

Subject to change based on availability of items

September Breakfast Menu

MILK SERVED DAILY

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Cinnamon Sugar Toast* Yogurt*	2 Ham, Egg, Cheese Breakfast Bar*	3 Waffles* Fruit	4 Banana Bread*
7 	8 Cereal Bar*	9 Danish* Yogurt*	10 Cinnamon Raisin Bagel with Butter*	11 Donut* Yogurt*
14 PEANUT BUTTER Toast* Fruit	15 BelVita Breakfast Bites* Yogurt*	16 Oatmeal Fruit	17 Cereal* Yogurt*	18 Pop-Tart* Yogurt*
21 Pancakes*	22 Cereal* Fruit*	23 Cinnamon Roll* Fruit	24 Eggs* Toast	25 Breakfast Bar* (Choice of Item)
28 Cereal Bar* Fruit	29 Breakfast Bagel* (Egg, Cheese)	30 Apples and PEANUT BUTTER*		

September Snack Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Pudding* Juice	2 Animal Crackers* Juice	3 Popcorn* Juice	4 Snack Bar* (Choice of Item) Juice
7 	8 Goldfish* Juice	9 Cookies* Milk	10 Pretzels* Juice	11 Apples Milk*
14 Chips Juice	15 Sherbet* Juice	16 Caramel Rice Cakes Juice	17 Rice Krispy Treat* Juice	18 Churro Bites* Milk*
21 Cheese Stick and Crackers* Juice	22 Granola Bar* Milk*	23 Chex-Mix Juice	24 Graham Snack* Milk*	25 Ice Cream Treat* Juice
28 PEANUT BUTTER Crackers* Juice	29 Applesauce Milk*	30 Blueberry Bread* Milk*		

** Items marked may contain the following major food allergens-Milk, Egg, Fish, Shellfish, Tree Nuts, Peanuts, Wheat, Soy and Sesame. For more information and/or item ingredients, please notify a staff member. Item information can be located at Sysco.com and GFS.com

September Lunch Menu

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MILK SERVED DAILY

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Fish Sticks* Breaded Cauliflower* Peas Mango	2 Chicken Parmesan* Garlic Bread* Salad Strawberries	3 Sloppy Joe Garlic Bread* Tomato Soup Crackers* Pears	4 Southwest Chicken Wrap* (Chicken, Rice, Corn, Black Beans, Cheese) Chips and Salsa Grapes
7 <i>happy labor day!</i> 	8 Macaroni and Cheese* Bread and Butter* Mixed Vegetables Peaches	9 Pancakes* Sausage Hash Browns Oranges	10 Mock Chicken Sandwich* French Fries Peas Apples	11 Taco Cheese Sticks* Rice Corn Mixed Fruit
14 Eggs* Sausage Biscuit* Cheesy Hash Browns* Oranges	15 Hot Dog* French Fries Corn Strawberries	16 Chicken Tenders* Mashed Potatoes* Bread and Butter* Green Beans Mixed Fruit	17 Ravioli* Garlic Bread* Salad Mango	18 Pizza* Chips Carrots Apples
21 Hamburger Sliders* Broccoli Risotto* Peas Pineapple	22 French Toast Sticks* Sausage Tater Tots Apples	23 Taco Pasta Bake* (Taco Meat, Corn, Black Beans, Pasta) Corn Chips and Salsa Peaches	24 Pork Chop Mashed Potatoes* Biscuit* Green Beans Mixed Fruit	25 Chicken Nuggets* Pierogies* Cucumbers Oranges
28 Breakfast Burrito* (Egg, Bacon, Cheese) Hash Browns Apples	29 Chicken, Broccoli and Rice Bread and Butter* Mango	30 Ham Sandwich* Broccoli Cheddar Soup* Crackers* Pears		

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