

July Breakfast Menu

MILK SERVED DAILY

Monday	Tuesday	Wednesday	Thursday	Friday
6 Oatmeal	7 Cereal*	8 Cinnamon Rolls*	9 Mini Muffins* Fruit	10 Breakfast Bar* (Choice of item)
13 Mini Apple Strudel*	14 Yogurt* Fruit	15 PEANUT BUTTER Toast*	16 Eggs* Sausage	17 Breakfast Bar* (Choice of item)
20 Breakfast Bagel* (Egg, Sausage, Cheese)	21 Blueberry Bread* Yogurt*	22 French Toast Sticks*	23 Breakfast Round*	24 Breakfast Bar* (Choice of item)
27 Ham, Egg and Cheese Bar*	28 Apple Pancakes*	29 Waffle Sticks*	30 Cinnamon Raisin Bagel with Butter	31 Breakfast Bar* (Choice of item)

July Snack Menu

Monday	Tuesday	Wednesday	Thursday	Friday
6 Vanilla Crunch Bites* Juice	7 Tropical Snack Mix* Juice	8 Pretzels* Juice	9 Sherbet* Juice	10 Snack Bar* (Choice of item)
13 Churro Bites* Milk*	14 Oatmeal Bar* Milk*	15 Cheese Stick and Crackers* Juice	16 Chips Juice	17 Cookies* Milk
20 Rice Cakes Juice	21 Fruit Roll-Up Yogurt* Juice	22 Graham Snack* Juice	23 Chex-Mix* Milk*	24 Ice Cream Sand- wich* Juice
27 Doritos* Juice	28 Popcorn* Juice	29 Apple Slices Milk*	30 Granola Bar* Juice	31 Banana Bread* Milk*

** Items marked may contain the following major food allergens-Milk, Egg, Fish, Shellfish, Tree Nuts, Peanuts, Wheat, Soy and Sesame. For more information and/or item ingredients, please notify a staff member. Item information can be located at Sysco.com and GFS.com

MILK SERVED DAILY

MILK SERVED DAILY

Monday		Tuesday		Wednesday		Thursday		Friday	
6	Grilled Cheese* Chicken Tortilla Soup* Crackers* Pears	7	Fish Sandwich* Pierogies* Peas Strawberries	8	BBQ Chicken Sandwich* French Fries Mixed Vegetables Mixed Fruit	9	Egg Rolls* Rice Corn Banana	10	Hamburger* Onion Rings* Cucumbers Peaches
13	Mexican Lasagna* (Taco meat, Corn, Cheese, Black beans, Pasta) Bread and Butter* Mango	14	Cheesy Sausage and Rice* Bread and Butter* Salad Watermelon	15	Chicken Biscuit Bake* (Chicken, Mixed Vegetables, Biscuits) Salad Strawberries	16	Corn Dogs* Mozzarella Sticks* Green Beans Peaches	17	Pizza* Doritos Celery Oranges
20	Sausage Sandwich* Breaded Cauliflower* Peas Mixed Fruit	21	Chicken Nuggets* Chips Corn Nuggets* Pears	22	Macaroni and Cheese* Bread and Butter* Salad Peaches	23	Ham, Green Beans, Potatoes Garlic Bread* Mango	24	Sloppy Joe Grilled Cheese* French Fries Carrots Strawberries
27	Ham Sandwich* Vegetable Soup Crackers* Pears	28	Hot Dog* Pretzels* Cherry Tomatoes Apples	29	Eggs* Sausage Biscuit */Hash Browns Oranges	30	Johnny Marzetti* Garlic Toast* Salad Pineapple	31	Chicken Sandwich* Fried Green Beans* Corn Chips Grapes
** Items marked may contain the following major food allergens-Milk, Egg, Fish, Shellfish, Tree Nuts, Peanuts, Wheat, Soy and Sesame. For more information and/or item ingredients, please notify a staff member. Item information can be located at Sysco.com and GFS.com									