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We have registered clinical counsellors on staff.



We have a team of dedicated interns who help us give back to our community in big ways

Ask for more info!



ICBC APPROVED

We have a team of RCC's approved to direct bill to ICBC for your sessions.



We can direct bill to Autism Funding for your sessions, and if you need help with setting that up we can help.





VIRTUAL/PHONE CALL



We offer virtual support via video calls or over the phone to accommodate various locations.



BREAKTHROUGH



We run a group program called BREAKTHROUGH which is out DBT based program.

Please connect with us today to find our when we are running it next and get rregistered.

COMPASSIONATE FEE PROGRAM

We have a great team of interns on staff at all times, offering what we call our Compassionate Fee Program.

Ask us about an application form today.



This program is only accessible through our intern team.

WALK (OR HIKE)

Get out in the nice weather and move while you have session.

First session will be in office.



Join us in our small but warm little office space.

Ask at any time about alternative session options!

CALL/TEXT 604.2266218 EMAIL: INFO[AT] PROMENTALITY CA