**Announcement - Public Information/Professional Outreach (PIPO) Committee**

NFI’s Professional Outreach Committee is planning on reaching out to Bariatric Physicians and their Post-Surgical Patients in an effort to carry the message of hope and recovery through the OA program to those outside of OA who are still suffering.

In order for our PIPO Committee to request an appointment with the Physician, we plan to forward a letter of introduction about the Fellowship and briefly describe its objectives and principles of anonymity. In addition, explain that the only requirement for OA membership is a desire to stop eating compulsively.

Our committee would also like to include letters of testimony from a few OA members who have had personal experience with bariatric surgery and are currently working the OA 12 step program to deal with the emotional reasons they turned to the food.

If you fall into this category, and are willing to draft a brief testimonial (Up to about ½ page) describing how OA has been giving you the continued edge that the surgery only started. For example, your letter could elude to the surgery as a helpful starting point, a tool for the body and the OA fellowship helps you to address the ‘thinking about food’ part; or how OA is enhancing your ability to have successful aftercare; how OA is improving your quality of life; how a sponsor and the support of the fellowship has helped you to continue to lose weight (and maintain if that is the case), etc. By no means do we want to tell you what to say - your truth will be perfect!!

Disclaimer: OA and the PIPO committee are not in competition with professionals and we do not claim medical or nutritional expertise or offer food plans.

For questions and or to send your letter of testimony, please contact: Nancy K at: [npklei@gmail.com](mailto:npklei@gmail.com).