



POST-OPERATIVE DISCHARGE INSTRUCTIONS

TOTAL RECOVERY TIME

The total recovery period for a spay or neuter is **10-14 days**. Your pet is in the post-operative recovery phase and will require diligent care. Expect your pet to be a bit tired or sluggish for a day or two following the procedure due to the lingering effects of the anesthetic.

DURING THE RECOVERY PERIOD

- Do not allow any licking or chewing at the incision site. An E-collar should be worn during the recovery period to prevent damage or infection.
- No running, jumping, climbing, going up and down stairs excessively and quickly, or rough playing.
- No bathing, grooming, or swimming
- Cats should be kept indoors.
- Dogs should be leash walked for urination and defecation only.

FEEDING INSTRUCTIONS

Your pet might feel nauseous and not want to eat or drink for the first 12-24 hours after the surgical procedure due to the effects of anesthesia.

- Offer small amounts of water at frequent intervals. Avoid letting your pet drink a large quantity at once as this could lead to vomiting.
- If your pet is willing to eat, offer a small meal a few hours after getting home.
- If your pet vomits after eating or drinking, withhold food and water until the next morning.

ADDITIONAL INFORMATION

Absorbable suture was used on your pet during surgery. Unless otherwise instructed, your pet does not need to return for suture removal. There is a green tattoo applied to the surgical site to mark that your pet has been sterilized.

POST-SURGICAL CONCERNS

If your pet exhibits any of the following signs during recovery: active bleeding or drainage from the surgical site, foul odors emanating from the area, excessive licking or chewing at the incision, lack of appetite or thirst, inability to urinate or defecate, or persistent lethargy beyond what is expected after surgery.

- **Contact our office M-Th 7:30am-4pm, text to 336-444-2725 or info.SpayNeuterRoCo@gmail.com, send details about concern along with any photos.**
- **If after hours, contact emergency services:**
 - **Carolina Veterinary Specialist-336-632-0605**
 - **Truss Vet-Veterinary Urgent Care-336-314-2898**