

Dawns symptoms

Let's now compare some symptoms that can be experienced while this soul or spirit energy rises inside of us naturally or if it is unregulated. If everything is balanced and proceeds naturally, some signs are just transient, punctual and never come back to disturb like in the case of a healing crisis. If the awakening is unprepared, traumatic or irregular, that can greatly impair the capacity of a person to function at the accelerated and exhausting pace the society is demanding today, especially when no one understand around us, not even the doctors or the priests.

Soul energy symptoms:	Spirit energy symptoms:
initial coccyx pain of unknown and non-traumatic origin	unexplained heat in the perineum between the vagina and rectum or between the scrotum and rectum
lumbo-sacral pain	hemorrhoids
as it rises, a palpable heat spot somewhere along the spine which can cause localized health problems, inflammation to nerve roots and disc problems	as it rises, a palpable heat spot somewhere along the spine which can cause localized health problems, inflammation to nerve roots and disc problems
bamboo spine if uncontrolled in the back channel only	bamboo spine if the sahasrarah chakra is not open
grand mal epilepsy	grand and petit mal epilepsy
ADDH	ADDH to ADD
auto-immune diseases	auto-immune diseases
body temperature extremes	body feels cold with blanket but feet out of the blanket, red/hot palms and red/hot soles, red gland of penis
slow-combustion	spontaneous auto-combustion
thyroid problems	generalized dry skin
impaired digestion with no diagnosis	accelerated digestion without acidity
Insomnia	Insomnia to lethargy as one feels like a dead battery. Sleep doesn't recharge the body, only spiritual inner connection recharges properly
unusual opposite reaction to medication and drugs	extremely rapid clearance of alcohol, medication and drugs
systemic diseases not from lifestyle like fibromyalgia with its "coincidental" trigger points similar to acupressure and acupuncture points	systemic diseases not from lifestyle like fibromyalgia with its "coincidental" trigger points similar to acupressure and acupuncture points
Network and electro-magnetic disruption with fasting, strong emotions and thoughts	Network and electro-magnetic disruption with fasting, strong emotions and thoughts
Eye color change with strong emotions and orgasm	Eye color change with strong emotions and orgasm
Energy imbalance related cancer, liver problem (right channel) and diabetes, pancreas (left channel)	Energy imbalance related neurologic and bone marrow problems
mood disorders	mood disorders
depression (1-2) between chakra levels, slow paced	major recurrent depressions (3-7) as a rapid-fire awakening
post traumatic stress syndrome	post traumatic stress syndrome
headache, stroke	heat on top of the head at the baby's fontanelle spot;
personality troubles	personality troubles

neurosis (grey aura)	neurosis (grey aura)
bipolarity	bipolarity
multiple personalities from mind control	multiple personalities from possession inside, walk-in
acute sexual dysphoria or non-sexuality	sexual dysphoria or non-sexuality
psychosis	balanced psychic
demons, evil and weird reality encounters perceived outside	prophecy, God, angels, archetype visions
non-functional trance or numbness resulting in intoxication and addictions to reproduce the meditation bliss in daily life	trans-lucid blissful yet functional presence
restlessness, restless leg syndrome	profound peace
right and wrong, form-based duality life in black, grey, white, yes and no	unconditional love from causality understanding, unconditioned love from lack of pride or prejudice, maybe, why not? indeed!

In case of inner combustion burning emergency, one should stop all spiritual practices except contemplation or musical ones. We should also stop absorbing anything hot or causing inflammation like hot beverages or soups, sugar, honey, ginger, chili, pepper and acidic food for a while. Grounding barefoot in nature, on a wooden or stone floor can help a lot as well as ingestion of clay following naturopathic dosage recommendations.

While the two dawns can cause symptoms like the conditions above, all symptoms are not necessarily caused by a dawn. A proper medical evaluation is still required to rule out a physical underlying cause. Nonetheless, I clearly state that most non-congenital and non-traumatic chronic medical conditions are caused by deregulations of the body's electro-magnetic normal balance.

In case of psychologic or psychiatric impairment, medication can help stabilize the emergency situation, as it blocks the energy pillar gates. It will rarely cure permanently the electro-magnetic deregulation underneath which has to be addressed with electro-magnetic spiritual practices. I here reiterate my statement: most non-congenital and non-traumatic psychologic and psychotic conditions are caused by deregulations of the body's electro-magnetic normal balance.

I here add that access to other dimensions is not a disease unless it is not controlled and causing dysfunction in regular life.

Possessions are due, in my opinion, to a lack of faith, a lack of conscious electro-magnetic spiritual lifestyle or a lack of will power, in any order or together. Help can be given but the lifestyle of the whole family must be changed and adapted to the situation. They have premonitory signs increasing in severity slowly but surely and rarely happen suddenly except in case of psychedelic drug use, coma, walk-in, trauma or NDE. During the spiritual process one eventually faces it squarely in the dark night of the soul and the third bardo between life cycles. If faced prematurely it can be overwhelming if unwavering faith, a spiritual lifestyle, or strong will power have not been established yet.