

# DERMAL FILLERS

## | Facial enhancements

The goal of facial fillers is to provide long-lasting augmentation procedures that generally last anywhere from 6 months up to 24 months.

NOTE: A natural biological filler can be achieved using patient's own blood (Bio-Heat® technology), which is generally favored over chemical fillers. Nevertheless, patients may opt to continue dermal filler injections or prioritize their use for their extended long-lasting benefits.

The following products are available including: the Juvederm family, Sculptra, Restylane, Perlane, and various threads.

## FAQ

### HOW LONG DO DERMAL FILLERS LAST?

Depending on the product utilized, dermal fillers will typically last anywhere from 6 to 24 months.

### DO DERMAL FILLERS HURT?

Depending on the injection site, local infiltration of anesthesia may be applied such as when filling the lips (areas that are generally more sensitive). Bruising and swelling may also occur but within 3 days, swelling is generally gone.

### WHEN WILL I SEE RESULTS FROM FILLERS?

Instantaneously! Once the filler is injected, volume augmentation will appear immediately post-treatment.

### TREATMENT DURATION?



Typically the treatments with Dermal Fillers are very quick and effective and may be completed within 15-20 minutes.

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### Where are Dermal Fillers most often utilized?

- Lip augmentation
- Naso-labial folds
- Marriquette lines
- Frown lines; often referred to as the "1s or 11s" wrinkles found between the eyebrows
- Smokers lines (wrinkles around lips)
- Hollowing of the face particularly under the eyes and the cheeks

Learn more at  
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ADVANCED  
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*Cosmetic Treatments*

 Botox

 Dermal Fillers



## LEADING EXPERTS IN ESTHETIC MEDICINE

The Center for Advanced Rejuvenation and Esthetics® (CARE) focuses on natural approaches to regenerative procedures in facial esthetics. Under the direction of numerous international clinical experts in facial esthetics consisting of leading researchers in platelet concentrates (PRP/PRF) and laser therapy, a series of natural regenerative approaches and therapies are performed at CARE Esthetics® to obtain beautiful and natural-looking esthetic outcomes.

## BOTOX

### | Skin tightening, wrinkle and fine line reduction

Botox is often combined with PRF, microneedling and/or laser therapy to supplement treatment outcomes and further reduce the appearance of fine lines and wrinkles when pronounced. Its mode of action is to reduce the activity of muscle contractions, thereby limiting wrinkle folds in the face, especially over the long-run.

During your initial complementary consultation, we will assess muscle activity in the various treatment sites to assess its potential use. Botox has been well-documented with little to no downtime or recovery periods. Its use has drastically increased over the years owing to affordable characteristics with virtually no downtime post-treatment.

## FAQ

### HOW LONG DOES BOTOX LAST?

We usually recommend getting Botox every 4-6 months depending on your current state of wrinkles as well as the force of various muscle contractions.

### DOES BOTOX TREATMENT HURT?

Botox is one of the least sensitive treatment modalities available with extremely tiny needles utilized during administration. Furthermore, an ice pack can be applied prior to, limiting discomfort nearly entirely.

### WHEN WILL I SEE RESULTS FROM BOTOX?

Within 3 to 5 days. The effects will reach their peak by day 10-14 and last up to 4-6 months.

### TREATMENT DURATION?

Typically the treatments with Botox are very quick and effective and completed within 15-20 minutes. You may return to work directly thereafter with little to no downtime.

### ARE THERE ANY SIDE EFFECTS TO BOTOX?

Typically there are none. Occasionally, redness or a tiny bruise may occur at the injection site but quite rare.

### Where is Botox most often utilized?

- Frown lines; often referred to as the "1s or 11s" wrinkles found between the eyebrows
- Crow's feet (wrinkles around eyes)
- Forehead lines
- Bunny lines (lines on nose)
- Smokers lines (wrinkles around lips)
- Dimpling chin or prominent chin crease
- Muscular neck bands

*The most advanced regenerative science in esthetics.* 