



# United Hoops Network

## Rules & Regulations

### GAME FORMAT (H.S.A.A. rules will apply except for the differences listed below.)

1. **Game Timing:** TIME WILL BE (2) 16-minute halves. This is articulated in the informational e-mail to coaches the week of the tournament. The last two-minutes of each half, the clock shall stop on all dead ballsituations. The Tournament director/ on court referees have the option to change the time for warmups and half time to get games caught up. If there is more than a twenty-point spread in a game, both coaches must agree to waive the stop clock during the last two minutes.
2. **Overtime:** There will be one 2-minute overtime in all games ending in a tie with each team receiving one time out for the overtime (teams may not carry-over any timeouts). The clock will stop for all dead ball situations during overtime.
3. **Double Overtime:** Games will be decided by sudden death, meaning the team who scores the first point (does not have to be a basket, it can be a free throw) will have won the game. Again, teams will be awarded one time out with no carry-overs. Overtime at Nationals: At all UH National Tournament, for the bracket games only, there will be no sudden death overtimes. There will be a 2-minute overtime until a winner is decided.
4. **Fouls:** Each player is allowed 5, shooting one and one on the 7th team foul and two shots (double bonus) on the 10th team foul.
5. **Technical Fouls/Intentional Fouls/Flagrant Fouls:** will not be shot, 2 points will be awarded to the other team along with possession of the ball. Any individual given a second technical foul for unsportsmanlike conduct will be removed from the gym. That individual will receive a one game suspension for their next scheduled game.
6. **Time-Outs:** Each team has three 30-second time-outs per game. Overtime Time-Outs: Each team is given one time out for every overtime, no carry-overs.
7. **Restrictions:** All defenses and offenses are allowed. However, coaches need to pull their full court or half court press if ahead by 20 points or more. All trapping defenses are considered a press, either half court or full court. No trapping or double-teaming in half court if a 20-point lead. Referees should blow the whistle, give team warning.
8. **Timekeepers and Scorekeepers:** Each team will be required to provide one per game. The home team keeps the official book at thedesignated location, and the visiting team operates the clock/scoreboard. Please plan as children are not encouraged to handle either of these responsibilities.
9. **Game Ball:** Girl's will use 28.5. Boy's will use 29.5. Boys' 6th and below HOME Team will provide the ball and on Bracket Day higher seed will provide game ball. If teams are the same seed, decide by coin flip!
10. **PLAYER WAIVER FORM:** If a player is to play on two teams at the same event, a PLAYER WAIVER needs to be completed prior to the event and turned in at the registration desk. The WAIVER FORM can be found on the website under Tournament Rules-Forms.
11. **PLAYERS ON TWO ROSTERS.** Once a game starts – only the players on the bench or on the floor are allowed to play in that game.
12. **ONLY PLAYERS ON ROSTER** are allowed to warm up and sit on the bench.

**ADMISSION POLICY:** Each event will have an admission policy for fans. Players, two coaches and one scorekeeper will get in free.

### GAME EQUIPMENT

1. Required Equipment: Coaches will need to bring their own practice balls, scorebook, first aid kit, and towels to all games.
2. Uniforms: Similar jersey tops or Tee Shirts with a minimum of a 6-inch number on the back. Reversible jerseys are preferred, and each team should be prepared to play with light or dark uniforms. Matching shorts are not required but encouraged.
3. Coaches Packet: Coaches are encouraged, not required to keep an envelope with a copy of each player's birth certificate OR report card (or access to player report card online), player's name, and current grade, and have all signatures on the UH waiver forms and the "Permission to Treat" form. While this is not mandatory at the all Tournaments (except for the waivers and "Permission to Treat" forms), it is **mandatory at UH National Tournament and teams may be disqualified if they are unable to provide any of this information.**
4. Permission to Treat Form: This form is to be kept by the coach, should be readily available during competition and have all players listed with the required signatures in case of player injury.
5. All photographs, videos, and digital images taken at any UH event by UH personnel or their assignees are the property of UH and can be used for any promotional or marketing purposes of the UH.