

2018 IFS Continuous Group Training and Practicum



A Series of 10 trainings for Mental Health Clinicians presented by David J. Burkhard, MA, LMFT, LCSW, LMHC

4 Category I continuing education units will be offered to social workers, clinical social workers, counselors, marriage and family therapists, addictions counselors, and clinical addiction counselors.

Learning Objectives

- To deepen the grasp of the IFS model and related therapeutic intervention strategies
- To apply the IFS process in therapy with other program participants and with clients
- To strengthen ability to “hold” Self
- To map internal “Parts” and increase awareness of one’s internal world
- To practice accessing Parts through direct and indirect access
- To learn affect regulation strategies consistent with IFS

- To have the opportunity to serve as “co-therapist” and workshop assistants as part of ongoing practicum training at no additional cost.

Processes Used: Meditations, experiential exercises, demonstrations followed by processing, question and answers, didactic presentations.

About the Presenter

David J. Burkhard, MA, LMFT, LCSW, LMHC has maintained a private counseling practice since 1989 and currently works with his wife JoAnne (LCSW) in private practice on the Southside of Indy. He was certified as an IFS therapist in 2011. David has completed all 3 levels of training in IFS and has also participated in many IFS workshops/seminars. He served as president for the Indiana Society for Psychoanalytic Thought from 2008-2010. He worked as an adjunct faculty member for St. Meinrad School of Theology from 2008-2010 and taught Pastoral Care Counseling to permanent diaconate candidates. David is also a singer/songwriter and has independently produced two CD’s of original material. David and JoAnne have five adult daughters and seven grandchildren.

Participant Requirements:** Workshop participants are required to have attended an introductory IFS workshop offered by DJB. This requirement may be waived Contact DJB for info. ***Participants must commit to attend all 10 sessions.

Where: The Green House Indy, 447 E 38th St, Indianapolis, IN 46205

Time: 10a.m. to 2p.m. (working breaks)

Note: Significant Snacks, water, and coffee are provided – *we’ll work through breaks rather than take a lunch break... If you have special dietary concerns, please bring food for yourself as well as any beverages you might prefer**

Dates: 2/17, 3/24, 4/28, 5/26, 6/30, 7/14, 8/18, 10/20, 11/17, and 12/8

More Information :

www.burkhardcounseling.com
djburkhard@sbcglobal.net

Registration Form

*\$25.00 per meeting; \$125.00 due on or before 2/17; \$125.00 due by 6/30
Make check payable to Burkhard Counseling and send to: 7110 S. East Street, Indianapolis, IN 46227*

Name: _____

Prof. License Type: _____

License #: _____

Address: _____

Phone: _____

Email: _____