

# TRY Family Counseling, Inc. Referral Form



Your Name \_\_\_\_\_ Today's Date \_\_\_\_\_

Relationship to the person being referred \_\_\_\_\_

Your Phone Number \_\_\_\_\_ Best time to call \_\_\_\_\_

Name of Person Being Referred \_\_\_\_\_ Age \_\_\_\_\_

Date of Birth \_\_\_\_\_ Gender \_\_\_\_\_

Ethnicity \_\_\_\_\_ Religious Beliefs \_\_\_\_\_

Phone Number \_\_\_\_\_ Address \_\_\_\_\_

Name of School the child attends \_\_\_\_\_

If a minor, caregiver/parent name \_\_\_\_\_

**Who does the child live with?** \_\_\_\_\_ **Is there a custody order?** ( Y / N )

**Are they in foster care?** ( Y /N ) If yes, provide the social worker, foster parent, and juvenile attorney contact information?

\_\_\_\_\_  
\_\_\_\_\_

**Is the person aware of the referral being made?** ( Y / N )

**Are they in agreement with trying counseling, referral being made, and being contacted?** (Y/N)

\*If no, please make person aware of this referral before submitting this referral to TRY Family Counseling and submit if they are in agreement with participating in counseling.

**Has the person had counseling before?** (Yes/No/Unknown)

If so, when was the last time they were in counseling (month/year)? \_\_\_\_\_

**Presenting Concerns (select all that apply)**

Aggression	Impulsive	Always tired	Worried
Sadness	Scared	Defiant	Hyperactive
Inattentive	Disruptive	Withdrawn	Nervous/Anxious
Lack of motivation	Academic performance	Dramatic behavior changes	Bullying others
Bullied by other	Self-injury (i.e. cutting)	Daydreams/fantasizes	Anger problems
Fighting	Stealing	Suicidal	Sexual acting out
Peer relationships	Parent-child relationship difficulties	Social skills	Family difficulties:
Self esteem	Hygiene	Lying	Grief & loss
Cries all of the time (not age appropriate)	Adjustment Difficulties	Identity	Isolates
Internalizes Feelings	Explosive	Attachment Issues	Boundary Issues
Other Area(s):			

**Please note**, if TRY Family Counseling, Inc. is unable to provide counseling services, a recommendation will be provided for another therapist or counselor that may be better suited to fit their needs.

**Is there anything else you'd like to share?**

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**How did you hear about TRY Family Counseling, Inc?**

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**Thank you for the referral!**

Please submit referral to [latashastrawder@TRYcounselingsolutions.com](mailto:latashastrawder@TRYcounselingsolutions.com) or

Mail referral to 8850 Williamson Dr. #352, Elk Grove, CA 95759

You can also schedule a consultation by going to [www.Trycounselingsolutions.com](http://www.Trycounselingsolutions.com) to discuss via phone.

Additional referral forms are available under "forms".