

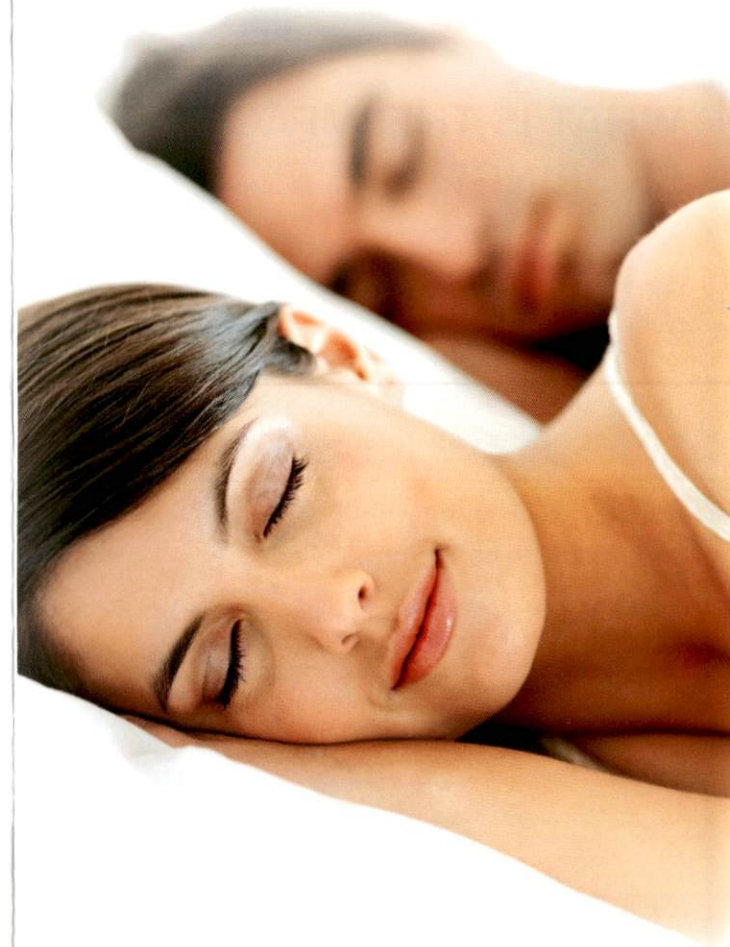


**NIGHTLASE** snoring treatment is a fast, non-invasive, and friendly way of increasing the quality of sleep.

The non-surgical, NightLase<sup>®</sup> treatment can be provided in-office. Ask our friendly staff to set up your appointment today!

# NIGHTLASE<sup>®</sup>

Laser Snoring Treatment



**Fotona**<sup>®</sup>  
Ultra Performance Lasers™  
FOTONA.COM/US

Non-Invasive, No Pain, No Downtime  
Snoring Treatment

## WHAT CAUSES SNORING?

Snoring occurs when air is not able to move freely through your nose and mouth during sleep. This is due to a narrowing of your airway, which causes the tissues to vibrate and make an audible sound. Many factors can contribute to snoring such as age, nasal and sinus problems, being overweight, alcohol, smoking, medications, sleep posture, and more.

## WHAT IS THE IMPACT OF SNORING?

Snoring has a number of consequences that can impact the life of a snorer and his/her sleep partner. Sleep deprivation as a result of snoring has a negative impact on health and quality of life. Snorers can experience tiredness, morning headaches, irritability, dry mouth, and relationship difficulties. Studies have also shown a link between snoring and an increased risk serious health conditions.



Courtesy of Dr. Lior Tamir

## WHAT IS NIGHTLASE®?

NightLase® is a leading-edge laser procedure for the treatment of snoring, offered exclusively with Fotona® lasers. It is a non-invasive, painless and effective way of reducing or eliminating snoring.

## HOW DOES NIGHTLASE® WORK?

Laser energy is used to gently heat the tissues of the airway causing a tightening effect which helps to keep your airway open. NightLase® requires no anesthesia, is quick, comfortable and you can resume your daily routine immediately afterwards.

