommended for all travelers
Rabies	For travelers spending a lot of time outdoors, or at high risk for animal bites, or involved in any activities that might bring them into direct contact with bats
Measles, mumps, rubella (MMR)	Two doses recommended for all travelers born after 1956, if not previously given
Tetanus-diphtheria	Revaccination recommended every 10 years
Malaria	Recommended to take prescription medicine before, during, and after your trip to prevent malaria. Your doctor can help you decide which medicine is right for you, and also talk to you about other steps you can take to prevent malaria

Document distribution & orientation: Meeting approximately 2 weeks prior to departure.

Pricing, schedules and itinerary are subject to change without notice!

[CST \(301\) 686-0970](tel:3016860970) – all4champion.com
cchamp154@comcast.net

KNOW-B-4-U-GO

Visa purchase: Visa purchase must be submitted to the Ghana Embassy 1-2 months prior to departure; Cost for Ghana Visa is \$100. CST will provide information and updates as needed.

Luggage: You may be allowed 2 checked bags weighing no more than 50lbs each and 1 carry-on per the Airlines, and a purse or backpack; however, because Ghana Motor Coaches have limited storage; we encourage you to check only 1 piece of luggage so pack lightly and leave room for shopping. We will discuss a more detailed packing instruction during our orientation.

Packing: Warm to hot weather; pack lightly with Spring & Summer interchangeable outfits. Remember to take along personal items needed daily, e.g., camera, sun/reading glasses, comfortable walking shoes, socks, hat, and medicines. Pack a couple of washcloths, some hotels may not supply them, or may be limited. Pack all liquid items more than 3oz in your checked bags

Country Time Zone: Ghana -- 5 hours ahead of US-Eastern Standard Time

Carrying Money: It is the personal choice of each traveler to carry the amount of money you wish for meals not mentioned in itinerary, shopping, etc.; recommendation- minimum \$50 per person per day should be sufficient, only a suggestion; you may wish to spend more or less. *Most major credit cards are accepted in establishments.*

Money Exchange: The Currency in Ghana is the Cedi. It is best to change your US Dollars in-country, i.e., US\$ to Cedi (Ghana). This is easy to arrange in Ghana. You can visit CST website to follow the exchange rates that change frequently. When exchanging money upon arrival, make sure that you have clean, crisp bills no younger than 2010 year/may change Exchanging traveler's checks **can** be difficult in W. Africa.

Using your Credit Card: When it's possible to pay for goods and services by credit card, MasterCard and Visa are accepted. Rarely is the **American Express & Discover Card accepted. It is highly recommended to use CASH.**

Eating food & Drinking water in Ghana: Most foods in Ghana are safe to eat, especially the cooked foods, peeled fruits & vegetables. Uncooked foods, like salads, are not recommended because the leaves are washed in local tap water. Drink only bottled water. We will provide bottled water during touring time. Bottled water is also widely available throughout the county. You can brush your teeth with tap water; however, we suggest using bottled water.

Extra Spending Money:

- Meals not included in itinerary, average \$15 & up depending on selection and location, however, the breakfast & dinner buffets are so full and plentiful, rarely will you need to spend monies on lunch. We will brief you before travel on how to save.
- Shopping & personal purchases are at your own discretion
- Extra pieces of luggage outside of the allowed can be costly.

Phone Adapters & Power Converters: Do I need Power Adapters (USA to Ghana)? Yes, Electrical Power Specifications in Ghana; the power sockets are of type D and G. 230V supply voltage and 50Hz.

Make sure to invest in a Universal Adaptor; can be purchased at most Walmart, Staples and or most electronic stores. The cost is minimal.

Socket Type:



International Adaptor Samples:



How do I dial an International Phone Number from the USA? *(This information is best left for your family at home)*

Ghana Country Code: +233, then the number provided –

Your Cell Phone: You may be able to use your own cell phone. Check with you cell phone provided for information on international plans, activation, and per minute rates. FYI: there is an “AP” that is also FREE, called WhatsApp Messenger. It allows to you message and call friends and family. Cell phone to cell phone... you and your loved ones will have to download this app to your cell phone to communicate. Check it out. Facebook also allows you to communicate for free, and even do face-time!

NOTE: For information on Ghana entry requirements, please visit, <https://ghanaembassydc.org/entryrequirements/>

KNOW-B-4-U-GO updates and notices will be updated as needed.