

September Breakfast Menu

Subject to change based on availability. MILK SERVED DAILY

Monday	Tuesday	Wednesday	Thursday	Friday
1 CLOSED	2 Cereal * Fruit	3 Muffin* Yogurt*	4 Breakfast Bagel*	5 Donut* Fruit
8 Cereal Bar* Fruit	9 Eggs* Sausage	10 Mini Bagels* Fruit	11 Oatmeal	12 Pop-Tart* Fruit
15 Banana Bread*	16 Breakfast Sandwich* (Egg, Sausage, Cheese)	17 Lemon Bread* Fruit	18 Sausage English Muffin*	19 Danish* Fruit
22 Orange Bread*	23 Oatmeal	24 Eggs* Toast*	25 Blueberry Bread*	26 Breakfast Bar* (Choice of item-cereal, yogurt, fruit, etc)
29 Cereal* Fruit	30 Breakfast Biscuits* Yogurt*			

** Items marked may contain the following major food allergens-Milk, Egg, Fish, Shellfish, Tree Nuts, Peanuts, Wheat, Soy and Sesame. For more information and/or item ingredients, please notify a staff member. Item information can be located on GFS.com.

September Lunch Menu

MILK SERVED DAILY

Monday	Tuesday	Wednesday	Thursday	Friday
1	2 Chicken and Noodles* Bread and Butter* Green Beans Oranges	3 Pizza Burger* Mozzarella Sticks* Cucumbers Apples	4 Mock Chicken Sandwich* French Fries Corn Strawberries	5 Pizza* Chips Carrots Grapes
8 French Toast Sticks* Sausage Hash Browns Apples	9 Chicken Tacos* Nachos & Cheese* Salad Pineapple	10 Hot Dog* French Fries Green Beans Peaches	11 Macaroni and Cheese* Bread and Butter* Salad Strawberries	12 Pepperoni Rolls* Doritos* Carrots Oranges
15 Chicken, Bacon, Ranch Burritos* Chips Salad Peaches	16 Pancakes* Sausage Hash Browns Oranges	17 Pizza Baked Pasta* Garlic Bread* Salad Pineapple	18 Chicken Tenders* Mashed Potatoes Bread and Butter* Green Beans Applesauce	19 Hamburger* French Fries Mixed Vegetables Mixed Fruit
22 Chicken, Broccoli and Rice Bread and Butter* Salad Peaches	23 Salisbury Steak Mashed Potatoes Bread and Butter* Corn Applesauce	24 BLT Sandwich* Chicken Noodle Soup* Crackers* Pears	25 Breakfast Burrito* (Egg, Sausage, Cheese) Hash Browns Grapes	26 Chicken Nuggets* French Fries Carrots Oranges
29 Chicken Sandwich* French Fries Green Beans Peaches	30 Grilled Cheese* Tomato Soup Crackers* Pears			

** Items marked may contain the following major food allergens-Milk, Egg, Fish, Shellfish, Tree Nuts, Peanuts, Wheat, Soy and Sesame. For more information and/or item ingredients, please notify a staff member. Item information can be located on GFS.com.

September Snack Menu

Monday	Tuesday	Wednesday	Thursday	Friday
1	2 Goldfish* Juice	3 Cheese Stick* and Crackers* Milk*	4 Cookies* Milk*	5 Pretzels* Juice
8 Applesauce Milk*	9 Banana Milk*	10 PEANUT BUTTER Crackers* Milk*	11 Chex-Mix* Juice	12 Sherbet* Juice
15 Granola Bar (Contains Coconut) Juice	16 Apple Slices Milk*	17 Carrots and PEANUT BUTTER* Milk*	18 Chips Juice	19 Cookies* Milk*
22 Oatmeal Bar* Milk*	23 Cheez-IT's * Juice	24 Cheese Stick* and Crackers* Milk*	25 Graham Snack* Milk*	26 Ice Cream Sandwich* Juice
29 Goldfish* Juice	30 Doritos* Juice			

** Items marked may contain the following major food allergens-Milk, Egg, Fish, Shellfish, Tree Nuts, Peanuts, Wheat, Soy and Sesame. For more information and/or item ingredients, please notify a staff member. Item information can be located on GFS.com.