



## Grand Knight's Report

**How about a bit of recovery time?** - As summer draws to a close the rhythm of daily life resumes. Many of our brother knights have kids returning to school and or are coming back from vacations and our daily activities take on a more routine cadence. We should take some time to reflect on the busy summer activities the council took on.

In May, we marked the beginning of warm weather with a Cinco de Mayo pancake breakfast, organized a Mother's Day rose sale to support the Sacramento Life Center and held our monthly rosary crusade.



June and July were also bustling months for the Knights. The council elected new officers, continued the Rosary Crusade and spent many days and nights manning our fireworks booth (our biggest fundraiser). We barbequed for the Friday Movie Night, and prepped food for delivery to the youth retreat. These activities kept us hopping and highlighted the council's dedication to service and community support.



## Grand Knight Report continued

August also started with a bang, we helped a disabled brother move, served as ushers for the exposition of the relics of St Jude, welcomed several new knights into the brotherhood of the council, grilled for over 400 people at the St Elizabeth Ann Seaton 25<sup>th</sup> Anniversary gathering and accompanied Father Michael at his installation as Chaplain to the California National Guard.

The whirlwind of activities that filled the past few months can leave us feeling both exhilarated and exhausted. Recovering from a busy summer requires a conscious effort to slow down, reconnect with our routines, and prioritize self-care. The toll that constant activity can take on our minds and bodies means we need to take time to rest and reset. A morning workout, reading a book, taking a long walk in nature, a regular bedtime and regular meals or indulging in a favorite hobby can provide a comforting structure that helps to stabilize our energy levels. Let's make sure to avoid the burnout that can follow a season of constant motion. By prioritizing rest and recovery now, we can enter the fall with a renewed sense of energy and clarity, ready to embrace the wonderful opportunities to serve that lie ahead at our Good Shepherd Community. Thank you for all you do brothers. We serve a growing and active church community and you demonstrate each time, that we are up to the task.



**Brothers Ed Rivera and Daniel Wence Supporting SEAS Friday**

**God Bless,**

**SK Carlos Ramos**  
**Grand Knight**





## Faithful Navigator Report

Worthy SK's,

Our 4th Degree, Patriotic Assembly has some very important and meaningful activities this month. Many of us attended the Vigil at the St. Jude relic as it passed through Northern CA. This was a very prayerful time and a learning opportunity. I did not know that St. Jude was one of the 12 apostles, who healed a king and cure a plague on a city. Read more about St. Jude here. <https://shrineofstjude.org/who-is-st-jude/>



Our Honor Guard including **SK Romeo Gonsalvo** and **SK Jose Maliwat** (in the foreground) joined 30 other Honor Guard members to venerate the relic of St. Jude. At the St. Rose parish. Such a great experience.

We also Posted for Chaplin, Captain Fr. Michael's installation as the Chaplin for the California National Guard. **Major SK John Huggard was the MC for this event and SK Larry Navarrette** was the first enlisted man to salute Fr. Michael after his installation.



Vivat Jesus,

Michael Blakey  
Faithful Navigator





## Deputy Grand Knight/Senior District Marshal Report

Brother Knights,

As a 3rd degree member of the Knights of Columbus, you are part of the largest Catholic fraternal organization in the world with nearly 2 million members. But have you achieved the highest degree of our Order? We only have 4 degrees. Charity, Unity, Fraternity Patriotism. ALL Knights should be 4th Degree members. When Blessed Michael J McGivney founded the Knights of Columbus in 1882, there were only 3 degrees in our order. In the late 19th century, there was some discrimination against Catholics. One reason for this discrimination against Catholics was that people thought that Catholics were more loyal to the Pope than they were to the United States of America. The Knights wanted to show that Catholics could be loyal to, and love both our faith and our country, so they created the Patriotic Degree, the 4th Degree of our Order. The first exemplification of this degree occurred on February 22nd, 1900, in New York City. This coming February, we will be celebrat-

The Mission of the 4th Degree is to honor our veterans, honoring Sir Knights, and their families at times of loss, and conducting patriotic educational programs. Why should you become a 4th Degree member of the Knights of Columbus?

- 4th Degree members earn the title of SIR KNIGHT (SK).
- There are only four degrees in the Knights of Columbus.
- Because you love our country, and you love our faith.
- When the time comes that God calls you home, you are eligible for the 4th Degree Honor Guard to be present at your Memorial Service. This benefit is also extended to your spouse, your parents, and your children.
- When the time comes that God calls you home, you are eligible for the 4th Degree Honor Guard to be present at your Memorial Service. This benefit is also extended to your spouse, your parents, and your children.
- Chalice Program - In your memory upon your passing, your name is engraved on a Chalice with the names of 3 other Sir Knights and you are remembered every time the Chalice is used in Mass.
- You are eligible to participate as a member of the Knights of Columbus Honor Guard

Your next opportunity to become a Sir Knight, a 4th Degree Member of our Order is November 9th at St. Clare of Assisi in Roseville. Please contact me via email, phone, or text as soon as possible so we can register you for this exemplification. My contact information is [uwdawg1950@gmail.com](mailto:uwdawg1950@gmail.com) or (916) 895-9121.

Thank You, God Bless You, and Vivat Jesus,

SK Richard Thompson  
Deputy Grand Knight





## Rosary Crusade

**Knights of Columbus Rosary Crusade** chaired by SK Michael Patrick continues to bring the parishioners of Good Shepherd together in prayer. We are into our second year of consistent ongoing **Rosary** prayer nights, held the second **Tuesday of the month at 7pm in the Church.**



We greatly appreciate all the Knights and parishioners who make time to come out and unite their hearts and voices together in prayer to our Blessed Mother. **In these times we must hold fast to the Rosary!**

## Knight of the Month

**SK Juan Rios and SK Charlie Olivares** have been selected as co-Knights of the month.



**SK Juan Rios** has been a very dedicated brother Knight, attending many functions as the Council Photographer. We thank him for his service.



**SK Charlie Olivares** has served as the Chairman of the Arts and Crafts fair for three years now. We appreciate his leadership and dedication.



## One of the Winning KOC Essay contest Entries

### My Journey with God

"I can do all things through Christ who strengthens me." - St. Paul. When you think of catholic education, you probably imagine a kid who lived their whole life surrounded by God, but that's not the case for me. My catholic faith has not always been a big part of my life. Back in Fresno, where I grew up, my life was not centered around religion. Besides from my mother teaching my brother and I the most fundamental prayer, the Our Father, no one was introducing me into the faith. It wasn't until I moved to Elk Grove and started attending St. Elizabeth Ann Seton, that my whole life changed. My catholic education has greatly increased my faith by teaching me all I know about God - laying a strong foundation for me, and now as I am preparing to head into high school, I want to continue my religious learning which is now such a vast aspect of my life.

My name is Landon Hernandez. I am fourteen years old, an altar server for two years, a confirmation candidate, and an active member of the catholic church - but it wasn't always like that. I was raised away from the faith - meaning that I didn't attend mass regularly or for any days of obligation, wasn't taught about God, had no one guiding me into the faith, and really lacked a relationship with God through prayer. When I turned seven years old, my mom made the decision for us to move in with a family that lived in Elk Grove. From there, my brother and I started attending the catholic school that my cousins were going to, St. Elizabeth. It was at the school that I was taught by the older people in my faith community, started going to mass and confession, received first communion, and was given a catholic education. As I grew, so did my faith in God, all thanks to the guidance and teaching that I was given.

As I look back on my life, I can not help but think of where I could be if I never got a catholic education. No doubt, I wouldn't be as close to God as I am now, and it makes me realize how much I've grown in my relationship with God. My education has given me a strong and expansive base for my Christian faith. It's taught me about God, encouraged me to serve others, improve my moral behavior, helped me live my life as a witness of Jesus, and so much more. My catholic education has increased my faith by teaching me all I know about God, helping me grow as a member of the church, and guiding me to serve and act as a catholic believer.

# Congratulations



## Good of the Order

FROM	WHO	PRAYER INTENTIONS
Carlos Ramos	Aunt Carmen Landeros	Repose of Soul
Carlos Ramos	Terry Defrates	Health
Edwin Camerino	Steve May	Health
Richard Thompson	Terry Rees	Health
Richard Thompson	Chris Rees	Health
Richard Thompson	Margaret Rees	Health
Roy Tufts	Rollie Swingle	Health
Edwin Camerino	Patrick Morse	Health
Michael Blakey	Roy Tufts	Health
Michael Blakey	Steve Hemenez	Health
Michael Blakey	The Holy Land	Strength and Gods Intercession
Michael Blakey	Steve Ramirez	Health
Roy Tufts	Carolyn Day	Health
Michael Blakey	Anthony Archie's Family	Health
Michael Barnea	Julie Barnea - Wife	Health
Juan Rios	Wife Alex	Health
Juan Rios	His son Angel	Guidance
Juan Rios	Mother	Health
Michael Barnea	Michael's Nephew Joey	Health
Michael Barnea	Kaytlin Barnea	Health
Clovis Karam	Liz Karam	Health
Michael Patrick	Cousin's Daughter	Health
Michael Patrick	Mother	Health
Michael Patrick	Uncle	Repose of Soul
Michael Blakey	The Pope	Health of the Church
Michael Blakey	Bishop Soto	Health of the Church

# PRAYER

*Requests*



## Calendar

### SUBJECT TO CHANGE

#### SEP

4	Assembly and Council Officers mtg	Home of SK Roy Tufts	7:00pm
10	Rosary Crusade	GS, Church Sanctuary	7:00pm
18	Assembly/Council General Meeting	St. John Paul II Room	6:00/7:00pm
21	Assembly Officer Installation	St. Mels, 4745 Penn Ave Fair Oaks CA 95628	2:30pm

#### OCT

2	Assembly/Council Officers Meeting	Home of SK Roy Tufts	7:00pm
8	Rosary Crusade	GS, Church Sanctuary	7:00pm
14	Columbus Day		
16	Assembly/Council General Meeting	St. John Paul II Room	6:00/7:00pm
26	Trunk or Treat	Good Shepherd Church	7:00 pm



Knights of Columbus  
**INSURANCE**  
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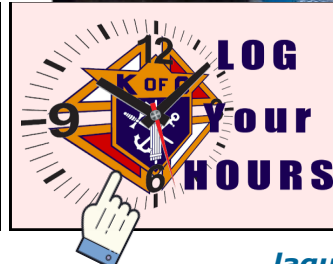
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