

CAN MY CAT EAT THIS?

What's Safe. What's Not.



SAFE FOODS

(OKAY IN SMALL AMOUNTS)

- Plain cooked chicken
- Plain cooked turkey
- Pumpkin puree (unsweetened)
- Blueberries
- Cucumber
- Scrambled eggs (no butter or oil)
- Plain cooked carrots
- Plain green beans



TOXIC FOODS

(VET VISIT NEEDED IF EATEN)

- Xylitol (found in sugar-free gum, candy, baked goods)
- Alcohol
- Raw dough (yeast)
- Cooked bones (splinter risk)
- Macadamia nuts
- Fat trimmings
- Salt-heavy snacks (chips, pretzels)



SURPRISING SAFE SNACKS

(FUN TO TRY, SMALL QUANTITIES)

- Watermelon
- Cantaloupe
- Zucchini
- Peas
- Spinach (occasionally)



OCCASIONAL TREATS

(LIMIT FREQUENCY)

- Tuna (canned in water)
- Plain yogurt
- Cheese (like cheddar, in tiny bits)
- Deli meats (low sodium, no seasoning)
- Plain rice or oatmeal (if tolerated)



DANGEROUS FOODS

(NEVER FEED)

- Onions
- Garlic
- Grapes
- Raisins
- Chocolate
- Caffeine (coffee, tea, energy drinks)
- Alcohol
- Fatty table scraps
- Dairy (for most adult cats)

