

# **RG FITNESS**

## **GROUP FITNESS SCHEDULE**

### **MONDAY - FRIDAY**

**5:30 AM**

**6:30 AM**

**8:15 AM**

**9:30 AM\***

**10:30 AM\***

**NOON**

**4:30 PM\***

**5:30 PM**

### **SATURDAY**

**8:30 AM\***

**9:30 AM\***



**\*CHILDCARE PROVIDED**