First Lutheran Church 309 Ninth Street North Northwood, IA 50459

First Lutheran Church
Office Phone 324-2984
Office hours
Monday-Thursday 9:00 a.m.-Noon, 1:00-4:00 p.m.
Closed on Fridays

E-mail Address flc@flcnorthwood.org Web Site www.flcnorthwood.org

Pastor Judy Converse

E-mail Address pastor@flcnorthwood.org

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Parsonage 323-0081

Non-Profit Organization U.S. POSTAGE PAID Permit No. 33

Address Service Requested

FIRST LUTHERAN FOCUS

August 2018

WORSHIP ON SUNDAYS

August 5 – Holy Communion – Sermon Series on Ruth – Part 1: Pastor Tom Dettmer August 12 – Hymn Sing – our annual opportunity to sing great hymns – presented this year in a chronological context with information about the hymn and it's time

August 19 – Holy Communion – Sermon Series on Ruth – Part 2: Pastor Jack Gannett

August 26 – Service of the Word – Sermon Series on Ruth – Part 3: Pastor Jim Magelssen

September 2 – Holy Communion – Sermon Series on Ruth – Part 4: Pastor Jim Magelssen

September 9 – Special Musical Program by Kristin and Neal Petersen on the Life of Jesus Christ – accompanied by Ryan Hulshizer



SAY CHEESE: IT'S TIME FOR A NEW DIRECTORY!

It has been five years (!) already since First Lutheran Church printed a directory of members — with photographs and contact information. So - - - a new one is in the works!

Here is how you can reserve your appointment with the Lifetouch photographer:

Go to : https://booknow-lifetouch.appointment-plus.com/ydh15nm6/ and follow the steps.

You may also sign up on Sundays (sign up sheets will be in the Narthex) or call the church office.

NOTE: You may go back and change your appointment if a conflict arises.

Let's continue to be connected through this new directory!

From The Pastor's Desk....

Dear friends,

"Jesus said to them, 'Come away to a deserted place all by yourselves and rest a while." – Mark 6:31a

It is not common for people to acknowledge that they need to rest. We humans – independent, hard-working, resilient folks – put off or deny our need to slow down or stop our sometimes constant activity. Especially type -A folks (like me!) who think that we can 'do it all.'

But – maybe that's not the case! Sabbath – the term that God uses in God's instructions (i.e. Ten Commandments) from way back when – is *commanded*. It means to step back, step aside, take a break, and do - or not DO - something different. Even Jesus - in the verse quoted at the top of this page - wanted his disciples to stop and take a break and rest! Even Jesus rested!

My six-week time away in August and early September is a time to do – and not DO – something different. It will involve a Family Reunion (not REST, but oh, so fun!). Then there will be some camping (in a tent!) and then two weeks / fourteen (!) days at Holden Village – an intentional Lutheran community located in the Washington mountains (and you have to take a boat to get there!) Certainly that will be different! After that we'll spend a few days in and around Seattle before flying to Juneau. Alaska for a seven-day small ship cruise in Glacier Bay National Park. Then we'll have a three-day drive home to Northwood – hopefully back in town on September 11.

I covet your prayers for both Steve and me during this time: for rest – as well as safety, good health, and decent weather! Please know that I will be thinking of and praying for you too – as the summer winds down and the Fall schedules present themselves.

Faithfully. Pastor Judy

THANKS --- THANKS --- THANKS

I am grateful for:

Mange Takk

- Lowell Gangstad. I cannot possibly express my deep appreciation for him and the brother-in-Christ that he was to me and to many – for the impact that he made as active church member and as choir director at First Lutheran for 61 years – and for the legacy that he gives us to continue to do everything for the glory of God. He is missed!
- For so many who sang, played, listened, read, prepared, served, cleaned-up, attended, and supported his family at Lowell's funeral on July 7th!
- For the planning that is being done to get ready for the Fall schedule for Sunday school, confirmation, and our music programs!
- For the seven (!) children who have been washed in water and the Word recently at First Lutheran and the joy of welcoming them into God's family!
- For those who help with hospitality for families who are grieving!
- For leaders in our congregation who give of their time in meetings, phone calls, letters, and researching information to help us be healthy and fruitful!
- For summertime and for the gift of Sabbath!

Pastor Judy

THANK YOU

The family of Lowell Gangstad sincerely appreciates the many expressions of sympathy shown to us during the past Lowell's passing happened so quickly, and it is hard for us to easily

understand. But we trust that God has a plan. We want to **Thank** You so very much for the gifts of food, visits, cards, memorials, and phone calls. FLC is such a caring congregation. God is Good.

Leila, Sandy, Lori, Julie, and Kari

PASTORAL ACTS

Baptisms

Koen Michael Bachtle –July 8th Cambry Jean Schulz—July 8th Belle, Jared, & Harlow Magritz —July 22nd

Weddings

No weddings in July

Funerals/Memorial Services

Lowell Gangstad—July 7th Ryan Bendickson—July 21st

YOUTH NEWS

Sr. High Youth - Wednesday 7:00—8:30 Jr. High Youth - Sunday 6:30-8:00 "Deeper" Group - Monday 5:00-??

One of our lessons in Youth this past month dealt with teamwork. It was a chance to focus on how we have both good and bad things to offer a group, how to not be too prideful about the great things we can do, and also how to ask for help and deal with the things we struggle with. It was a chance to realize how our Youth group is a "team" with each of us bringing something different to offer. We looked at a couple of Bible verses to help us out - Philippians 2:3-4 "Do nothing from rivalry or conceit, but in humility count others more significant than yourselves. Let each of you look not only to his own interests, but also to the interests of others."





Another lesson our groups focused on was letting go of the stuff that takes up too much of our time and getting back to the basics in life. This lesson focused on how often we are like mannequins in life, being too scared to do the things we know we need to and instead waiting for someone to move us or tell us this is what we are doing. For today's technology-influenced generation, it's impossible to just "be a kid" as most of us remember. Instead these kids must navigate through an ever changing digital world with social media determining so much of the decisions they make. We jumped all over

1st Corinthians 13 to look at so much of the good that God has out there for us, and be reminded of all the bad stuff the devil is trying to tempt us away with.

With summer break approaching it's end very soon, our Youth will see a few changes when school starts back up. The Jr. High students will see their Youth group meetings run from 6:30 to 8:00 p.m. and need to leave by 9:00 p.m. on Sunday nights. Sr. High students will have Youth from 7:00 to 9:00 p.m. on Wednesdays and need to leave by 10:00 p.m.. Those who are entering 9th grade will become permanent members of the Sr. High group starting with the first Wednesday after school starts.



Kid's Life ADVENTURE WEEK

July 30- August 2nd 10:00-11:30 am Worth County Fairgrounds Kids 5-12 years



Songs*games*Bible lessons*snacks*prizes

To preregister:

Call Sharyl Ferley 324-1279 or https://patt.eventsmart.com Invite your friends! Parents welcome, too!

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MEMORIALS

Magie Ehler

\$20.00—General Fund

Lowell Gangstad

\$3,015.00—General Fund

\$615.00—Property (Organ) Fund

\$350.00—Worship (Music) Fund

Jeanette Knutson

\$620.00—Worship (Organ) Fund

Ryan Bendickson

\$10.00—General Fund

DONATIONS

\$381.11—Worship (Organ) Fund



First Lutheran Missions						
October 1, 2017-September 30, 2018						
Caring Tree	\$	355.29				
Operation Christmas Child	\$	348.82				
Youth Fund (Bibles & Catechisms)	\$	45.00				
Bremwood	\$	5.00				
Opportunity Village	\$	5.00				
Lutheran World Relief	\$	314.04				
Meals on Wheels	\$	229.66				
MANNA	\$	154.65				
Heifer International	\$	233.73				
Good Samaritan Fund	\$	350.22				
Lutheran Services of Iowa	\$	322.40				
Daysprings School	\$	365.35				
Northern Lights	\$	515.21				
Total	\$	4,036.63				

First Lutheran Church Council Meeting Minutes June 10, 2018 10:15 AM

WE ASSEMBLE IN GOD'S NAME

Present: Stuart Anderson, Shana Brunsvold, Josie Einertson, Doug Falgatter, Lisa Hagen, Mitch Hanson, and Judy Stevens. Absent: Pastor Judith Converse, Sharyl Nestor, Heather Rheingans, Richard Selvig and Jake Urbatsch. Guests: Lorraine Mix, Lynn Tenold.

WE CELEBRATE OUR PAST

Motion made, seconded and passed to accept the following reports: (MMSP Brunsvold / Hagen)
President, Secretary, Treasurer, and Pastoral

WE PRESENT OUR OFFERRING

- ◆Education Committee -No report.
- ◆Fellowship & Social Ministry Committees-No report.
- ◆Finance Committee (next meeting TBD)

Financial review continues as follows:

WCDA granted projects mostly completed. Stained glass project to be completed in June. Jamaica Fund is now closed.

Property Trust Fund moved to Property Committee for oversight.

◆Property Committee (next meeting 6/25 7PM at parsonage)

Projects at or nearing completion:

Kitchen – Phase 3 new dishwasher installation discussed. Committee to meet with Kitchen Committee on. \$14K remains in Kitchen Fund at this time.

Generator for back-up power for proper lighting and heating discussed, WCDA funding to be explored. Quotes to be reviewed at July Council meeting.

- ◆Stewardship Committee (next meeting TBD)
- ◆ Worship & Music Committee (next meeting 07/02 5PM)

Wicks organ project update:

Lorraine Mix and Lisa Hagen updated Council and asked for approval to proceed. Approved to proceed with Wicks proposal. (MMSP Fallgatter / Brunsvold)

Purchase of a refurbished organ console discussed (down payment of \$8,500 to hold).

♦ Youth Representative

Summer Day Camp had record breaking attendance. Many thanks to all volunteers who made this a great event for FLC youth.

CONCERNS FOR THE PRESENT

Constitution Committee

Initial meeting on 06/19 7PM to begin discussion current Constitution and bylaws and provide initial feedback at July Council meeting.

WE GO OUT IN GOD'S NAME

Lord's Prayer

We Adjourn to Serve (upcoming dates)

June 24 Communion (Intinction) – Shana Brunsvold & Lisa Hagen

July 8 Communion (Rail) – Stuart Anderson & Judy Stevens

July 22 Council monthly meeting 10:15 AM

"That all may know the love of God in Jesus Christ"

Respectfully submitted, Richard Selvig, Secretary

FLC Financial Update						
<u>June 2018</u>		<u>Fiscal Year as of June 30th</u>				
Income	\$10,958.00	Income	\$178,431.09			
Electronic Income \$1,203.00 Electronic Income \$11,214.0						
Expense	<u>\$17,043.32</u> E	xpense	<u>\$170,559.07</u>			
End of month	(\$4,882.32)Y	ear to date	\$19,086.02			

August Volunteers

Ushers

August 5th—Jerry & Jan Hopperstad, Larry Foley, Doug Fallgatter

August 12th—Dan Hendrikson, Bernie Van Veldhuizen, Mike & De Ann Read

August 19th—David & Sharon Petznick, Kevin and Maeghan Petznick

August 26th—Jake Urbatsch, Dan Reeder, Dennis Reeder, Hal Johnson



Greeters

August 5th—Carl & Janet Rye August12th—Lois Hogen

August 19th—Stu & Kim Anderson

August 26th—David & Chris Quisley

Coffee Servers

August 5th—Maynard & Madelyn Midtgaard and Dianne Johnson

August12th—Patty Irons and Avis Lehman

August 19th—Looking for volunteers

August 26th—Judy Stevens and Nancy Amundson



USHERS 5

ACOLYTE

Acolytes

August 5th—Nicholas Hanson and Jason Hanson

August12th—Carly Hengesteg

August 19th—Ian Husske

August 26th—Tyler Mills

Lay Readers

August 5th—Pasto Tom Dettmer

August12th—Hymn Sing

August 19th—Heather Rheingans

August 26th—Carolyn Reeder



August 5th—Dennis Johnson

August 19th—Cade Hengesteg



Altar Guild & Share Shoppe

Lydia Circle



Offering Collectors/Counters

August 5th—Gloria Fallgatter and Nancy Amundson

August12th—David & Sharron Petznick

August 19th—Russ & Delores Knudson

August 26th—Mike Stevens and volunteer

FIRST LUTHERAN WOMEN

"Blessed are you among women" Luke 1:42

Julia August 6th 2:00 pm Jan Thompson's home

Leah No Meeting

Lydia August 1st 1:00 pm Fireside Room, Nancy Amundson-hostess

Rebecca No Meeting Sarah No Meeting



SUNDAY FELLOWSHIP TIME

Volunteers are needed to host fellowship time on August 19th, October 14th & December 9th. Please call the church office to sign up...

PICTORIAL HOST/HOSTESS

Looking for volunteers to check in members for their pictures on August 24th, 25th, 28th, & 29th. Please call the church office to volunteer.

August 2018, LSI Bulletin/Newsletter Article and Story



Back to School Month

School is right around the corner! But imagine being a child or teen with an emotional or behavioral disorder. This time of year can be extremely stressful. They are afraid they won't ITHERAN SERVICES IN IOWA be able to concentrate or fit in at their school. They worry about adjusting to a new classroom routine or making new friends.

Did you know Lutheran Services in Iowa (LSI) partners with schools across the state to provide mental health services? Our therapists work one-on-one with children while our Behavioral Health Intervention Services team collaborates with families in their own homes to help them develop skills like anger management and healthy decision-making. LSI also provides 24-hour mental health care at the Bremwood and Beloit Residential Treatment Centers in Waverly and Ames to empower Iowa's most vulnerable children and teens.

We thank you for your support of LSI's mission as we respond together to the love of Jesus Christ through compassionate service! We know there are more Iowa children in need of this critical care. If you would like to learn more about how you can give a gift to support these crucial services, please contact Deb Whitford, LSI director of philanthropy and church relations, at 563-676-2065 or Deborah. Whitford@LSIowa.org.

Our Mission: Lutheran Services in Iowa responds to the love of Jesus Christ through compassionate service. LSI is an affiliated social ministry partner of the Iowa congregations of the ELCA (Evangelical Lutheran Church in America) and a member of LSA (Lutheran Services in America). We proudly serve people of all ages, abilities, religions, sexes, gender identities, national origins, ethnicities, races, and sexual orientations. Learn more at www.LSIowa.org and www.facebook.com/LSI.iowa.

A Loving Bond for Landon

Seven years ago, Ashley was eager to welcome her first child, Landon. While Landon was a perfectly behaved newborn, Ashley began feeling overwhelmed when his behavior changed as he grew.

Landon stopped napping. He began throwing tantrums and lashed out when Ashlev tried to help him. Ashlev was desperate for a relationship with her toddler, but Landon always pushed her away. She turned to LSI's Behavioral Health Intervention Services.

Peggy, Landon's LSI worker, began visiting their home to help Landon develop the coping skills he needed to control his anger and guide him back to being the happy child he once was.

Peggy and Landon began taking walks together, visiting the library, and playing games. When the family moved to a new home, Peggy made sure Landon was comfortable in his room and encouraged him to use it as a safe space when he needed to be alone.

Peggy and Landon have been working together

for years and Landon, now 7, knows he has a support system to turn to on the rough days.

"We would truly be lost without Peggy," Ashley says. "Now Landon gives hugs, lets me know when he's angry and – the biggest gift of all – I occasionally hear, 'I love you, Mom'."

UNDERSTANDING GRIEF & LOSS GROUP **Sponsored by Hospice of North Iowa**

6 week program for adults grieving a death *FREE *Space is limited *Registration required prior to 1st session

> 6 consecutive Thursday evenings in Mason City 6:00—8:00 pm September 6th-October 11th HNI conference room 232 2nd ST. SE

6 consecutive Thursday evenings in Hampton 6:00—8:00 pm September 13th-October 18th First Christian Church 605 4th St. NE.



Bereavement Support

Please call the office to schedule an individual appointment for resources and support, free of charge, if the evening session is not an option for you.

Call 1-800-297-4719 or 641-428-6208 to pre-register



- 1. Sharon Anderson, Lonnie Harris, Willard Watney
- 2. Alex Eilertson, Ian Husske, Kayla Senne
- 3. Bethany Gentz
- 4. Scott Anderson, Ashlyn Schaefer, Jenna Schaefer, Karl Kittleson
- 5. Bonnie Olson, Ronald Shupe, Mary Toresdahl
- 6. Bob Harris

7.

- 8. Peggy Hodson, Carol Liljedahl, Shayne Olson, Greg Reyerson
- 9. Luane Butler, Aubrey Johnson, Kally Reindl, Brady Tufte, Wendy Weisert
- 10. Richard Butler, Robert Butler, Kennedy Christianson, Tanner Haberman, Vivienne Vandell, Rusty Wahl
- 11. Larry Klitzke, Becky Okerlund, Naomi Schutz
- 12. Laura Mattern, Richie Reeder
- 13. Charlotte Berry, Ruth Hanson, Bryan Koster, Veda Waller
- 14. Sasha Holstad, Landon Perkins, Emily Werner
- 15. Lexie Breitsprecher, Kelsey Katcher
- 16. Marliss Bachtle, Dean Cowell
- 17. Nicholas Kunz, Melissa Meyer, Jennifer Reyerson, Jaidyn Thompson
- 18. Richard Brevig, Heather VanRyswyk
- 19. Sue Braun, Jace Gentz, Sherry Olson
- 20. Matthew Borcherding, Carolyn Goeders, Lindsey Moore
- 21. Courtney Athey, Tina Kuennen, Thomas Midtgaard
- 22. Katie Chodur, LaVaughn Govig, Sharyl Lunde
- 23. Iola Bakken, Russell Julseth, Raven Flatness

24.

- 25. Kevin Braun
- 26. Kristin Boyden, Boden Braun, Sue Loken, Suzanne Reyerson, Marilyn Severson, Anneke Urbatsch
- 27. Ron Brockman, Kathleen Gentz (Ron), Myra Harris
- 28. Shirley Olson
- 29. Carol Lukes
- 30. Scott Hengesteg
- 31. James Iverson, Trent Midtgaard

