



MARCH BREAK FAST MENU



MILK SERVED DAILY

Monday	Tuesday	Wednesday	Thursday	Friday
2 Waffles* Fruit	3 English Muffin*	4 Cinnamon roll*	5 Blueberry Bread*	6 Cinnamon Sugar Toast*
9 Apple Pastry* Yogurt*	10 Cinnamon Toast Crunch bar* Cream cheese*	11 Oatmeal	12 French toast sticks*	13 Breakfast bar* (choice of item)
16 Cereal bar* Fruit	17 Eggs* Toast*	18 Muffin*	19 English Muffin * with PEANUT BUT- TER*	20 Pop tart* Yogurt*
23 Cereal* Fruit	24 Cinnamon sugar toast*	25 Pancakes*	26 Danish*	27 Oatmeal
30 Donut* Fruit	31 Cinnamon roll*	APRIL 1 Mini bagels*	APRIL 2 Breakfast sandwich*	APRIL 3 Breakfast bar* (choice of item)

** Items marked may contain the following major food allergens-Milk, Egg, Fish, Shellfish, Tree Nuts, Peanuts, Wheat, Soy and Sesame.
For more information and/or item ingredients, please notify a staff member. Item information can be located on GFS.com. **

MARCH LUNCH MENU



Monday	Tuesday	Wednesday	Thursday	Friday
2 Hot Dog Potato Wedges Peas Pears	3 Pancakes Hash Browns Bacon Oranges	4 Taco Rice Bake Corn Chips Mixed Fruit	5 Hot turkey sandwich French Fries Mixed Vegetables Mango	6 Meatball Sub Macaroni and Cheese Bites Salad Pineapple
9 Chicken Sandwich French Fries Green Beans Strawberries	10 Egg Rolls Ramen Noodles Corn Pineapple	11 Swedish Meatballs Mashed Potatoes Bread and Butter Peas Mango	12 Eggs Sausage English Muffin Banana	13 Chicken Ranch Rice Bake Salad Bread and Butter Pears
16 Pasta Alfredo Garlic Knot Salad Strawberries	17 Chicken Broccoli and Rice Bread and Butter Peaches	18 Corn Dogs Potato Wedges Mixed Vegetables Pears	19 Chicken and Waffle Sandwich Hash Browns Mixed Fruit	20 Pepperoni Rolls Doritos Cucumbers Oranges
23 Turkey & Cheese Roll Up Vegetable Soup Crackers Mixed Fruit	24 Grilled Chicken Pita Mozzarella Sticks Corn Pineapple	25 Macaroni and Cheese Bread and Butter Salad Strawberries	26 Chicken Nuggets French Fries Green Beans Pears	27 Tacos Corn Chips & Salsa Carrots Apples
30 Chicken, Bacon, Ranch Burrito Rice Corn Peaches	31 Taco Pizza Bites Corn Chips Green Beans Pears	April 1 Breakfast Burritos (Egg, Sausage, Cheese) Potato Wedges Oranges	April 2 Chicken Tenders Mashed Potatoes Bread and Butter Peas Pineapple	April 3 Pizza Chips Carrots Grapes

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MARCH SNACK MENU



Monday	Tuesday	Wednesday	Thursday	Friday
2 Corn Chips* Juice	3 Apple slices Milk*	4 PEANUT BUTTER Crackers* Juice	5 Goldfish* Juice	6 Shortbread cookies* Milk*
9 Oatmeal bar* Milk*	10 Graham snack* Milk*	11 Strawberry-Banana Bar & Yogurt* Juice	12 Rice Krispy treat* Juice	13 Sherbet* Juice
16 Cheez-its * Juice	17 Banana bread* Milk*	18 Applesauce Milk*	19 Pretzels* Juice	20 Cookies* Milk*
23 Nutty bar* (PEANUT BUTTER) Milk*	24 Ice Cream Sandwich* Juice	25 Cereal Bar* Milk*	26 Cheese Stick* Turkey Stick Juice	27 Granola bar * Juice
30 Cookies* Milk*	31 Chex-Mix Juice	APRIL 1 Grapes Milk*	APRIL 2 Popcorn* Juice	APRIL 3 Ice cream bars* Juice

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