

CST Vietnam & Thailand “KNOW-B-4-U-GO”

Passport & Visa: You must have a valid passport with at least four (6) blank pages and must not expire 6 months after the date of return, (May 6, 2027). A **Visa is required for Vietnam (\$25). A Visa is not required** for US Citizens for visits to Thailand but must fill out a Digital Arrival Card online. We recommend you carry a copy of your Passport with you and leave one home along with your itinerary with your loved ones.

Packing: Average temperatures in November from MID 70’s to high 90’s depending on the country. Evenings may be a bit cooler. We recommend you pack your clothing color-coordinated, and in layers, for easy peel-off or put-on! The clothing recommended is light & cool; cotton & linen, **comfortable walking shoes (some areas will require extensive walking for some)**, sandals, sunglasses, sun hat, and hand sanitizer & hand wash and tissues. PLEASE include a washcloth or two just in case they are not provided. For our long flying time, we also recommend you bring any medication and or medical supplies needed. A “Neck-Roll” may make your flight more rewarding! Pack smart so that you are not overburdened with lugging too many pieces of luggage. We want you to have an easy-breezy journey! PLEASE ALERT CST OF ANY DIETARY AND OR MEDICAL NEED & EQUIPMENT YOU MAY NEED TO CARRY AT THE TIME OF REGISTRATION! There are restrictions on the air carriers for some items. We encourage you not to over pack!

Luggage Allowance: International flight - 1 check bag at 50 lbs., 1 carryon at 15-18 lbs., plus 1 purse or backpack. **In-country flights** – checked baggage at 44lbs, 1 carryon at 15-18 lbs., plus a purse or backpack.

Country Time Zone: Vietnam - Thailand is 12 hours ahead of the US EST. Example (10pm Asia is 10am US EST)

Carrying Money: It is the personal choice of each traveler to carry the amount of money you wish for meals not mentioned in the itinerary, shopping, etc.; the recommendation-minimum \$25-\$50 per person per day should be sufficient, only a suggestion; you may wish to spend more or less. You do not have to bring all in cash; you could carry a credit card, credit debit card and withdraw from an ATM to reduce the amount of cash you carry.

Money Exchange: It is better to exchange your US dollars in Vietnam (Dong) & Thailand (Baht). When exchanging money upon arrival at the airport and or the city exchange, make sure that you have clean, crisp US bills. Large bills are better accepted (\$50 - \$100 Bills) Exchanging traveler's checks will be difficult. Make sure to keep the receipts so that you can exchange any leftover at the end of your trip. ATMs are highly recommended for better exchange rates and are located throughout Vietnam & Thailand. Our tour guides will guide us through the exchange process. US dollars are not well received in both locations. Major credit cards are widely accepted. Master & Visa Cards are most popular, however, American Express are not. Maybe accepted in some places.

Gratuities: It is customary as a group to offer gratitude for our Tour Guides, Drivers & Land handlers. The recommended amount for tipping is \$15 per person per day (16-days on ground & handling = \$240 per person... *we ask that you expressly adhere to the following: place your \$US-Dollars in a “sealed” envelope with your name and amount on the outside of your envelope for collection upon arrival at the first hotel check-in.* Please understand your gratuity covers the handling of 1 piece of luggage. Expect to pay \$1 per extra baggage handled for you directly to the handler. Hotel maid service is not covered in the group gratuity. (reserved for our tour guides, drivers and luggage handlers)

Eating food & Drinking water in Italy: Most all foods in V & Th are safe to eat, especially the cooked foods, peeled fruits & vegetables. Uncooked foods, like salads (lettuce), are not recommended, due to them being washed in tap water. Street foods are very delicious, however, be very selective in your choices. Drink only bottled water. Bottled water is widely available throughout and will be provided (Also affordable to buy). We recommend brushing your teeth with bottled water.

Do I need Vaccinations?

Immunization is not mandatory for US citizens. However, it is important for US citizens to be up to date on childhood immunizations and ensure routine vaccinations and boosters, including tetanus, measles, mumps, rubella (MMR), and diphtheria, are current. Check if you are covered for Hepatitis A B and typhoid. Consult with your physician if you have concerns. The COVID-19 related entry restrictions into these countries have been lifted. However, CDC advised to have courses or boosters.

Phone Adapters & Power Converters: Do I need Power Adapters (USA to Asia)?

Yes, most power plugs and sockets in Indonesia are type C and F. This plug is the 2 pin socket and plug design which is the standard.

Vietnam



International Adaptor Samples:

Thailand





Travel Protection Insurance:

Travel insurance is mandatory for this tour program. Visit our [website](#) for a free quote and to purchase. Or research other ins. companies on your own. Protect your investment!

How do I dial an International Phone Number from the USA? (This information is best left for your family at home)

Vietnam +84 ~ Thailand +66, then dial number provided

Your Cell Phone: You may be able to use your own cell phone while in Asia. Check with your cell phone provided for international usage, activation, and per-minute rates. FYI: there is an “APP” that is also FREE, called WhatsApp & Messenger. It lets you message and call friends and family. Switch from SMS to WhatsApp to send and receive messages, calls, photos, videos, documents, and Voice Messages. Cell phone to cell phone... you and your loved ones will have to download this app to your cell phone to communicate... check it out.

What do I dial in an Emergency?

Vietnam Police: dial 113 from mobile phones – Thailand Emergency: 1155 for English

Vietnam & Thailand Hotels list & links:

- [Pan Pacific Hanoi](#)
- [Indochine Grand](#)
- [Bel Marina Hoian Resort](#)
- [Caravelle Hotel Saigon](#)
- [Katathani Phuket Beach](#)
- [Ramada Plaza by Wyndham Bangkok Menam Riverside](#)

US Embassy Vietnam

Hanoi: [\(024\) 3850-5000](#) Ho Chi Minh City: [\(028\) 3520-4200](#) or [\(028\) 3520-4600](#)

US Embassy Thailand

95 Wireless Road
Bangkok 10330, Thailand
Phone: [+66-2-205-4000](#)

Extra Spending Money:

- Meals not included in itinerary, average US \$2 - \$15 and up depending on selection and location
- Shopping & personal purchases are at your own discretion
- Extra pieces of luggage handled outside of the 1 bag per person included. (\$1. each bag)
- Bottled water & selective beverages outside of what will be provided to us in the country on our tour and dining days.

Tentative flight schedule (Qatar Airlines)

20-Nov-26 Depart Wash. Dulles Intl. 10:40am – + 1 Arrive Vietnam 7:45pm 21Nov

06-Dec-26 Depart Bangkok 3:55pm - Arrive Wash. Dulles Intl. 3:55pm

