First Lutheran Church 309 Ninth Street North Northwood, IA 50459

Office hours

Monday, Tuesday, Thursday, 9am – 2:00pm Wednesday, 9am- 12pm, Fridays, closed www.flcnorthwood.org

> Office Phone: 641-324-2984 E-mail: flc@flcnorthwood.org

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First Lutheran Focus



Address Service Requested

If you or a family member is in a nursing home or assisted living facility and would like to be put on the list to receive the bulletin, newsletter, or visits from Pastor Becky, please let us know in the office by calling 641-324-2984, or emailing flc@flcnorthwood.org. We would like to make sure our members know they are still in our

thoughts and prayers.

PASTOR'S PAGE

Therefore, since we are surrounded by so great a cloud of witnesses, let us also lay aside every weight and sin that clings so closely, and let us run with perseverance the race that is set before us, looking to Jesus the pioneer and perfecter of our faith, who for the sake of the joy that was set before him endured the cross, disregarding its shame, and has taken his seat at the right hand of the throne of God. Hebrews 12:1-2

The summer months move by so quickly. We hardly have a chance to slow down, catch our breath and signs of another school year start popping up. In some ways that planning and looking forward is always taking place. Sunday school plans are being made; confirmation plans are being made. Those who will be affirming their faith this fall are completing their work. Quilters continue to be busy with their projects. Maybe we need to rethink our approach to summer as a chance to catch our breath, drink some water but continue our run the race set before us.

This is on my mind because keeping my eyes on Jesus keeps me focused on my journey of life and faith. Eugene Peterson paraphrases this Hebrews passage in *The Message* this way: "Keep your eyes on *Jesus*, who both began and finished this race we're in. Study how he did it. Because he never lost sight of where he was headed – that exhilarating finish in and with God – he could put up with anything along the way." It's very, very easy to get distracted along the way. But if you're actually running and looking off to the side or behind you or focusing on your feet, you're going to fall and that will be painful.

This is about not being caught up in distractions but figuring out what is a healthy pace. I like to think about this as the pace of grace. We need to find a healthy rhythm in our own spiritual journey as well as a community of faith. You have the opportunity to worship on Sunday mornings and Wednesday evenings. You are encouraged to grab a copy of Christ in our Home and spend a few minutes connecting with God each day. This is also a good time to look over your schedule and see what is in the way of your spiritual pace of grace. There is always plenty to do but it's not always necessary or healthy to do it all.

In Christ,

Pastor Becky

PASTORAL ACTS - 2022

Wedding: Jami (Dahlby) & Cody Tolzmann Baptisms:

Quinn Josephine Krotzer 8/7/22

Funerals: Janet Wilder 8/31/2022



QR Code for Vanco Online Giving

How do I scan a QRC code?

Open the camera app on your cell phone or tablet. Point the camera at the QR code. Tap the banner that appears on your phone or tablet. Follow the instructions on the screen to create an account to manage your online offerings.

YOUTH NEWS



In late July I was blessed to take 7 of our older students to Lifest Tennessee which was held near Nashville. We'd been planning this trip for over a year, but many changes happened in the week leading up to it. The weather was super hot, rainy and humid, so we switched from camping at the festival to renting an airbnb. While there we also got to go to an escape room and check out many cool things in Nashville. Everyone's favorite thing was a ropes course that challenged everyone in very different ways. Was so proud

of our kids as the pushed themselves along the course and did things they didn't think they'd be able to do. We also made a short detour past Chicago on the way home to go to Six Flags which was a very memorable day. This trip was unlike any we've ever done before and I know that lifelong memories were made and our faith was challenged in ways we hadn't expected it to be.

I have to say this may have been my favorite summer I've had since I started here. Almost every night during break there were teenagers here, or we went somewhere and did something. We truly are blessed to have so many young people that want to show up week after week, year after year. I've got great faith that this year will continue to thrive for our Youth program.

With summer over, it's back to school time. We recently said goodbye to all our graduates from Senior High and have been adjusting to all the new freshmen as well as new foreign exchange students. The fall season has always been my favorite time of year for Youth as many of my favorite lessons happen during this these months, and we've got quite the busy schedule planned.



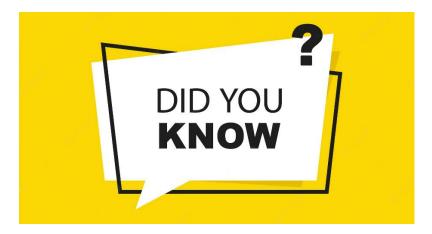


First L	utheran Mis	sion	First Lutheran Financi	al U	pdate	
	1 – July 31, 2		<u>July 2022</u>			
Bremwood		\$	Income		\$12,703.59	
			Electronic Income	\$3,301.06		
Operation Christmas Child		\$	Expense	(\$20,744.97)		
		\$ 200.00	End of Month	(\$4,740.32)		
Youth Fund		\$ 665.00	YTD as of July 31			
Youth Campership		\$ 220.00	Income			
Caring Tree		\$	Electronic Income			
Meals on Wheels		\$	Expense			
Manna		\$	End of Month			
Heifer International		\$ 188.96				
Riverside Bible Camp		\$ 80.55	<u>July General Budget Expenses</u>			
Campers Fund		\$	PAYROLL:	\$	14.962.28	
Good Samaritan Fund		\$ 125.00	E-GIVING EXPENSE	\$	69.50	
Lutheran Services		\$ 1,000.00	CHURCH MAINTENANCE		130.89	
Dayspring Children's Village		\$ 115.00	UTILITIES		1,329.61	
Northern Lights Shelter		\$ 245.00	TELEPHONE		212.19	
LRH Auxiliary		\$ 220.00	NE IOWA SYNOD		1,500.00	
TOTAL		\$ 3,029.51	INSURANCE	\$	2,540.50	
			TOTAL EXPENSE	ES \$	(20,744.97)	
	Donations		INCOME	\$	16,004.65	
\$90.00	Third Gra	nde Bibles	NET	\$	(4,740.32)	
	<u>Memorials</u>					
Marlin Liljedahl	\$1,290	General Fund	September Share S	ptember Share Shoppe		
	\$50 \$30	Organ Fund Youth Fund	SARAH Circle will be working September 3			
	\$30		5 50			

Mission Project for September

Bremwood Youth Home in Waverly

Staff Phone Nur	Staff Phone Numbers				
Pastor Sogge	612-718-9151				
Mark Willand	641-390-1032				
Troy Bachtle	641-430-8305				
Jan Thompson	641-390-0883				
Christa Trenhaile	641-390-0484				





Did you know... Thanks to the WCDA, the Sunday School has a new water fountain with a bottle fill option!

Did you know... First Lutheran will now be leasing our new printer from Access Systems and will be saving around \$5,000 over the next five years on printing costs!





Did you know... First Lutheran will be creating our own Pictorial Directory and will be taking family photos after Worship on September 11th for our Welcome Day! There will be a sign up sheet and more information in the next couple weeks.



Thank you for helping me go to Riverside. I learned so much and had fun meeting new people and had really special counselors. *-Amaya and Max Rugland*

Thank you all so much for the amazing Star Wars quilt! It looks so great and it really meant a lot to me! *-Jason Hanson*

The Altar flowers for the month of August are from the wedding of Jami Dahlby and Cody Tolzmann.







- 1. Bryson Hennigar, Kooper Julseth
- 2. Kathleen Berg, Laure Buehrer, Laura Hopperstad, Ashley Ernster
- 3. Ellissa Allbright, Chloe Breitsprecher, Caysen Chodur, Toby Mills, Tyler Roppe, Caitlyn Rops, Michael Stevens
- 4. Jolene Berg, Olivia Hodson, Bryn Pangburn, Heidi Vansteenburg
- 5. Ryan Severson, Ronald Wangen
- 6. Nathan Berg, Keeghan Severson, Mark Taylor, Jennifer Wahl (Rural)
- 7. Melissa Johnson
- 8. Daniel Julson, Cinda Rustad
- 9. Kelsea Koch, Jaxon Reyerson, Nikolas Werner
- 10. Eric Foss, Mindy Tenold
- 11. Austin Foss, Ashlee Stephens, Sadie Johnson
- 12. Jennifer Johnson, Teresa Stehn
- 13. Walker Ogea
- 14. Emma Hengesteg, Morgan Johnson, Samuel Krull, Maeghan Petznick
- 15. Bonnie Brevig, Frances Pixley, Tory Rheingans, Collyns Schulz, Steven Thompto
- 16. Linda Anderson, Wanda Hillman, Colleen Olson, Cindy Pangburn, Vicki Stricker
- 17. Jo Jaspers, Gregory Nystuen, Lee Okerlund, Kenneth Quam, Janet Rye, Zeke Thompson
- 18. Heather Brockman, Brianne Kilborn
- 19. Sonya Dahle
- 20. Chandler Capitani, Avis Lehman, Lynn Tenold, Suzan Waller, Suzanne Elliott
- 21. Alex Breitsprecher, Karen Foley, Dylan Hahn, Chad Watts
- 22.
- 23. Erika Hertle, Bruce Johnson, Carl Rye,
- 24. Jennifer Breitsprecher, Cory Hengesteg, Marty Hopperstad, Beverly Madsen, Braelynn Reinartz, Valerie Johnson
- 25. Stacy Adams, Teresa Olson, Riley Pangburn, Jessica Perkins, Janelle Thompson
- 26. Denise Dahl, Elizabeth Patterson, Angela Sime
- 27. Lauren Heiken, Joshua Iverson
- 28. James Eskildsen, Wyatt Hahn, Madalynn Hanson, Mitch Hanson, Sharon Swanson, Tim Thofson
- 29. Dianne Roerish, Richard Smallwood
- 30. Zachary Hengesteg, Rod Loken

September 2022									
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday			
				1 8:30am: Quilting 9:00am: Prayer Gr. 6:30pm: Taekwondo	2	3			
 Pentecost 13 9:00am- Service with H.C. 6:30pm- JH. Youth 	5 Offices Closed <u>Labor Day</u>	6 11:00am: Staff Mtng. 6:00pm: Worship Committee 7:00pm: AA–Al-Anon	7 Choir Practice 7:00pm: SH. Youth	8 8:30am: Quilting 9:00am: Prayer Gr. 6:30pm: Taekwondo 7:00pm: Pub Theology	9	10			
11Pentecost 14 10:00am- Service with N.O.Welcome Day-after service6:30pm- JH. Youth	12	13 11:00am: Staff Mtng. 7:00pm: AA–Al-Anon	14 Choir Practice 6:00pm: Confirmation meeting for Parents & Students 7:00pm: Inspire 7:45pm: SH. Youth	15 8:30am: Quilting 9:00am: Prayer Gr. 6:30pm: Taekwondo	16	17			
18 Pentecost 15 9:00am- Service with H.C. 3:00pm- LRH Service 6:30pm- JH. Youth 25 Pentecost 16	19 26	20 11:00am: Staff Mtng. 7:00pm: AA–Al-Anon 27	 21 2:00pm: Chapel Service with Communion 5:00: Confirmation Choir Practice 7:00pm: Inspire 7:45pm: SH Youth 28 	 22 8:30am: Quilting 9:00am: Prayer Gr. 6:30pm: Taekwondo 7:00pm: Pub Theology 29 8:20am: Quilting 	23 30	24 LRH Fall Festival at First Lutheran			
9:00am- Service with N.O. 6:30pm- JH. Youth		11:00am: Staff Mtng. 7:00pm: AA–Al-Anon	5:00: Confirmation Choir Practice 7:00pm: Inspire 7:45pm: SH Youth	8:30am: Quilting 9:00am: Prayer Gr. 6:30pm: Taekwondo					