



POST-OPERATIVE DISCHARGE INSTRUCTIONS

TOTAL RECOVERY TIME

The total recovery period for an orchidectomy (neuter) or ovariohysterectomy (spay) is 10-14 days. Your pet is in the post-operative recovery phase and will require diligent care. Expect your pet to be a bit tired or sluggish for a day or two following the procedure due to the lingering effects of the anesthetic.

DURING THE RECOVERY PERIOD

- Do not allow any licking or chewing at the incision site. An E-collar should be worn during the recovery period to prevent further damage or infection.
- No running, jumping, climbing, going up and down stairs excessively and quickly, or rough playing.
- No bathing, grooming, or swimming
- Cats should be kept indoors.
- Dogs should be leash walked for urination and defecation only.

FEEDING INSTRUCTIONS

Your pet might feel nauseous and not want to eat or drink for the first 12-24 hours after the surgical procedure due to the effects of anesthesia.

- Offer small amounts of water at frequent intervals. Avoid letting your pet drink a large quantity at once as this could lead to vomiting.
- If your pet is willing to eat, offer a small, easily digestible meal (such as boiled chicken with plain white rice or bland meal) a few hours after getting home.
- If your pet vomits after eating or drinking, withhold food and water until the next morning.

ADDITIONAL INFORMATION

Absorbable suture was used on your pet during surgery. These sutures are designed to break down and be absorbed by the body over time as the wound heals, eliminating the need for a separate visit to have them removed. Unless otherwise instructed, your pet does not need to return for suture removal. There is a **green** tattoo applied to the surgical site to mark that your pet has been sterilized.

Contact our office or emergency services (if after hours) immediately if your pet exhibits any of the following signs during recovery: active bleeding or drainage from the surgical site, foul odors emanating from the area, excessive licking or chewing at the incision, lack of appetite or thirst, inability to urinate or defecate, or persistent lethargy beyond what is expected after surgery.

If you have any additional questions or concerns about the recovery of the cat(s), please do not hesitate to contact our office at 336-444-2725 or info.spayneuterroco@gmail.com.

Thank you for supporting spaying and neutering. Animal sterilization plays a crucial role in promoting the welfare of animals and creating a healthier community for both pets and people.

By having your pet spayed or neutered, you are directly contributing to the fight against pet overpopulation. Each year, millions of cats and dogs are born into unfortunate circumstances, leading to overcrowded shelters and, sadly, the euthanasia of countless animals. Spaying and neutering prevent unwanted litters, thus alleviating this burden and giving more animals the chance to find loving homes.

- Spay Neuter RoCo Veterinary Clinic, PLLC