

“Millennials, Innovation, Technology”
About Your Workshop Moderator



Dr. Catherine Sy Luib

D.C., L.Ac., M.A.O.M., B.Sc. (Kin), CCH, CNLP

Author | Speaker | Philanthropist

As a dually licensed Chiropractor and Acupuncture Physician, Dr. Luib is here to serve the Fil-Am community’s holistic health needs. She partner’s with Entrepreneurs/Business Owners who are having challenges with stress, sleep, weight, pain or performance. She is grateful for the epic career experience with the Celebrity Cruise Line and Royal Caribbean Cruise Line as their Onboard Acupuncture Physician, managing the Acupuncture At Sea Program. Afterward, she continued promoting the Holistic Health message with Radyo Filipino Amerika in her own live radio show “Ask The Doctor,” as a weekly columnist for The Filipino Press Newspaper, and contributor of Affinite Magazine and Pinoy Sa America Magazine. In addition, Dr. Luib is an Author of an upcoming revolutionary book, “Create Your Health & Healing Now, How The Four Kingdoms Can Magnify Your Life Experiences.” This will book will expound on

all the ways that our Loving God and Creator of The Universe has already provided all the tools for our mental, emotional, physical and spiritual breakthroughs.

Currently, she serves in numerous capacities: FPACC Vice President of Digital Technology, FACCSD Vice President, The Wow Talks San Diego Regional Director, ACMA Board Member, Operation Samahan Board Member, La Jolla Lion's Presidents Club member, Annual Philanthropist for Philippine Medical Missions and Owner/Physician of Luib Health Center. As a holistic doctor, Dr. Luib promotes well-being for all her patients. Her approach and belief of holistic, integrated, functional medicine helps her effectively serve her patient's overall health needs. "I take time and a holistic approach to make sure that I treat the root cause and not just the symptoms of disease."

To enhance treatment results, Dr. Luib analyzes each patient uniquely with health assessments done through Chiropractic and Traditional Chinese Medicine, along with the use of Chinese herbal medicines. One of her goals is to waken the Indigenous Filipino Healing Arts in the USA as a Manghihilot, Arbularyo and Babaylan. She also integrates proper nutrition and organic whole food vitamin concentrates for healing. With these modalities, Dr. Luib significantly enhances her patient's health goals and healing within a short time and encourages all to "Think Well, Eat Well and Move Well."

